

OTJIWA MTB MARATHONS

CAT	NAME	SURNAME	NR	TIME	POS
80 ELITE MEN					
80EM	Alex	Miller	348	2:23:31	1
80EM	Xavier	Papo	Xavier	2:23:39	2
80EM	Drikus	Coetzee	1	2:23:45	3
80EM	Kai-Uwe	Brettschneider	135	2:35:49	4
80EM	Harmen	Potgieter	142	2:36:07	5
80EM	Hardus	Nel	141	2:42:13	6
80EM	Gerhard	Jacobs	139	3:03:37	7
80EM	Renando	Burger	136	3:15:29	8
80EM	Morne	Gouws	138	4:12:28	9
80EM	Francois	Robbertse	143	4:12:28	10
80 ELITE WOMEN					
80EWOM	Marion	Schonecke	Marion	3:11:02	1
80EWOM	Jean Mare	Breedt	132	3:48:28	2
80EWOM	Marlene	Jacobs	134	3:51:05	3
80 SUB VETERAN MEN					
80SVM	Gerhard Jnr	Mans	90	2:23:28	1
80SVM	Ingram	Cuff	Ingrim	2:24:56	2
80SVM	Jurgen	Sander	97	2:30:42	3
80SVM	Clayton	Viljoen	102	2:35:45	4
80SVM	Tyrone	Kotze	88	2:35:49	5
80SVM	Willie	Junius	85	2:35:50	6
80SVM	Christiaan	Bean	81	2:36:15	7
80SVM	Pierre	Lambert	89	2:43:01	8
80SVM	JD	Engels	JD	2:46:27	9
80SVM	John	Valentin	99	2:47:22	10
80SVM	Heinrich	Kohne	87	2:53:28	11
80SVM	Ananias	Tamati	98	2:58:21	12
80SVM	Vernon	Maresch	91	3:01:21	13
80SVM	Frederick Chuckmeister	Van Greunen	100	3:02:56	14
80SVM	Wynandt	Gouws	84	3:03:47	15
80SVM	Nelius	Burger	Nelius	3:03:51	16
80SVM	Francois	Nel	95	3:10:55	17
80SVM	Jan	Neethling	94	3:11:04	18
80SVM	Ben	Saayman	96	3:13:54	19
80SVM	Paul	Basson	80	3:22:40	20
80SVM	JD	Visser	104	3:22:40	21
80SVM	Reza	McKay	93	3:55:09	22
80SVM	Andre	Vermeulen	101	DNF	DNF
80SVM	Ekkehard	Friedrich	83	DNF	DNF
80SVM	Felix	Marungu	92	0:00:00	
80 SUB VETERAN WOMEN					
80SVWOM	Jeanne	Heunis	73	2:46:34	1
80SVWOM	Courtney	Liebenberg	75	2:53:16	2
80SVWOM	Zanti	Hansen	72	3:12:36	3
80SVWOM	Maike	Bochert	71	3:15:01	4
80SVWOM	Carmen	Bassingthwaighte	70	3:28:12	5
80SVWOM	Andrea	Stier	78	3:31:26	6
80SVWOM	Ingrid	Scholtz	77	3:35:23	7
80SVWOM	Marguerita	Maritz	76	3:47:38	8
80SVWOM	Tania	Wiese	79	DNF	DNF
80SVWOM	Vinette	Lewis	74	0:00:00	
80 VETERAN MEN					

CAT	NAME	SURNAME	NR	TIME	POS
80VMEN	CLINTON	HILFIKER	Clinton	2:27:10	1
80VMEN	Fanie	Steenkamp	59	2:30:43	2
80VMEN	Allan	Vivier	68	2:36:05	3
80VMEN	Jaco	Lamprecht	170	2:36:05	4
80VMEN	Paul	Zah	69	2:39:32	5
80VMEN	COBUS	SMIT	56	2:41:26	6
80VMEN	Marcel	Suren	64	2:42:00	7
80VMEN	Theo	Klein	52	2:42:02	8
80VMEN	Philip	Steyn	60	2:52:27	9
80VMEN	Tiaan	Nel	53	2:52:46	10
