

# 2019 HANGANA HAKE RUN & RIDE

## 42KM RUN

CAT	TAG	NR	NAME	SURNAME	TIME	POS
<b>42 OPEN WOMEN</b>						
42OWOMRUN	2254	200	Risa	Dreyer	02:57:06	1
42OWOMRUN	42134	134	Stephanie	Roland	03:27:43	2
42OWOMRUN	42126	126	Dunja	Pritzen	03:30:18	3
42OWOMRUN	42164	164	Louise	van Graan	03:36:22	4
42OWOMRUN	42078	78	Harriet	Knott	03:43:11	5
42OWOMRUN	42084	84	Hlengiwe	Mabizela	03:47:29	6
42OWOMRUN	42022	22	Kirsty	Brits	03:51:03	7
42OWOMRUN	42100	100	Winnie	Mukupuki	03:56:48	8
42OWOMRUN	42153	153	Juandri	Steytler	03:57:13	9
42OWOMRUN	42159	159	Uaatjo	Tjatjitua	04:00:32	10
42OWOMRUN	42030	30	Marietjie	De Chavonnes Vrugt	04:12:58	11
42OWOMRUN	42006	6	Klaudia	Angula	04:18:07	12
42OWOMRUN	42080	80	UJANDJUA	KUZEEKO	04:18:19	13
42OWOMRUN	42101	101	Anneli	Muller	04:23:37	14
42OMENRUN	42435	458	Claudia	Coetzee	04:30:08	15
42OWOMRUN	2448	167	Tuhupa	Kavendjii	04:30:35	16
42OWOMRUN	42177	177	Babara	Zahradnický	04:33:15	17
42OWOMRUN	42104	104	Melani	Namwandi	04:39:46	18
42OWOMRUN	42066	66	hinduu	kahungi	04:43:08	19
42OWOMRUN	42157	157	Armored	Theron	04:43:34	20
42OWOMRUN	42056	56	Aliza	Hashagen	04:52:47	21
42OWOMRUN	42014	14	Hailey	Bathurst	04:53:47	22
42OWOMRUN	42131	131	Maagan	Rioux	04:53:49	23
42OWOMRUN	42166	166	Lize-Mari	van Wyk	05:06:50	24
42OWOMRUN	42095	95	Dimakatso	Moloantoa	05:20:07	25
42OWOMRUN	42035	35	Menessia	Diergaardt	05:20:36	26
42OWOMRUN	42010	10	Lyndsay	Bain	05:27:43	27
42OWOMRUN	42002	2	Elmarie	Ackerman	05:34:03	28
42OWOMRUN	42144	144	Diina	Shituula	05:37:12	29
42OWOMRUN	42068	68	Nambahu	Kambala	06:08:35	30
42OWOMRUN	42132	132	Maagan	Rioux	00:00:00	
42OWOMRUN	42133	133	Maagan	Rioux	00:00:00	
42OWOMRUN	42103	103	JOHANNA	NAKAPELA	00:00:00	
42OWOMRUN	42143	143	Kapau	Shipahu	00:00:00	
42OWOMRUN	42020	20	Richenda	Bok	00:00:00	
42OWOMRUN	42091	91	Wanette	Meyer	00:00:00	
42OWOMRUN	42093	93	Ncumisa	Mkunyana	00:00:00	
42OWOMRUN	42154	154	Juandri	Steytler	00:00:00	
42OWOMRUN	42113	113	Ntsakisi	Ngobeni	00:00:00	
42OWOMRUN	42170	170	Michelle	Von Stein	00:00:00	
42OWOMRUN	42025	25	Vincia	Cloete	00:00:00	
<b>42 VETERAN WOMEN</b>						
42VETWOMRUN	2275	184	Ottile Kaunapawa	Aimwata	02:56:23	1
42VETWOMRUN	2279	11	Rakela	Akukothela	03:19:00	2

CAT	TAG	NR	NAME	SURNAME	TIME	POS
42VETWOMRUN	42152	152	Eliza	Steyl	03:35:59	3
42VETWOMRUN	42028	28	Chrizelda	Davel	03:54:36	4
42VETWOMRUN	42092	92	Izabe	Muller	03:59:17	5
42VETWOMRUN	42021	21	Lena	Brinkmann	04:20:35	6
42VETWOMRUN	42032	32	Joy	Dekker	04:20:45	7
42VETWOMRUN	42160	160	Nonnie	Tjitemisa	04:24:10	8
42VETWOMRUN	42050	50	Heidi	Greyvenstein	04:30:24	9
42VETWOMRUN	42127	127	Christelle	Putter	04:34:41	10
42VETWOMRUN	42055	55	Lynn	Hartung	04:35:17	11
42VETWOMRUN	42139	139	Naomi	Schmidt	04:36:41	12
42VETWOMRUN	42142	142	Elizabeth	Shino	04:37:44	13
42VETWOMRUN	42044	44	Corlia	Esterhuizen	04:37:53	14
42VETWOMRUN	42081	81	Cecilia	Lotsch	04:37:58	15
42VETWOMRUN	42076	76	Barbara	Kittel	04:39:46	16
42VETWOMRUN	42125	125	Jackie	Prins	04:40:30	17
42VETWOMRUN	42172	172	Tersia	Weyers	04:49:53	18
42VETWOMRUN	42112	112	Ndiitah	Nghipondoka-Robiati	04:52:45	19
42VETWOMRUN	42038	38	Vicki	Du Toit	04:56:16	20
42VETWOMRUN	42161	161	Annie	Tselane	05:01:40	21
42VETWOMRUN	42089	89	Heidi	Mehring	05:10:09	22
42VETWOMRUN	42054	54	Roeline	Hansen	05:21:11	23
42VETWOMRUN	42096	96	Bawinile	Moloi	05:44:42	24
42VETWOMRUN	42045	45	Brenda	Esterhuyse	00:00:00	
42VETWOMRUN	42016	16	Tukwatha	Ben-Elungu	00:00:00	
42VETWOMRUN	42146	146	Katrina	Simeon	00:00:00	
42VETWOMRUN	42174	174	Michelle	Wilson	00:00:00	
42VETWOMRUN	42097	97	Velile A.	Mthwako	00:00:00	
42VETWOMRUN	42015	15	Svetlana	Bauer	00:00:00	
<b>42 MASTER WOMEN</b>						
42MASWOMRUN	2247	185	Emilia	Nambahu	03:47:22	1
42MASWOMRUN	42083	83	Adri	Louw	04:01:47	2
42MASWOMRUN	42156	156	Ann	Swarts	04:14:18	3
42MASWOMRUN	42003	3	Greta-Marie	Alpers	04:24:48	4
42MASWOMRUN	42026	26	Marina	Coetzee	04:37:03	5
42MASWOMRUN	42058	58	Birgit	Hoffmann	04:37:23	6
42MASWOMRUN	42147	147	Noluthando Gwen	Siyotula	04:48:08	7
42MASWOMRUN	42071	71	florence	kaura	00:00:00	
42MASWOMRUN	42106	106	Sandy	Ndjoonduezu	00:00:00	
42MASWOMRUN	42065	65	Jeanethe	Kahingunga	00:00:00	
<b>42 GRAND MASTER WOMEN</b>						
42GMASWOMRUN	42158	158	Vera	Thomas	04:28:04	1
42GMASWOMRUN	42173	173	Susanne Eva Ulrike	Wiegank	04:28:05	2
42GMASWOMRUN	42102	102	Hazel	MILNE	00:00:00	
42GMASWOMRUN	42114	114	Emmah	Ngwenya	00:00:00	
<b>42 OPEN MEN</b>						
42OMENRUN	42116	116	Martin	Ntinda	02:40:36	1
42OMENRUN	42048	48	Erich	Goeieman	02:41:47	2
42OMENRUN	2103	186	Petrus	Haimbodi	02:45:51	3
42OMENRUN	2405	180	Alfred	Kheibeb	02:59:48	4

CAT	TAG	NR	NAME	SURNAME	TIME	POS
42OMENRUN	2093	34	Erastus	Pinehas	03:05:06	5
42OMENRUN	2403	179	Sebastian	Pahl	03:05:49	6
42OMENRUN	42124	124	Harmen	Potgieter	03:07:51	7
42OMENRUN	42162	162	JP	Van den Berg	03:10:37	8
42OMENRUN	42168	168	PC	Visser	03:16:18	9
42OMENRUN	42062	62	Aldo	Jackson	03:29:40	10
42OMENRUN	42109	109	Eldo	Nel	03:33:27	11
42OMENRUN	2100	187	Andrea	Ifulwawe	03:33:34	12
42OMENRUN	42141	141	David S.	Shingenge	03:35:25	13
42OMENRUN	2461	74	Michael Quintin	Keib	03:37:34	14
42OMENRUN	42086	86	Geoffrey Muhinda	Mbanga	03:46:03	15
42OMENRUN	42079	79	Matti	Kuwa	03:47:05	16
42OMENRUN	42098	98	Mabasa	Mubatapasango	03:49:15	17
42OMENRUN	42001	1	Jafet K.	Abraham	03:52:26	18
42OMENRUN	42029	29	Riaan	Davel	03:54:37	19
42OMENRUN	42031	31	Peter-Jac	De Klerk	03:55:09	20
42OMENRUN	42090	90	Martin	Mendelsohn	03:56:09	21
42OMENRUN	42129	129	Sean M	Rainey	03:56:10	22
42OMENRUN	42165	165	Johan	van Rooyen	03:56:23	23
42OMENRUN	42061	61	Malakia	lindombo	03:57:47	24
42OMENRUN	42008	8	Moses	Ashipala	03:59:16	25
42OMENRUN	42085	85	Sam	Martin	04:05:53	26
42OMENRUN	42136	136	Joseph	Saayman	04:15:05	27
42OMENRUN	42077	77	Micah	Kittel	04:20:08	28
42OMENRUN	2090	46	Kenneth	Ndjambula	04:22:32	29
42OMENRUN	42005	5	Johannes	Amaambo	04:30:49	30
42OMENRUN	42138	138	Erik	Salamon	04:32:48	31
42OMENRUN	42175	175	Showan	Wurms	04:39:58	32
42OMENRUN	42151	151	QUINTON	STEENKAMP	04:52:16	33
42OMENRUN	42059	59	Andre	Horne	05:00:51	34
42OMENRUN	42018	18	WILLEM	BODENSTEIN	05:09:48	35
42OMENRUN	42107	107	Manfred	Ndjoonduezu	05:16:13	36
42OMENRUN	42145	145	MADALENO	SILVEIRA	00:00:00	
42OMENRUN	42053	53	Joseph	Haikela	00:00:00	
42OMENRUN	42049	49	Wynandt	Gouws	00:00:00	
42OMENRUN	42063	63	Hiskia	Johannes	00:00:00	
42OMENRUN	42105	105	Paulus	Nanghambe	00:00:00	
42OMENRUN	42176	176	Christian	Yeke	00:00:00	
42OMENRUN	42169	169	Marco	Vollgraaff	00:00:00	
42OMENRUN	42070	70	Marvin	Katjindee	00:00:00	
42OMENRUN	42140	140	Saltiel	Shaanika	00:00:00	
42OMENRUN	42036	36	Gert	Du Preez	00:00:00	
42OMENRUN	42072	72	Alfred	Kheibeb	00:00:00	
42OMENRUN	42073	73	Alfred W.	Kheibeb	00:00:00	
42OMENRUN	42108	108	Manfred	Ndjoonduezu	00:00:00	
42OMENRUN	42027	27	Derick	Colmer	00:00:00	
42OMENRUN	42007	7	Moses	Ashipala	00:00:00	
<b>42 VETERAN MEN</b>						
42VETMENRUN	2232	198	Salomo	David	02:31:07	1

CAT	TAG	NR	NAME	SURNAME	TIME	POS
42VETMENRUN	2102	117	David	Iyambo	02:55:39	2
42VETMENRUN	42122	122	Lindsey	Parry	03:05:11	3
42VETMENRUN	42148	148	Francois	Smit	03:07:44	4
42VETMENRUN	42135	135	André	Ross	03:11:53	5
42VETMENRUN	42012	12	Eric	Barnard	03:17:56	6
42VETMENRUN	42039	39	Ephraim	Duve	03:28:36	7
42VETMENRUN	42119	119	Keletso	Nyathi	03:37:05	8
42VETMENRUN	42088	88	Richard	Meeks	03:38:04	9
42VETMENRUN	42009	9	Werner	Bachman	03:46:13	10
42VETMENRUN	42163	163	Pieter	van der Westhuizen	03:51:03	11
42VETMENRUN	42155	155	Johan	Swanepoel	03:53:17	12
42VETMENRUN	42004	4	Immanuel	Alugongo	03:54:29	13
42VETMENRUN	42130	130	Heiko	Reiff	03:55:02	14
42VETMENRUN	42047	47	Martin	Gallus	04:03:29	15
42VETMENRUN	42051	51	Jacob	Greyvenstein	04:10:48	16
42VETMENRUN	42064	64	Hendrik	Kabooy	04:13:48	17
42VETMENRUN	2428	183	Wicus	Burger	04:18:54	18
42VETMENRUN	42033	33	Michael	Dekker	04:20:46	19
42VETMENRUN	42042	42	Johan	Engelbrecht	04:36:47	20
42VETMENRUN	42037	37	Jaco	Du Toit	04:56:17	21
42VETMENRUN	42060	60	Lothar	Hotbauer	05:38:54	
42VETMENRUN	42082	82	Etienne	Louw	00:00:00	
42VETMENRUN	42110	110	Fransiscus	Neshila	00:00:00	
42VETMENRUN	42111	111	Fransisco	Neshila	00:00:00	
42VETMENRUN	42118	118	Mohamed	Nur	00:00:00	
42VETMENRUN	42040	40	Patrick	Dzimba	00:00:00	
42VETMENRUN	42115	115	Yandisa Lusapho	Njenge	00:00:00	
42VETMENRUN	42149	149	Pieter	Smit	00:00:00	
42VETMENRUN	42150	150	Pieter	Smit	00:00:00	
42VETMENRUN	42041	41	Andre	Engelbrecht	00:00:00	
<b>42 MASTER MEN</b>						
42MMRUN	2242	199	Kristof	Ndunga	02:39:33	1
42MMRUN	2108	19	Johannes	Gawaxamab	03:06:58	2
42MMRUN	42069	69	Chidi Alex	Kanu	03:07:46	3
42MMRUN	42171	171	Attie	Weyers	03:27:50	4
42MMRUN	42023	23	Johan -	Bronkhorst-	03:33:20	5
42MMRUN	42024	24	OLIVER	CHIGARIRO	03:47:58	6
42MMRUN	42075	75	Raimund	Kintscher	03:52:20	7
42MMRUN	42094	94	Freddy	Mohale	03:53:33	8
42MMRUN	2400	178	Klaus	Gerstle	03:56:33	9
42MMRUN	42067	67	Jerobeam S.	Kalimba	04:02:06	10
42MMRUN	42017	17	Deon	Beukes	04:05:44	11
42MMRUN	42121	121	Albert	Papama	04:14:16	12
42MMRUN	42128	128	Lourens	Rademeyer	04:34:41	13
42MMRUN	42137	137	Gavin	Sacks	04:54:33	14
42MMRUN	42087	87	Richard	Mcgregor	04:59:43	15
42MMRUN	42120	120	Albert	Papama	00:00:00	
<b>42 GRAND MASTER MEN</b>						
42GMMRUN	42057	57	Achim	Herma	04:09:35	1

CAT	TAG	NR	NAME	SURNAME	TIME	POS
42GMMRUN	42013	13	Henk	Basson	04:27:32	2
42GMMRUN	42123	123	Floors	Pelser	04:37:24	3
42GMMRUN	42052	52	Hans-Juergen	Groesz	04:40:17	4