80VMEN	Stephen	Chamberlain	43	2:55:25	11
80VMEN	Eckhard	Straemke	61	2:56:51	12
80VMEN	Roual	Spangenberg	58	2:57:36	13
80VMEN	Silvio	Suardi	62	2:59:12	14
80VMEN	Philipp	Sonntag	57	3:02:56	15
80VMEN	Batisda	Tjipumbo	66	3:03:38	16
80VMEN	Philip	Coetzee	45	3:11:02	17
80VMEN	Fritz	Coetzee	46	3:12:37	18
80VMEN	Antonio	Simoos	55	3:13:54	19
80VMEN	Rudi	Germishuys	51	3:14:21	20
80VMEN	Attie	De Jager	47	3:18:47	21
80VMEN	Dakkie	Anthonissen	41	3:27:00	22
80VMEN	Pieter	Praetorius	54	3:27:00	23
80VMEN	Marius	Etsebeth	50	3:34:09	24
80VMEN	Gavin	Classens	44	3:48:18	25
80VMEN	Jaco	Van Jaarsveld	67	3:48:18	26
80VMEN	Mario	Brandt	42	3:55:09	27
80VMEN	Irvin	Titus	65	3:55:09	28
80VMEN	Christopher	Du Plessis	48	0:00:00	
80 VETERAN WOMEN					
80VWOM	Irene	Steyn	2	2:43:40	1
80VWOM	Wilmien	Chamberlain	Wilmien	2:58:21	2
80VWOM	Samantha	Geyser	32	2:59:04	3
80VWOM	Johanita	De Waal	31	3:01:36	4
80VWOM	Monika	Grossmann	33	3:22:30	5
80VWOM	Michaela	Ham	34	3:10:28	6
80VWOM	Anneke	Steenkamp	36	3:15:02	7
80VWOM	Christine	Thirion	37	4:05:58	8
80VWOM	Keren	Till	39	DNF	DNF
80 RHINO					
RHINO MEN	Fana	Lambert	Fana	2:45:39	1
RHINO MEN	Adriaan	Cloete	14	2:48:55	2
RHINO MEN	Morne	Honiball	17	2:52:27	3
RHINO MEN	Hans	Hashagen	16	2:52:57	4
RHINO MEN	Johan	De Beer	12	2:53:16	5
RHINO MEN	Clauss	Beukes	4	2:54:49	6
RHINO MEN	VOLKER	ENGLING	10	2:58:13	7
RHINO MEN	Nick	Berry	3	2:59:10	8
RHINO MEN	Francois	Silver	25	3:03:51	9
RHINO MEN	Duan	Spangenberg	26	3:06:24	10
RHINO MEN	Arne	Stier	345	3:18:37	11
RHINO MEN	Johann	Mouton	22	3:22:29	12
RHINO MEN	Sarel	Burger	7	3:23:30	13
RHINO MEN	Francisco	Groenewald	15	3:26:25	14

CAT	NAME	SURNAME	NR	TIME	POS
RHINO MEN	Gert	Burger	9	3:26:39	15
RHINO MEN	Warren	Boer	6	3:35:23	16
RHINO MEN	Jeffrey	Schrimb	24	3:40:02	17
RHINO MEN	Dirk Snr	Coetzee	11	3:41:54	18
RHINO MEN	Eugene	Olivier	23	3:45:39	19
RHINO MEN	LEONARD	MARTIN	21	4:02:11	20
RHINO MEN	BRANDON LEE	MARTIN	20	4:02:11	21
RHINO MEN	Johan	Lepen	19	4:05:58	22
80 MASTER MEN					
80MM	Nick	Du Plessis	112	2:36:07	1
80MM	Sarel	Boshoff	349	2:36:08	2
80MM	Hentie	Hough	114	2:43:12	3
80MM	Alfons	Kiesewetter	115	2:46:34	4
80MM	JOHANN	LIEBENBERG	Johann	2:52:53	5
80MM	Michael	Lowe	116	2:53:19	6
80MM	Christo	Van Rensburg	122	2:54:03	7