## 2019 HANGANA HAKE RUN & RIDE

### 21.1Km RUN

CAT	TAG	NR	NAME	SURNAME	TIME	POS
<b>21 OPEN WOMEN</b>						
21OWOMRUN	42254	277	Leena	Ekanjjo	01:26:14	1
21OWOMRUN	2105	2123	Beath	Naihambo	01:26:16	2
21OWOMRUN	42485	2008	Nicole	Spangenberg	01:34:08	3
21OWOMRUN	42546	2069	Jocelle	Wessels	01:38:10	4
21OWOMRUN	42490	2013	Bertha	Theron	01:43:08	5
21OWOMRUN	42542	2065	Zena	Vorster	01:45:07	6
21OWOMRUN	42492	2015	Rhyna	Thiel	01:47:59	7
21OWOMRUN	42522	2045	Anne-Mari	van Wyk	01:48:18	8
21OWOMRUN	2004	473	Elaine	Grane	01:49:13	9
21OWOMRUN	42252	275	Iwanette	Du Preez	01:49:29	10
21OWOMRUN	42422	445	Jacomi	Niehaus	01:50:34	11
21OWOMRUN	42167	2084	Jana	Vermeulen	01:51:26	12
21OWOMRUN	42205	228	ANJA	BOSHOFF	01:51:33	13
21OWOMRUN	42235	258	Lauren	Davidson	01:52:13	14
21OWOMRUN	42262	285	Claudia	Fortuin	01:52:42	15
21OWOMRUN	42195	218	Lisa	Bergh	01:54:08	16
21OWOMRUN	42643	590	HELTROUD	GONTES	01:54:19	17
21OWOMRUN	42341	364	Atjitja	Kavita	01:54:27	18
21OWOMRUN	42527	2050	Violeta	Veloso	01:55:20	19
21OWOMRUN	42193	216	Caillin	Basson	01:55:51	20
21OWOMRUN	42191	214	Katie	Barger	01:56:24	21
21OWOMRUN	42243	266	Carmen	Diehl	01:56:40	22
21OWOMRUN	42548	2071	Lize	Winckler	01:56:59	23
21OWOMRUN	2037	2105	Marne	Wahl	01:57:20	24
21OWOMRUN	42538	2061	Michelle	Viviers	01:57:32	25
21OWOMRUN	42565	2106	Ekinsa	Angula	01:58:53	26
21OWOMRUN	42513	2036	Nadine	van Niekerk	01:58:54	27
21OWOMRUN	42181	204	Jenny	Alexander	02:01:02	28
21OWOMRUN	42381	404	claudea	marais	02:01:21	29
21OWOMRUN	42366	389	Ando	Lochner	02:01:26	30
21OWOMRUN	42304	327	Melissa	Hinz	02:02:41	31
21OWOMRUN	2068	2110	Anika	Steinmetz	02:03:01	32
21OWOMRUN	42410	433	Denize	Nasilowski	02:05:01	33
21OWOMRUN	42383	406	Elmarine	Maritz	02:05:31	34
21OWOMRUN	42269	292	Pauline	Funke	02:05:39	35
21OWOMRUN	42225	248	Alex	Campbell	02:07:29	36
21OWOMRUN	2029	2103	Sonja	Van Den Heever	02:08:24	37
21OWOMRUN	42299	322	Glory	Hengari	02:09:05	38
21OWOMRUN	42534	2057	Danica	Visser	02:09:46	39
21OWOMRUN	42460	483	Monika	Sakaria	02:10:08	40

CAT	TAG	NR	NAME	SURNAME	TIME	POS
21OWOMRUN	42313	336	Desiree	Jansen van Rensburg	02:11:07	41
21OWOMRUN	42297	320	Merike	Heath	02:11:15	42
21OWOMRUN	2282	390	Sirie	Topulathana	02:12:04	43
21OWOMRUN	42238	261	Adriana	De Beer	02:12:06	44
21OWOMRUN	42523	2046	Marna	van Wyk	02:12:10	45
21OWOMRUN	42353	376	Magda	Krone	02:12:57	46
21OWOMRUN	42372	395	Sophia	Louw	02:13:33	47
21OWOMRUN	42431	454	Isabella	Oberholzer	02:13:35	48
21OWOMRUN	42481	2004	Christina	Smit	02:13:46	49
21OWOMRUN	42430	453	Rhodene	Oberholzer	02:13:50	50
21OWOMRUN	42210	233	Angela	Brand	02:14:20	51
21OWOMRUN	42409	432	ALMA	NANGONYA	02:14:37	52
21OWOMRUN	42480	2003	Elke	Slinger	02:15:10	53
21OWOMRUN	42267	290	Savarna	Francis	02:15:37	54
21OWOMRUN	42356	379	Leandie	Labuschagne	02:15:53	55
21OWOMRUN	42472	495	Celine	Shikesho	02:15:57	56
21OWOMRUN	42394	417	Annalise	Miller	02:17:29	57
21OWOMRUN	42406	429	Grayson	Myers	02:17:54	58
21OWOMRUN	42498	2021	Ally	Uxamb	02:18:24	59
21OWOMRUN	2447	2090	Shamila	Cloete	02:18:40	60
21OWOMRUN	42368	391	Sandra	Loubser	02:18:42	61
21OWOMRUN	42230	253	Sunet	Coetzee	02:20:24	62
21OWOMRUN	42227	250	Sunette	Chapman	02:20:25	63
21OWOMRUN	42302	325	Ruth Audrey	Heyn	02:20:31	64
21OWOMRUN	42467	490	Selma	Shaanika	02:20:31	65
21OWOMRUN	42328	351	Tulonga	kaluwapa	02:20:34	66
21OWOMRUN	42359	382	Mary	Lane	02:20:37	67
21OWOMRUN	42549	2072	Charlotte	Wood	02:20:40	68
21OWOMRUN	42384	407	Tania	Maritz	02:20:56	69
21OWOMRUN	42501	2024	Nathalie	van der Merwe	02:22:03	70
21OWOMRUN	42310	333	Cornelie	Jacobson	02:22:58	71
21OWOMRUN	42393	416	Chenai	Mhangami	02:23:16	72
21OWOMRUN	42211	234	Rene	Bredenkamp	02:23:20	73
21OWOMRUN	42317	340	Marthinique	Joodt	02:23:22	74
21OWOMRUN	42188	211	Azalia	Arendse	02:23:28	75
21OWOMRUN	42261	284	Natalie	Flasskamp	02:23:34	76
21OWOMRUN	42489	2012	Marianka	Theron	02:23:48	77
21OWOMRUN	42183	206	Justina	Amupolo	02:23:57	78
21OWOMRUN	42462	485	Christine	Salt	02:24:25	79
21OWOMRUN	2451	2091	Gaby	Horne	02:25:00	80
21OWOMRUN	42374	397	Nicole	Lubbe	02:26:21	81
21OWOMRUN	42453	476	Elfrieda	Roos	02:26:22	82
21OWOMRUN	42311	334	Ingrid	Jankowski	02:27:04	83
21OWOMRUN	42340	363	Ella	Kavita	02:27:13	84
21OWOMRUN	42470	493	Joey	Sheehama	02:28:51	85
21OWOMRUN	42370	393	Tarika	Louw	02:30:53	86
21OWOMRUN	42404	427	Roswita	Mwadhina	02:31:05	87
21OWOMRUN	42403	426	Seminah N	Muyangi	02:32:58	88
21OWOMRUN	42387	410	Lisa	Matomola	02:32:58	89

CAT	TAG	NR	NAME	SURNAME	TIME	POS
21OWOMRUN	42241	264	Estie	De Witt	02:33:03	90
21OWOMRUN	42208	231	Lizl	Botha	02:34:13	91
21OWOMRUN	2267	442	Lizelle	Cloete	02:35:12	92
21OWOMRUN	42219	242	Juliana	Burger	02:35:25	93
21OWOMRUN	42482	2005	Ciske	Smith	02:35:59	94
21OWOMRUN	42342	365	Uejaa	Kazondunge	02:36:26	95
21OWOMRUN	42423	446	Léré	Nieuwoudt	02:39:20	96
21OWOMRUN	42337	360	Ndihole	Kaulinge	02:41:08	97
21OWOMRUN	42389	412	Devan	Mellgren	02:43:48	98
21OWOMRUN	42415	438	Herodia	Nehale	02:44:22	99
21OWOMRUN	42019	2125	Richenda	Bok	02:45:05	100
21OWOMRUN	42379	402	Shirley	Mambadzo	02:46:38	101
21OWOMRUN	42401	424	MAJORY	MUKASA	02:47:20	102
21OWOMRUN	42452	475	Laurencia	Rooinasie	02:48:03	103
21OWOMRUN	2429	2086	Andree	Herle	02:48:08	104
21OWOMRUN	42283	306	Rachael Sekai	Gwasira	02:48:14	105
21OWOMRUN	42457	480	Monika	Ruppel	02:48:47	106
21OWOMRUN	2460	2096	Beana. M	litana	02:48:52	107
21OWOMRUN	42251	274	Natasha	Du Plessis	02:49:32	108
21OWOMRUN	42476	499	Rauna	Shikwaya	02:49:52	109
21OWOMRUN	42259	282	Helen	Feldmann	02:51:22	110
21OWOMRUN	42334	357	Coco	Kangueehi	02:58:19	111
21OWOMRUN	2098	416	Grace	Shamiso	03:02:35	112
21OWOMRUN	42263	286	Elmarie	Fouche	03:10:45	113
21OWOMRUN	42295	318	Hestie	Hay	DNF	DNF
21OWOMRUN	42451	474	Ida- Marie	Roets	00:00:00	
21OWOMRUN	42179	202	Martha	Abner	00:00:00	
21OWOMRUN	42329	352	Tusnelda	Kaluwapa	00:00:00	
21OWOMRUN	42390	413	Stephie	Mendelsohn	00:00:00	
21OWOMRUN	42407	430	Wendy	Namwila	00:00:00	
21OWOMRUN	42528	2051	Marissa	Venter	00:00:00	
21OWOMRUN	42301	324	André	Herlé	00:00:00	
21OWOMRUN	42465	488	Janel	Schutte	00:00:00	
21OWOMRUN	42204	227	Riana	Boshoff	00:00:00	
21OWOMRUN	42298	321	Juanita	Heimstadt	00:00:00	
21OWOMRUN	42543	2066	Zena	Vorster	00:00:00	
21OWOMRUN	42330	353	Mekupi	Kambatuku	00:00:00	
21OWOMRUN	42338	361	Ndihole	Kaulinge	00:00:00	
21OWOMRUN	42433	456	Allenice	Olivier	00:00:00	
21OWOMRUN	42469	492	Toxie	Shangula	00:00:00	
21OWOMRUN	42493	2016	Nanguai	Tjimbundu- Kangueehi	00:00:00	
21OWOMRUN	42182	205	Marlene	Alfredo	00:00:00	
21OWOMRUN	42271	294	Kamburee	Gawaxab	00:00:00	
21OWOMRUN	42375	398	Chawapuwa	Mabvoro	00:00:00	
21OWOMRUN	42550	2073	Anneke	Wormsbächer	00:00:00	
21OWOMRUN	42291	314	Yvette	Haniche	00:00:00	
21OWOMRUN	42322	345	Hendrina	Kaavela	00:00:00	
21OWOMRUN	42398	421	Marissa	Mouton	00:00:00	
21OWOMRUN	42405	428	Yvonne	Mwilima	00:00:00	

CAT	TAG	NR	NAME	SURNAME	TIME	POS
21OWOMRUN	42361	384	Zarika	Lewies	00:00:00	
21OWOMRUN	42494	2017	Sascha	Tjirare	00:00:00	
21OWOMRUN	42508	2031	Adelle	van Dyk	00:00:00	
21OWOMRUN	42253	276	Anneline	Du Toit	00:00:00	
21OWOMRUN	42187	210	Fenni	Angukku	00:00:00	
21OWOMRUN	42273	296	SIMONE	GEURTSE	00:00:00	
21OWOMRUN	42355	378	Louise	Laas	00:00:00	
21OWOMRUN	42436	459	Hayley	Parry	00:00:00	
21OWOMRUN	42484	2007	Christina	Smith	00:00:00	
<b>21 VETERAN WOMEN</b>						
21VWOMRUN	42043	2088	Shani	Erlank-Scholtz	01:47:18	1
21VWOMRUN	42200	223	Margo	Bishop	01:47:26	2
21VWOMRUN	42279	302	Renee	Graig	01:49:19	3
21VWOMRUN	2066	2023	Estelle	Bailey	01:52:13	4
21VWOMRUN	42280	303	Odette	Grant	01:58:51	5
21VWOMRUN	42432	455	Lisa	O'Donoghue-Lindy	02:02:25	6
21VWOMRUN	42214	237	Janie M	Brits	02:03:04	7
21VWOMRUN	42345	368	Rosslyn	Kibble	02:03:15	8
21VWOMRUN	42388	411	Julie	Mbaisa	02:04:19	9
21VWOMRUN	42194	217	MERCIA	BASSON	02:05:31	10
21VWOMRUN	42246	269	Grace	Doise	02:11:24	11
21VWOMRUN	42320	343	Tania	Joubert	02:12:00	12
21VWOMRUN	42486	2009	Anka	Steinmetz	02:12:38	13
21VWOMRUN	42223	246	Sanet	Calitz	02:14:35	14
21VWOMRUN	42547	2070	Merwena	Wiese	02:14:43	15
21VWOMRUN	42533	2056	Suzaan	Visser	02:15:52	16
21VWOMRUN	42226	249	Lizette	Carstens	02:20:23	17
21VWOMRUN	42445	468	Aletta	Prinsloo	02:20:23	18
21VWOMRUN	42245	268	Adel�	Dippenaar	02:21:52	19
21VWOMRUN	42190	213	Nancy	Baker-Monteforte	02:23:02	20
21VWOMRUN	42266	289	Marisa	Fourie	02:23:03	21
21VWOMRUN	2435	2087	Suane	Badenhorst	02:23:30	22
21VWOMRUN	42416	439	Annemarie	Nel	02:25:06	23
21VWOMRUN	42242	265	Monica	Dias	02:27:24	24
21VWOMRUN	42346	369	Yvette	Kinnaird	02:30:52	25
21VWOMRUN	42185	208	PETRO	ANDERSON	02:32:53	26
21VWOMRUN	42483	2006	Melanie	Smith	02:36:00	27
21VWOMRUN	42526	2049	NEVADIA	VAN ZYL	02:41:48	28
21VWOMRUN	42196	219	Natalie	Beukes	02:49:48	29
21VWOMRUN	2092	458	Yolanda	Van Der Westhuizen	02:50:35	30
21VWOMRUN	42218	241	Natasha	Brown	02:52:44	31
21VWOMRUN	42495	2018	constancia	tjiueza	02:55:24	32
21VWOMRUN	42648	2042	Sylvia	Hambeka	03:09:31	33
21VWOMRUN	2270	235	Josefina	Muhapi	03:12:41	34
21VWOMRUN	42497	2020	Magdalena	Uuyuni	03:15:29	35
21VWOMRUN	42520	2043	Gail	van Wyk	03:22:35	36
21VWOMRUN	42275	298	Samantha	Geyser	00:00:00	
21VWOMRUN	42426	449	Corn�	O'Callaghan	00:00:00	
21VWOMRUN	42418	441	Sonia	Nepembe	00:00:00	