80MM	Niels	Serrer	Niels	2:55:45	8
80MM	Jan Matthys	Nel	119	2:58:08	9
80MM	Jan	Van Blerk	121	3:17:48	10
80MM	Kai	Grossmann	113	3:22:30	11
80MM	JOHANNES	AUCAMP	108	3:23:48	12
80MM	Gunter	Brettschneider	111	3:25:58	13
80MM	Stephen	Retief	120	3:31:11	14
80MM	Marius	Basson	109	3:45:14	15
80MM	Anthony	Moller	118	4:04:46	16
80 MASTER WOMEN					
80MWOM	Karin	Brockmann	Karin	3:31:33	1
80MWOM	Carolin	Janik	106	3:51:16	2
80 GRAN MASTER MEN					
80GMM	BERNHARD	VOLKMANN	130	3:16:09	1
80GMM	Roland	Graf	129	3:29:46	2
80GMM	PHILLIP	Barnard	125	3:36:53	3
80GMM	Jens	Adam	124	3:41:33	4
80GMM	Tony	Bassingthwaighte	28	3:55:19	5
80 GRAND MASTER WOMEN					
80GMWOM	Elke	Jagau	Elke	3:23:27	1
80GMWOM	Berrit	Graf	123	3:51:16	2
40 JUNIOR MEN					
40JM	Bergran	Jensen	333	1:17:19	1
40JM	Kevin	Lowe	337	1:17:26	2
40JM	Max	Betts	328	1:22:24	3
40JM	Francois	Du Plessis	330	1:29:07	4
40JM	Adrian	Key	334	1:30:32	5
40JM	ANTON	ENGLING	331	1:30:37	6
40JM	Corné	Prinsloo	338	1:38:05	7
40JM	Zack	Schoonbee	340	1:39:25	8
40JM	Enrik	Von Alvensleben	343	1:47:45	9
40JM	Justin	Brown	329	1:57:55	10
40JM	Jordan	Titus	342	2:20:56	11
40JM	Caleb	Titus	341	2:22:11	12
40JM	Liam	Kinnaird	335	2:25:49	13
40JM	Nicolai	Kirstaedter	336	2:26:12	14
40JM	Dylan	Hilfiker	332	2:26:12	15
40JM	Walter	Alpers	327	2:26:12	16

CAT	NAME	SURNAME	NR	TIME	POS
40 JWOMEN					
40JWOM	Monique	Du Plessis	323	1:30:38	1
40JWOM	Lené	Du Plessis	322	1:40:14	2
40JWOM	LAURA	ENGLING	324	1:47:13	3
40JWOM	Ada	Kahl	325	1:49:53	4
40JWOM	Sarenda	Van Staden	326	2:03:23	5
40JWOM	Cornelia	Alpers	321	0:00:00	
40 OPEN MEN					
40OM	Yoshua	Becker	215	1:17:11	1
40OM	Julian	Nel	276	1:17:17	2
40OM	Petrus	Human	252	1:17:26	3
40OM	Hofmeyr	Van Blerk	299	1:18:55	4
40OM	Marnus	Lemmer	266	1:24:03	5
40OM	Gerhard	Mans	344	1:25:19	6
40OM	Nico	Epler	239	1:25:58	7
40OM	Sven	Strohmenger	295	1:26:04	8
40OM	EW	Blaauw	219	1:26:05	9
40OM	Andre	Potgieter	282	1:26:05	10
40OM	Kevin	Fick	242	1:26:06	11
40OM	Francois	Visser	315	1:26:13	12
40OM	Rainer	Becker	216	1:27:49	13
40OM	Gerhard	Liebenberg	268	1:28:13	14
40OM	Jaco	Snyman	293	1:30:01	15
40OM	Ruhan	Gous	244	1:30:08	16
40OM	Jan	Laubscher	265	1:30:36	17
40OM	Jacques	Marais	272	1:30:37	18
40OM	Jaco	Du Plessis	236	1:30:38	19