CAT	TAG	NR	NAME	SURNAME	TIME	POS
21VWOMRUN	42321	344	Tania	Joubert	00:00:00	
21VWOMRUN	42236	259	Liezl	Davies	00:00:00	
21VWOMRUN	42335	358	Temprance	Karamata	00:00:00	
<b>21 MASTER WOMEN</b>						
21MWOMRUN	42213	236	Ansie	Breytenbach	01:50:56	1
21MWOMRUN	42216	239	Karin	Brockmann	01:58:38	2
21MWOMRUN	42224	247	Linda	Calore	02:03:23	3
21MWOMRUN	42278	301	Gaby	Gososw	02:03:38	4
21MWOMRUN	42537	2060	Nadene	Visser	02:09:06	5
21MWOMRUN	42257	280	Annemarie	Etsebeth	02:11:26	6
21MWOMRUN	42074	2081	Susan	Kintscher	02:11:57	7
21MWOMRUN	42511	2034	Martinette	van Niekerk	02:14:40	8
21MWOMRUN	42352	375	Anja	Kreiner	02:14:42	9
21MWOMRUN	42454	477	Annelie	Rousseau	02:22:42	10
21MWOMRUN	42458	481	Louise	Rust	02:23:38	11
21MMENRUN	2085	319	Leonie	Du Toit	02:23:40	12
21MWOMRUN	42395	418	Christine	Mitchell	02:24:41	13
21MWOMRUN	42502	2025	Marita	van der Merwe	02:25:11	14
21MWOMRUN	42281	304	Yvette	Greeff	02:26:24	15
21MWOMRUN	42305	328	Brigitte	Hollick	02:27:22	16
21MWOMRUN	42525	2048	Estien	van Wyngaard	02:28:39	17
21MWOMRUN	42428	451	Annemarie	Oberholzer	02:32:46	18
21MWOMRUN	42309	332	Rozina	Jacobs	02:41:58	19
21MWOMRUN	42443	466	Eva	Pretorius	02:48:08	20
21MWOMRUN	42325	348	Jeanethe	Kahingunga	00:00:00	
21MWOMRUN	42326	349	Jeanethe	Kahingunga	00:00:00	
21MWOMRUN	42231	254	Hestha	Conradie	00:00:00	
21MWOMRUN	42255	278	Hannelie	Eksteen	00:00:00	
<b>21 GRAND MASTER WOMEN</b>						
21GMWOMRUN	42202	225	Juliana	Blaauw	02:14:42	1
21GMWOMRUN	42250	273	Bettie	Du Plessis	02:16:26	2
21GMWOMRUN	42464	487	Alet	Schrader	02:17:29	3
21GMWOMRUN	42277	300	Susan	Gordon	02:43:40	4
21GMWOMRUN	42417	440	Maria	Nel	02:45:02	5
21GMWOMRUN	42343	366	Stella	Keyter	02:52:53	6
21GMWOMRUN	42192	215	Brigitte	Bartsch	00:00:00	
<b>21 OPEN MEN</b>						
21OMENRUN	2196	2122	Nghilyeendele	Kornelius	01:10:47	1
21OMENRUN	2171	2130	Herman	Kathimo	01:13:16	2
21OMENRUN	2104	2121	Kephas	Gebhard	01:14:48	3
21OMENRUN	42391	414	Pedro	Mendoza	01:16:10	4
21OMENRUN	42331	354	Eino	Kambonde	01:20:59	5
21OMENRUN	42509	2032	JG	van Graan	01:21:55	6
21OMENRUN	2419	182	Robert	Namwelele	01:21:55	7
21OWOMRUN	42248	271	Mingeli	Doliana	01:23:27	8
21OMENRUN	42351	374	Andreas	Kondjeni	01:25:46	9

CAT	TAG	NR	NAME	SURNAME	TIME	POS
21OMENRUN	42265	288	Hennie	Fourie	01:27:42	10
21OMENRUN	42189	212	Ferdinand	Baard	01:28:28	11
21OMENRUN	2415	2082	Erastus	Johannes	01:28:53	12
21OMENRUN	42663	2093	Thomas	Henock	01:29:21	13
21OMENRUN	42316	339	Kennedy	Johannes	01:29:27	14
21OMENRUN	42442	465	Antal Faghan	Pocsi	01:32:28	15
21OMENRUN	42628	2095	Edward	Embashu	01:32:48	16
21OMENRUN	42408	431	Fredy	Nandjungu	01:32:54	17
21OMENRUN	2411	181	Alley	Sibuku	01:33:43	18
21OMENRUN	42220	243	Ian	Burger	01:34:46	19
21OMENRUN	42380	403	Wayne	Mamutse	01:35:37	20
21OMENRUN	2213	463	David	Prinsloo	01:35:55	21
21OMENRUN	2462	2098	Tian Eugene	Nolte	01:36:50	22
21OMENRUN	42034	2108	Ndinomukulili	Shigwedha	01:37:12	23
21OMENRUN	42292	315	Kakuserue	Hartley	01:39:06	24
21OMENRUN	42244	267	Nawaaz	Dinath	01:39:16	25
21OMENRUN	42314	337	Theo	Johannes	01:40:11	26
21OMENRUN	42455	478	Richard	Ruiters	01:40:34	27
21OMENRUN	2073	2112	Rudi	Louw	01:41:09	28
21OMENRUN	42377	400	Mirko	Maier	01:41:22	29
21OMENRUN	42385	408	Paulus	Matheus	01:41:29	30
21OMENRUN	42382	405	Frans	Maree	01:41:34	31
21OMENRUN	42357	380	JF	Labuschagne	01:42:10	32
21OMENRUN	2477	2101	Luan	Reinders	01:42:32	33
21OMENRUN	2107	2124	Jermiah	Shalixwe	01:42:32	34
21OMENRUN	42339	362	Tamuti	Kautondokua	01:42:43	35
21OMENRUN	42249	272	Andro	Du Plessis	01:42:56	36
21OMENRUN	42287	310	Aron	Haludilu	01:43:17	37
21OMENRUN	42239	262	Jakob	de Klerk	01:45:44	38
21OMENRUN	42474	497	Wilson	Shikonda	01:45:59	39
21OMENRUN	42488	2011	Kundai	Tambo	01:46:36	40
21OMENRUN	42323	346	Josef	Kadhila	01:46:50	41
21OMENRUN	42491	2014	Mark	Thiel	01:48:00	42
21OMENRUN	42184	207	Jeremia	Amwaalwa	01:52:38	43
21OMENRUN	42500	2114	Azim	Cariem	01:52:52	44
21OMENRUN	42369	392	Reuben	louw	01:52:53	45
21OMENRUN	42274	297	Stephan	Gevers	01:52:54	46
21OMENRUN	42396	419	Jan Louis	Mostert	01:52:58	47
21OMENRUN	42503	2026	Jacques	van der Smit	01:52:58	48
21OMENRUN	42424	447	Sedney	Nuwuseb	01:53:11	49
21OMENRUN	42512	2035	Christo	van Niekerk	01:53:13	50
21OMENRUN	42392	415	Andrew	Messecar	01:54:28	51
21OMENRUN	42438	461	Jan	Pelser	01:54:45	52
21OMENRUN	42414	437	Kudzai john	Nderecha	01:54:48	53
21OMENRUN	42504	2027	Jaco	van der Walt	01:55:27	54
21OMENRUN	42222	245	Erik	Burger	01:56:21	55
21OMENRUN	42434	457	Istvan	Oosthuizen	01:56:39	56
21OMENRUN	2244	2117	Gabriel	Ikena	01:56:40	57
21OMENRUN	42347	370	Denver	Kisting	01:56:42	58