40OM	Carel	De Jager	232	1:30:53	20
40OM	Philip	Bartholomae	214	1:31:04	21
40OM	BENJAMIN	COURY	228	1:33:15	22
40OM	Fanie	Britz	224	1:34:01	23
40OM	Juan	Visser	314	1:34:34	24
40OM	Ananias	Shilongo	290	1:35:28	25
40OM	Jacques	Kritzinger	262	1:36:17	26
40OM	Lorenzo	Hansen	248	1:36:19	27
40OM	Luke	Pennefather	281	1:37:40	28
40OM	Robert	Grant	246	1:38:11	29
40OM	Peet	Strauss	294	1:38:25	30
40OM	Rowan	McNamara	273	1:39:44	31
40OM	Sakaria Shapwa	Shongolo	291	1:40:13	32
40OM	Johan	Penderis	280	1:40:28	33
40OM	Janneman	Breedt	222	1:40:44	34
40OM	Gunter	Scherer	289	1:40:57	35
40OM	Mike	Baartman	213	1:41:07	36
40OM	Goi	Geurtse	243	1:41:18	37
40OM	Tertius	Van Vuuren	308	1:41:31	38
40OM	Anthony	Van Wyk	339	1:41:52	39
40OM	Cicco	Du Plessis	235	1:41:52	40
40OM	Nickey	Andreas	211	1:41:52	41
40OM	Michael	Jandrell	253	1:42:01	42
40OM	Anton	Roets	286	1:42:05	43
40OM	Poena	Potgieter	283	1:42:25	44
40OM	Stephen	Grace	245	1:42:48	45
40OM	Michael	Hennes	250	1:42:50	46

CAT	NAME	SURNAME	NR	TIME	POS
400M	Chris	Van Greunen	303	1:44:03	47
400M	Heiko	Ellinger	237	1:44:47	48
400M	Joao	Da Costa	230	1:44:47	49
400M	Jean	Visagie	351	1:45:36	50
400M	Andries	Janse van Vuuren	254	1:45:48	51
400M	Stefan	Menne	274	1:46:04	52
400M	Henry	Kotze	261	1:46:34	53
400M	Johan	Du Plessis	234	1:46:43	54
400M	MAX	KUNERT	263	1:47:00	55
400M	Brandon	Thirion	298	1:48:38	56
400M	Pieter	Hollander	251	1:48:52	57
400M	RICK	COURY	229	1:50:56	58
400M	Johann	Van Heerden	304	1:52:10	59
400M	Sean	Brown	225	1:52:58	60
400M	Sean	Van Eeden	302	1:53:02	61
400M	Morne	Van Staden	306	1:54:05	62
400M	Herman	Simon	292	1:54:31	63
400M	Hartmut	Hellweg	249	1:54:31	64
400M	Nick	Botes	221	1:55:06	65
400M	Marthinus	Kahl	257	1:55:32	66
400M	Henk	Van Blerk	300	1:55:44	67
400M	Chris	Van Lill	305	1:57:11	68
400M	MATTHIAS	ROHR	287	1:57:28	69
400M	Llwellyn	Loftie-Eaton	270	1:58:14	70
400M	Johann	Van Wyk	311	1:59:07	71
400M	Jason	Damon	231	2:00:04	72
400M	Francois	Small	350	2:03:47	73
400M	Hannes	Tait	297	2:05:44	74
400M	Ferdi	Schwartz	346	2:05:44	75
400M	Riaan	Van Staden	307	2:10:33	76
400M	Andre	Van Staden	29	2:10:35	77
400M	Heiko	Reiff	285	2:13:49	78
400M	Reino	Greeff	247	2:15:11	79
400M	Uli	ROLAND	288	2:16:20	80
400M	Gerhard	Coertzen	226	2:23:46	81