CAT	TAG	NR	NAME	SURNAME	TIME	POS
21OMENRUN	2212	2119	Fanuel	Shimboyo	01:56:48	59
21OMENRUN	42306	329	Leonard	lilonga	01:58:08	60
21OMENRUN	42186	209	FRANCO	ANGERMUND	01:58:19	61
21OMENRUN	2457	2092	Harold	Booyesen	02:01:13	62
21OMENRUN	42221	244	Riaan	Burger	02:01:23	63
21OMENRUN	2474	2100	Alwyn	Maas	02:02:26	64
21OMENRUN	42420	443	Kondjeni	Nghitevelekwa	02:04:32	65
21OMENRUN	2458	2094	Dawie	Herbert	02:05:21	66
21OMENRUN	42215	238	Dave	Broaddus	02:05:58	67
21OMENRUN	42319	342	Xavier	Jordaan	02:06:02	68
21OMENRUN	42441	464	Malcolm	Petersen	02:06:28	69
21OMENRUN	42350	373	Kai	Kolling	02:07:23	70
21OMENRUN	42318	341	Heinrich	Joodt	02:07:43	71
21OMENRUN	42411	434	Elijah	Nauwela	02:08:04	72
21OMENRUN	42344	367	JOSEPH	KGOSINTWA	02:08:36	73
21OMENRUN	42303	326	Lancelot	Hill	02:09:05	74
21OMENRUN	42308	331	Eliphaz	Itewa	02:09:23	75
21OMENRUN	42364	387	Michael Esley	Links	02:10:52	76
21OMENRUN	42289	312	Henock	Hanga	02:11:06	77
21OMENRUN	42506	2029	Rinus	van der Westhuizen	02:12:18	78
21OMENRUN	2030	2104	Andre	Hough	02:12:57	79
21OMENRUN	42258	281	Abraham	Farmer	02:13:54	80
21OMENRUN	42641	2097	Stefanus	Gariseb	02:15:02	81
21OMENRUN	42475	498	Laurentius lipinge	Shikongo	02:16:10	82
21OMENRUN	42293	316	Stephano	Hartung	02:16:46	83
21OMENRUN	42312	335	Maurice	Jankowski	02:17:58	84
21OMENRUN	42365	388	Engelberth	Linyando	02:20:29	85
21OMENRUN	42544	2067	Delano	Vries	02:23:08	86
21OMENRUN	42499	2022	Brian	Uxamb	02:24:22	87
21OMENRUN	42540	2063	Brendon	Vollmer	02:24:31	88
21OMENRUN	2408	2079	Nicodemus	Kawahandja	02:28:48	89
21OMENRUN	42439	462	Dirk	Pelser	02:29:33	90
21OMENRUN	42468	491	JAKOB MWAALA	SHAANIKA	02:31:05	91
21OMENRUN	2252	2115	Dennis Hangula	Shailemo	02:35:17	92
21OMENRUN	42268	291	Bernhard	Frankenfeld	02:36:26	93
21OMENRUN	42197	220	Josslyn	Beukes	02:37:51	94
21OMENRUN	42324	347	Rasta	Kaeka	02:40:20	95
21OMENRUN	42444	467	Rainier	Pretorius	02:42:54	96
21OMENRUN	42814	2083	Vincent	Nowaseb	02:47:30	97
21OMENRUN	42529	2052	Jandré	Venter	02:50:50	98
21OMENRUN	2118	2127	Ronnie	Sibungo	02:52:20	99
21OMENRUN	2410	2080	Phillip	Shipa	03:14:58	100
21OMENRUN	42217	240	Uwe	Brockmann	00:00:00	
21OMENRUN	42400	423	Boni	Muhongi	00:00:00	
21OMENRUN	42290	313	Petrus	Hango	00:00:00	
21OMENRUN	42545	2068	Eduard	Weder	00:00:00	
21OMENRUN	42531	2054	Abner	Vilho	00:00:00	
21OMENRUN	42199	222	John-Morgan	Bezuidenhout	00:00:00	
21OMENRUN	42429	452	Francois	Oberholzer	00:00:00	

CAT	TAG	NR	NAME	SURNAME	TIME	POS
21OMENRUN	42552	2075	Marko	Zahradnicky	00:00:00	
21OMENRUN	42300	323	Thomas	Henock	00:00:00	
21OMENRUN	42333	356	Matheus	Kangala	00:00:00	
21OMENRUN	42336	359	Setson	Kashaka	00:00:00	
21OMENRUN	42473	496	Lazarus	Shikesho	00:00:00	
21OMENRUN	42332	355	Mangundu W.	Kandere	00:00:00	
21OMENRUN	42447	470	Luan	Reinders	00:00:00	
21OMENRUN	42315	338	Erastus	Johannes	00:00:00	
21OMENRUN	42386	409	matheus	mathias	00:00:00	
21OMENRUN	42412	435	Dawid P.	Ndahanwapo	00:00:00	
21OMENRUN	42363	386	Daniel	Liebenberg	00:00:00	
21OMENRUN	42535	2058	Phanus	Visser	00:00:00	
21OMENRUN	42276	299	Ingo	Goliath	00:00:00	
21OMENRUN	42456	479	Richard	Ruiters	00:00:00	
21OMENRUN	42201	224	Joao	Bismarck	00:00:00	
21OMENRUN	42286	309	Aron	Haludilu	00:00:00	
21OMENRUN	42518	2041	Le Roux	van Schalkwyk	00:00:00	
21OMENRUN	42478	2001	Terblanch	Simataa	00:00:00	
21OMENRUN	42536	2059	Izak	Visser	00:00:00	
21OMENRUN	42360	383	Petrus	Laubscher	00:00:00	
21OMENRUN	42270	293	John	Gawaxab	00:00:00	
21OMENRUN	42373	396	Rudi	Louw	00:00:00	
21OMENRUN	42272	295	Nesley	Gaweseb	00:00:00	
21OMENRUN	42327	350	Nancy	Kalomo	00:00:00	
21OMENRUN	42446	469	Shanon	Rautenbach	00:00:00	
21OMENRUN	42256	279	Edward	Embashu	00:00:00	
21OMENRUN	42362	385	Cornelius Jacobus	Lewies	00:00:00	
21OMENRUN	2445	2089	John-Morgen	Bezuidenhout	00:00:00	
<b>21 VETERAN MEN</b>						
21VETMENRUN	42284	307	Joseph	Haita	01:25:37	1
21VETMENRUN	42285	308	Fillemon N.	Haitembu	01:34:15	2
21VETMENRUN	42378	401	Arthur	Makhaza	01:40:47	3
21VETMENRUN	2225	2118	Percy	Tjipe	01:40:59	4
21VETMENRUN	42477	500	Simon	Shipingana	01:42:34	5
21VETMENRUN	42229	252	Munyaradzi	Chipfupa	01:42:58	6
21VETMENRUN	42234	257	Eugene	Crüys	01:44:05	7
21VETMENRUN	2258	2113	Munyaradzi	Mukesi	01:45:09	8
21VETMENRUN	42349	372	Karl	Klitzke	01:47:29	9
21VETMENRUN	42510	2033	Jaco	Van Heerden	01:49:06	10
21VETMENRUN	42237	260	jose marcelo	de almeida da silva	01:50:24	11
21VETMENRUN	42421	444	Gerd	Niehaus	01:50:33	12
21VETMENRUN	42532	2055	Frikkie	Viljoen	01:52:11	13
21VETMENRUN	42471	494	Mathias	Shifeleni	01:54:28	14
21VETMENRUN	2228	2116	Phillip	Sonntag	02:00:24	15
21VETMENRUN	2137	377	Ricardo	Isaacs	02:01:20	16
21VETMENRUN	2106	2126	Pshesheya	Dflamini	02:07:19	17
21VETMENRUN	42260	283	Michael	Feldmann	02:10:07	18
21VETMENRUN	42487	2010	Espe	Steyl	02:10:44	19
21VETMENRUN	42247	270	Doran	Doise	02:11:22	20

CAT	TAG	NR	NAME	SURNAME	TIME	POS
21VETMENRUN	42371	394	Vincent Meyer	Louw	02:11:26	21
21VETMENRUN	2479	2102	Tielman Johannes	Neethling	02:12:09	22
21VETMENRUN	42515	2038	Bushy	Van Rooi	02:12:13	23
21VETMENRUN	42288	311	Hafeni	Hamukoto	02:12:25	24
21VETMENRUN	42449	472	Anton	Roets	02:13:00	25
21VETMENRUN	42521	2044	Oscar	van Wyk	02:14:07	26
21VETMENRUN	42402	425	Heinrich Muatala	Muvi-Tjikalepo	02:14:17	27
21VETMENRUN	42437	460	Robert	Pellegrini	02:16:16	28
21VETMENRUN	2128	2128	Jean Marc Mezui	Engo	02:17:00	29
21VETMENRUN	42209	232	Michael	Bottger	02:19:29	30
21VETMENRUN	42178	201	James	Abbott	02:19:56	31
21VETMENRUN	2404	2077	Michael	Badenhorst	02:19:57	32
21VETMENRUN	42240	263	Barend	De Waal	02:19:57	33
21VETMENRUN	42553	2076	Clive	Kavendjii	02:21:53	34
21VETMENRUN	42348	371	Derick	Klein	02:29:30	35
21VETMENRUN	42397	420	Clifford	Mouton	02:36:16	36
21VETMENRUN	2122	2129	Gideon	Elkana	02:41:55	37
21VETMENRUN	42425	448	James	Nyandoro	02:44:05	38
21VETMENRUN	42117	117	Mohamed	Nur	02:52:56	39
21VETMENRUN	42264	287	Gerrit	Fouche	03:10:45	40
21VETMENRUN	42307	330	Sam	Ikela	00:00:00	
21VETMENRUN	42507	2030	WD	van Dyk	00:00:00	
21VETMENRUN	42228	251	Takaruda	Chinyoka	00:00:00	
21VETMENRUN	42203	226	Albert	Boesak	00:00:00	
21VETMENRUN	42399	422	Sunull	Mouton	00:00:00	
21VETMENRUN	42413	436	Mattie T	Ndamekele	00:00:00	
21VETMENRUN	42198	221	Brent	Beukes	00:00:00	
<b>21 MASTER MEN</b>						
21MMENRUN	2253	2114	Jackson	Hamwele	01:29:28	1
21MMENRUN	42541	2064	Manfred	Vorback	01:29:32	2
21MMENRUN	2069	2111	Joseph	Amon	01:34:13	3
21MMENRUN	42046	484	Frank	Fielding	01:46:01	4
21MMENRUN	2096	2109	Charlie	Du Toit	01:52:29	5
21MMENRUN	42358	381	Johan	Landers	02:11:27	6
21MMENRUN	2470	2099	Andreas	Shikesho	02:12:34	7
21MMENRUN	42517	2040	Renier	Van Rooyen	02:14:52	8
21MMENRUN	42282	305	Karl	Grunschloss	02:15:53	9
21MMENRUN	42448	471	Gunther	Roeber	02:18:12	10
21MMENRUN	42180	203	Henke	Ackermann	02:22:47	11
21MMENRUN	42459	482	Gerard	Rust	02:24:32	12
21MMENRUN	42505	2028	Pieter	van der Westhuizen	02:26:04	13
21MMENRUN	42427	450	Kobus	Oberholzer	02:32:46	14
21MMENRUN	2407	2078	Gertrude	Shipiki	03:20:23	15
21MMENRUN	42463	486	Hans-Juergen	Sauer	00:00:00	
21MMENRUN	42294	317	Fabian	Haufiku	00:00:00	
21MMENRUN	42376	399	James W.	Maggott	00:00:00	
21MMENRUN	42479	2002	John	Siseho	00:00:00	
21MMENRUN	42551	2074	Ulli	Zahradnicky	00:00:00	
<b>21 GRAND MASTER MEN</b>						

CAT	TAG	NR	NAME	SURNAME	TIME	POS
21GMMRUN	42539	2062	Hermann	Volkman	01:57:32	1
21GMMRUN	42206	229	Daniel	Botes	01:58:52	2
21GMMRUN	42530	2053	John	Vermeulen	02:03:00	3
21GMMRUN	42516	2039	Deane	van Rooyen	02:11:25	4
21GMMRUN	42233	256	Chris	Cronje	02:21:58	5
21GMMRUN	42207	230	Ross	Botha	02:24:28	6
21GMMRUN	42514	2037	Johnie	van Niekerk	02:39:19	7
21GMMRUN	2426	2085	Marobo	Mothapo	02:50:16	8
21GMMRUN	42524	2047	Fanie	van Wyngaard	02:51:20	9
21GMMRUN	42232	255	Andrew	Crawshay-Hall	02:52:51	10
21GMMRUN	42466	489	Sekgothe	Sekhukhune	00:00:00	

## 2019 HANGANA HAKE RUN & RIDE

### 10Km RUN

CAT	TAG	NR	NAME	SURNAME	TIME	POS
<b>10 JUNIOR WOMEN</b>						
10JWOMRUN	2173	4114	Tuuliki	Mwesheendifa	00:46:10	1
10JWOMRUN	2067	4047	Simon	Potgieter	00:49:05	2
10JWOMRUN	2064	4046	Anya	Potgieter	00:53:55	3
10JWOMRUN	42777	724	Vannesa-Mae	Mouton	01:06:19	4
10JWOMRUN	42951	3097	Merne	Wiese	01:11:04	5
10JWOMRUN	42718	665	Jasmine Christine	Kibble	01:15:50	6
10JWOMRUN	42719	666	Tyler Leeann	Kibble	01:23:42	7
10JWOMRUN	42928	3074	Kevanni	van Wyk	01:32:41	8
10JWOMRUN	2261	4083	Joy	Lewis	01:59:04	9
10JWOMRUN	42759	706	Ashley	Martins	00:00:00	
10JWOMRUN	42695	642	Ada	Kahl	00:00:00	
10JWOMRUN	42558	505	Cornelia	Alpers	00:00:00	
10JWOMRUN	42841	788	Ida- Marie	Roets	00:00:00	
10JWOMRUN	42840	787	Ida Marie	Roets	00:00:00	
10JWOMRUN	42861	3007	Kaedi	Schrader	00:00:00	
10JWOMRUN	42636	583	A.	Ferreira	00:00:00	
10JWOMRUN	42675	622	Shakira	Isaaks	00:00:00	
10JWOMRUN	42754	701	Sue-Melle	Mans	00:00:00	
<b>10 OPEN WOMEN</b>						
10OWOMRUN	2209	595	Victoria	Shapwa	00:30:16	1
10OWOMRUN	2101	4102	Shiweda	Ndinelao	00:46:18	2
10OWOMRUN	2236	4091	Monika	Lasarus	00:48:26	3
10OWOMRUN	2471	2040	Roelene	Schaaf	00:48:33	4
10OWOMRUN	42878	3024	Martha	Shiyanga	00:51:14	5
10OWOMRUN	42633	580	Charne	Feris	00:51:46	6
10OWOMRUN	2482	2482	Monique	Muir	00:54:19	7
10OWOMRUN	42904	3050	Renette	van den Heever	00:54:45	8
10OWOMRUN	2047	4036	Louise	Engels	00:55:02	9
10OWOMRUN	42704	651	Gloria	Kapingana	00:55:27	10
10OWOMRUN	42930	3076	Janine	Van Wyk	00:55:30	11
10OWOMRUN	42882	3028	Azani	Smit	00:55:36	12
10OWOMRUN	42662	609	Madelàne	Hennop	00:55:37	13

CAT	TAG	NR	NAME	SURNAME	TIME	POS
10WOMRUN	42901	3047	Rina	Valentin	00:57:08	14
10WOMRUN	42912	3058	Junitha	Van Niekerk	00:57:19	15
10WOMRUN	42905	3051	Sterlia	van der Merwe	00:57:21	16
10WOMRUN	42644	591	Lezaan	Groenewald	00:57:40	17
10WOMRUN	42914	3060	Chantel	van Rooyen	00:57:41	18
10WOMRUN	42916	3062	Anel	van Schalkwyk	00:57:58	19
10WOMRUN	42595	542	Belinda	Bronkhorst	00:58:00	20
10WOMRUN	42607	554	Marlize	Coetzee	00:58:42	21
10WOMRUN	2425	3010	Hendrina	Louw	00:58:44	22
10WOMRUN	42745	692	Emilia	Londen	00:58:53	23
10WOMRUN	42747	694	Lucy	Louw	00:58:59	24
10WOMRUN	42638	585	Antonette	Fourie	00:59:56	25
10WOMRUN	42608	555	Griet-Marie	Coetzee	01:00:14	26
10WOMRUN	42665	612	Lizelle	Hill	01:00:24	27
10WOMRUN	42627	574	Birgit	Ellinger	01:00:32	28
10WOMRUN	42950	3096	Megan	Whitney	01:00:33	29
10WOMRUN	42921	3067	Magda	van Wyk	01:00:50	30
10WOMRUN	2289	4066	Maria	Josef	01:00:51	31
10WOMRUN	42824	771	Sophy	Partenbach-Fick	01:01:25	32
10WOMRUN	42893	3039	Leonie	Swanepoel	01:01:27	33
10WOMRUN	2097	4044	Rochelle	Bloem	01:01:42	34
10WOMRUN	42450	3017	Annemarie	Roets	01:01:49	35
10WOMRUN	42563	510	Elizabeth	Amutenya	01:01:58	36
10WOMRUN	42765	712	Tarryn	McNamara	01:02:14	37
10WOMRUN	42626	573	Marijke	Egerer	01:02:14	38
10WOMRUN	42667	614	Tanja	Hoffmann	01:02:27	39
10WOMRUN	2452	4009	Mariana	Mbako	01:02:48	40
10WOMRUN	42669	616	Mimi	Hough	01:03:16	41
10WOMRUN	42419	4061	Heike	Neuburg	01:03:18	42
10WOMRUN	42752	699	MONIKA	MALAPI	01:03:55	43
10WOMRUN	42742	689	Elzabe	Lintvelt	01:04:05	44
10WOMRUN	2427	3011	Caroline	Gruhn	01:04:33	45
10WOMRUN	42846	793	Sarie	Rossouw	01:04:35	46
10WOMRUN	2266	590	Cynthia	Tjipuka	01:04:49	47
10WOMRUN	42906	3052	Claudia	Van der Merwe	01:04:53	48
10WOMRUN	42606	553	Eianza	Coetzee	01:05:08	49
10WOMRUN	42681	628	Lientjie	Jansen van Rensburg	01:05:13	50
10WOMRUN	42920	3066	Khadeejah	van Wyk	01:05:15	51
10WOMRUN	42857	3003	Melissa	Schoeman	01:05:17	52
10WOMRUN	42802	749	Rakkell	Nehale	01:06:18	53
10WOMRUN	42367	4060	Jacqueline	Lohmann	01:06:19	54
10WOMRUN	42941	3087	Juanita	Visser	01:06:25	55
10WOMRUN	42850	797	Jeanette	Schean	01:06:32	56
10WOMRUN	2287	4067	Ndinelago	Heita	01:06:55	57
10WOMRUN	42828	775	Fenolia	Pillemon	01:07:32	58
10WOMRUN	2143	4111	Kumbee	Kaseraera	01:07:41	59
10WOMRUN	42768	715	Naomi	Milne	01:07:54	60
10WOMRUN	42634	581	Ruthild	Ferreira	01:07:55	61
10WOMRUN	42734	681	Daphne	Kozlova	01:07:56	62