400M	Mike	Kibble	258	2:25:23	82
400M	Arkell	Welman	320	2:25:50	83
400M	John	Liao	267	2:26:00	84
400M	Jurgens	Nel	277	2:32:57	85
400M	Andries	van der Bank	301	2:35:17	86
400M	Anthony	Jones	256	2:38:42	87
400M	Hama	Diekmann	233	2:42:55	88
400M	Chris	Orffer	279	2:44:56	89
400M	Hennie	Brisley	223	2:44:57	90
400M	Jan	Annandale	212	2:47:05	91
400M	Tertius	Knoetze	260	0:00:00	
400M	Kirsten	Beeker	217	0:00:00	
400M	Christie	Van Wyk	309	0:00:00	
400M	Roland	Neuburg	278	DNF	DNF
400W	Anne	Diekmann	347	DNF	DNF
400M	Anton	Swart	296	DNF	DNF
400M	Gunnar	Jensen	255	DNF	DNF

CAT	NAME	SURNAME	NR	TIME	POS
40 OPEN WOMEN					
40WOM	Andra Cecilia	Van Staden	40	1:36:01	1
40WOM	Susan	Pieters	185	1:36:19	2
40WOM	Marsha	Nel	182	1:36:54	3
40WOM	Maryna	Mans	180	1:40:59	4
40WOM	Lelane	Van Zyl	208	1:41:18	5
40WOM	Bianca	Janse van Vuuren	167	1:42:23	6
40WOM	Estelle	Lambert	176	1:42:26	7
40WOM	Melva	Steenkamp	196	1:42:39	8
40WOM	Claudia	Suren	198	1:42:50	9
40WOM	Adele	Oosthuizen	184	1:43:04	10
40WOM	Lizette	Ellis	157	1:43:09	11
40WOM	Litzie	Smit	195	1:45:02	12
40WOM	Martina	Gaike-Neuburg	160	1:46:18	13
40WOM	Bianca	Rentel	187	1:47:39	14
40WOM	Annemarie	Roets	190	1:47:50	15
40WOM	Ronya	Goethje	162	1:47:54	16
40WOM	Ilona	Bennett	149	1:49:49	17
40WOM	Ronelle	Van Niekerk	205	1:50:06	18
40WOM	Susan Ann	Fick	158	1:50:07	19
40WOM	Lezaan	Groenewald	163	1:50:25	20
40WOM	Sigi	Bassingthwaighte	147	1:51:19	21
40WOM	Griet-Marie	Coetzee	153	1:52:12	22
40WOM	Nicola	Fraser	159	1:52:25	23
40WOM	Claire	Gall	161	1:52:58	24
40WOM	Marinette	Anthonissen	144	1:53:09	25
40WOM	Magda	Van Schoor	206	1:53:35	26
40WOM	Janda	Nel	183	1:53:45	27
40WOM	Judith	Hellweg	165	1:55:21	28
40WOM	Joyce	Potgieter	186	1:56:56	29
40WOM	DICKIE	ROLAND	191	1:57:12	30
40WOM	Nicky	Knox	173	2:00:15	31
40WOM	Thelma	Von Molendorff	209	2:00:19	32
40WOM	Elvira	Dickerson	154	2:01:54	33
40WOM	Janeke	Robberts	188	2:03:48	34
40WOM	Petra	Laaser	175	2:04:25	35
40WOM	Chemay	Thirion	202	2:04:35	36
40WOM	Kirsten	Kohne	174	2:05:22	37
40WOM	Alida	Loftie-Eaton	178	2:07:32	38
40WOM	MAGGIE	Barnard	146	2:08:07	39
40WOM	Kathrin	Schneider	193	2:09:26	40
40WOM	Annemieke	Du Plessis	155	2:12:55	41
40WOM	Nadine	Le Roux	177	2:13:40	42
40WOM	Robyn-Lee	Swartz	200	2:13:40	43
40WOM	Melanie	Hall	164	2:13:50	44
40WOM	Johanna	Baartman	145	2:20:11	45
40WOM	Christiane	Thiessen	201	2:22:28	46
40WOM	Tanja	Lyhs	179	2:26:00	47
40WOM	Silke	BEAN	148	2:29:54	48
40WOM	Birgit	Straemke	197	2:29:54	49
40WOM	Zenobia	Mckay	181	2:31:15	50
40WOM	Nancy	Brandt	151	2:36:56	51
40WOM	Veronica	Jones	169	2:38:42	52
40WOM	Jessica	Vosloo	210	2:39:52	53

CAT	NAME	SURNAME	NR	TIME	POS
40OWOM	Tertia	Van Heerden	204	2:39:56	54
40OWOM	Eunice	Du Toit	156	2:43:26	55
40OWOM	Sonja	Kibble	171	2:43:27	56
40OWOM	Heibre	Hugo	166	2:44:56	57
40OWOM	Marscha	Scholtz	194	2:47:05	58
40OWOM	Jenny	Van Wyk	207	2:50:32	59
40OWOM	Anna	Cassim	152	2:53:06	60
40OWOM	Rina	Lambert	35	DNF	DNF
40OWOM	Retha	Van Blommestein	203	DNF	DNF
40OWOM	Hannelie	Botha	150	DNF	DNF
40OWOM	Charlene	Scherer	192	DNF	DNF
40OWOM	Marcel	Swart	199	DNF	DNF
40OWOM	Lientjie	Jansen Van Rensburg	168	0:00:00	

OTJIWA KIDS MTB

CAT	NAME	SURNAME	NR	TIME	POS
10KM U10 B					
10U10B	Henry	Chamberlain	505	0:28:38	1
10U10B	Mike	Baartman	501	0:32:43	2
10U10B	JP	Lambert	525	0:34:05	3
10U10B	Daniël	Hennes	516	0:35:34	4
10U10B	Tamerin	Tromp	543	0:35:51	5
10U10B	JG	Geurtse	513	0:37:48	6
10U10B	Josua	Lepen	528	0:38:40	7
10U10B	Theodor	Janse van Vuuren	517	0:40:32	8
10U10B	Leo	Strohmenger	537	0:43:08	9
10U10B	Hanno	Cramer	508	0:48:06	10
10U10B	Dominik	Silver	534	0:48:27	11
10U10B	David	Titus	542	0:49:06	12
10U10B	Janro	Greeff	515	0:55:13	13
10U10B	Lehander	Greeff	514	0:55:33	14
10U10B	Hendrik	Baartman	502	0:56:01	15
10U10B	Hanjo	Louw	529	DNF	
10K U10G					
10U10G	Anne	Cramer	507	0:36:28	1
10U10G	Nicole	Suren	538	0:38:27	2
10U10G	Anke	Kahl	520	0:39:08	3
10U10G	Monique	Key	521	0:47:08	4
10U10G	Chloe	Dickerson	510	0:47:12	5
10U10G	Sanchia-Mai	Brandt	503	0:49:13	6
10U10G	Kaitlyn	Jones	519	0:59:02	7
10U10G	Joadri	De Beer	509	1:07:57	8
10U10G	Nina	Strohmenger	536	1:07:58	9
10U10G	Mareike	Straemke	535	1:20:21	10
20KM U12B					
20U12B	Marco	Thiel	541	0:48:59	1
20U12B	Roger	Suren	539	0:49:00	2
20U12B	Sean	Lowe	530	0:49:00	3
20U12B	Russel James	Fick	512	0:49:37	4
20U12B	Tristan	Key	523	1:08:50	5
20U12B	Lourens	Opperman	532	1:11:39	6
20U12B	Niels	Knoetze	524	0:00:00	

CAT	NAME	SURNAME	NR	TIME	POS
20KM U12G					
20U12G	Delsia	Janse van Vuuren	518	0:49:03	1
20U12G	Kylie	Dickerson	511	0:50:06	2
20U12G	Rosemarie	Thiel	540	1:01:57	3
20U12G	Marinelle	Lambert	526	1:06:12	4
20KM U14B					
20U14B	Jaden	Scholtz	533	0:50:01	1
20KM U14G					
20U14G	Catherine	Brandt	504	0:50:05	1
20U14G	Syrah	Chamberlain	506	1:01:54	2
20U14G	Katelyn	Key	522	1:05:32	3
OTJIWA RUNNERS					
CAT	NAME	SURNAME		TIME	POS
10 KM RUN FEMALE					
10RUNFEM	Lynn-Mari	Valentin		1:00:00	1
10RUNFEM	Victoria	Kotze		1:04:18	2
10RUNFEM	Handrie	Gous		1:04:32	3
10RUNFEM	Elmarie	Schoonbee		1:07:44	4
10RUNFEM	Adriana	De Beer		1:09:34	5
10RUNFEM	Chantel	Van Wyk		1:09:39	6
10RUNFEM	Andrea	De Wet		1:10:12	7
10RUNFEM	Silke	Pennefather		1:10:54	8
10RUNFEM	Hambeleleni	Ndiyavala		1:14:17	9
10RUNFEM	Savarna	Francis		1:15:46	10
10RUNFEM	Beata	Shaanika		1:18:52	11
10RUNFEM	Brynne	Kinnaird		1:18:56	12
10RUNFEM	Yvette	Kinnaird		1:18:57	13
10RUNFEM	Jesse	Kahl		1:20:14	14
10RUNFEM	ESTER	HANGO		1:22:49	15
10RUNFEM	Hybrie	Hayes		1:24:32	16
10RUNFEM	Aletia	Du Preez		1:27:57	17
10RUNFEM	Lesley	Haddow		1:28:23	18
10RUNFEM	Stephanie	Du Toit		1:30:48	19
10RUNFEM	Dinah	Humann		1:30:48	20
10RUNFEM	Priscilla	Akukothela		1:40:11	21
10RUNFEM	Josefina M.	MUHAPI		1:40:19	22
10RUNFEM	Talita	Van Der Merwe		1:46:48	23
10RUNFEM	Wiana	Groenewald		1:53:30	24
10RUNFEM	ERICA	MARTIN		1:53:31	25
10RUNFEM	Berenize	Titus		1:57:06	26
10KM RUN MALE					
10RUNMEN	Ramos	Murangi		0:45:33	1
10RUNMEN	Usiel	Afrikaner		0:46:45	2
10RUNMEN	Gladwin	Schrader		0:54:03	3
10RUNMEN	Stanley	Kotze		1:01:25	4
10RUNMEN	Kudzai John	Nderecha		1:05:20	5
10RUNMEN	Eric	Maresch		1:27:53	6
20KM RUN FEMALE					
20RUNFEM	Stephanie	Roland		1:45:45	1
20RUNFEM	Nadine	Du Plessis		1:53:55	2
20RUNFEM	Lydia	Thiel		1:55:14	3
20RUNFEM	Madelein	Le Roux		1:58:41	4
20RUNFEM	Robyn	Vlsser		2:08:20	5

CAT	NAME	SURNAME	NR	TIME	POS
20RUNFEM	Kludia	Angula		2:11:07	6
20RUNFEM	Jana	Vermeulen		2:17:49	7
20RUNFEM	Aliza	Hashagen		2:20:37	8
20RUNFEM	Yvette	Haniche		2:21:28	9
20RUNFEM	Greta-Marie	Alpers		2:22:36	10
20RUNFEM	Esther	Sanberg		2:00:00	
20KM RUN MALE					
20RUNMEN	Nesley	Gaweseb		1:20:36	1
20RUNMEN	Thomas	Miller		1:27:16	2
20RUNMEN	Tobias	Verwey		1:44:01	3
20RUNMEN	Pieter	Du Plessis		1:46:22	4
20RUNMEN	Morne	Van Rensburg		2:08:21	5
20RUNMEN	Don	McCloud		2:27:18	6