CAT	TAG	NR	NAME	SURNAME	TIME	POS
10OWOMRUN	2224	4093	Julia	Enkali	01:08:05	63
10OWOMRUN	2467	4019	Delfina	Martins	01:08:08	64
10OWOMRUN	42737	684	Mareleen	Langford	01:08:11	65
10OWOMRUN	42591	538	Joané	Boltman	01:08:11	66
10OWOMRUN	42911	4003	Martine	Behr	01:08:23	67
10OWOMRUN	42621	568	Karin	Dronia	01:08:25	68
10OWOMRUN	42440	4096	Nerina	Pentz	01:08:43	69
10OWOMRUN	42707	654	Segomotso	Karwapa	01:08:55	70
10OWOMRUN	42860	3006	Judy	Schrader	01:09:18	71
10OWOMRUN	2402	3001	Sonja	Engelbrecht	01:09:23	72
10OWOMRUN	42918	3064	Corné	van Wyk	01:09:25	73
10OWOMRUN	42753	700	Sue-Allen	Mans	01:09:31	74
10OWOMRUN	42562	509	Saara	Amukugo	01:09:35	75
10OWOMRUN	42589	536	ANKE	BODENSTEIN	01:09:39	76
10OWOMRUN	42568	515	Erika	Ashipala	01:09:55	77
10OWOMRUN	42761	708	Verena	Matthies	01:10:04	78
10OWOMRUN	42865	3011	Amoure	Schwartz	01:10:38	79
10OWOMRUN	2290	4072	Mildred	Hendricks	01:10:46	80
10OWOMRUN	42776	723	Tarina	Mostert	01:10:58	81
10OWOMRUN	42785	732	Winnet	Murerwa	01:11:01	82
10OWOMRUN	2065	4056	Jene-Lee	Tsuses	01:11:04	83
10OWOMRUN	42727	674	Jennilee	Kohima	01:11:25	84
10OWOMRUN	42588	535	Natania	Beukes	01:11:40	85
10OWOMRUN	42839	786	Marrell	Rencs	01:11:55	86
10OWOMRUN	42796	743	Marinette	Naude	01:11:58	87
10OWOMRUN	42886	3032	Marista	Smith	01:12:01	88
10OWOMRUN	42461	4005	chrystal	salt	01:12:12	89
10OWOMRUN	2440	4001	Rachelle	Hammerslaght	01:12:44	90
10OWOMRUN	42943	3089	Anja	Volkmann	01:12:48	91
10OWOMRUN	2284	4073	Marina	Welthagen	01:12:54	92
10OWOMRUN	42851	798	Melleney	Scheffers	01:13:28	93
10OWOMRUN	42834	781	Wilmari	Pronk	01:13:29	94
10OWOMRUN	42749	696	Chawapuwa	Mabvoro	01:13:43	95
10OWOMRUN	2459	4013	Kaino	Junias	01:13:51	96
10OWOMRUN	42782	729	Carla	Mulder	01:13:56	97
10OWOMRUN	42746	693	Georgitte	Losper	01:13:57	98
10OWOMRUN	2099	4037	Charlene	Swanepoel	01:14:40	99
10OWOMRUN	2412	3003	Uiiue	Tjivikua	01:14:52	100
10OWOMRUN	2490	4014	Sophia	Kairi	01:14:59	101
10OWOMRUN	42774	721	Petra	Mösslacher	01:15:10	102
10OWOMRUN	42701	648	Charmaine	Kandombo	01:15:25	103
10OWOMRUN	42837	784	Laura-Anne	Rainey	01:15:57	104
10OWOMRUN	42818	765	Rufina	Nuwuseb	01:16:12	105
10OWOMRUN	42653	600	Charlene	Hartung	01:16:17	106
10OWOMRUN	2430	3012	Bev	Henckert	01:16:17	107
10OWOMRUN	2450	4008	Claudia	Vahekeni	01:16:20	108
10OWOMRUN	2111	4106	Elizabeth	Farmer	01:17:56	109
10OWOMRUN	42610	557	Jenny	Corazain	01:18:02	110
10OWOMRUN	42798	745	Linea	Ndaitwah	01:18:03	111



CAT	TAG	NR	NAME	SURNAME	TIME	POS
10OWOMRUN	2423	3008	Elsabe	Chipasha	01:18:22	112
10OWOMRUN	42859	3005	Monja	Scholtz	01:19:07	113
10OWOMRUN	42630	577	Hendrina	Engelbrecht	01:19:10	114
10OWOMRUN	42674	621	Elizabeth	Ilonga	01:19:23	115
10OWOMRUN	2283	761	Martha	van Zyl	01:19:28	116
10OWOMRUN	42755	702	Shereez	Martin	01:19:37	117
10OWOMRUN	42890	3036	Jo-Marie	Steyn	01:20:17	118
10OWOMRUN	42889	3035	Carelynn	Stander	01:20:22	119
10OWOMRUN	42922	3068	Natasha	Van Wyk	01:20:28	120
10OWOMRUN	42611	558	Jeanine	Dausab	01:20:50	121
10OWOMRUN	42953	3099	Nadine	Willemse	01:20:50	122
10OWOMRUN	42830	777	Justine	Polster	01:20:58	123
10OWOMRUN	42910	3056	Bianca	van Niekerk	01:21:12	124
10OWOMRUN	42725	672	Mari	Koch	01:21:35	125
10OWOMRUN	2114	4107	Linea	Auala	01:21:41	126
10OWOMRUN	42597	544	Elzinre	Burger	01:21:45	127
10OWOMRUN	42590	537	Mariette	Boltman	01:21:47	128
10OWOMRUN	42903	3049	Leandra	van Bosch	01:21:49	129
10OWOMRUN	2206	4101	Paula	Louw	01:21:55	130
10OWOMRUN	2205	4100	Alda-Marie	Breytenbach	01:21:57	131
10OWOMRUN	42393	512	Chenai	Mhangami	01:22:07	132
10OWOMRUN	42730	677	Tilana	Kotze	01:22:11	133
10OWOMRUN	42602	549	Samantha	Claasen	01:22:11	134
10OWOMRUN	2257	4085	Mercilyn	Chikwara	01:22:21	135
10OWOMRUN	2293	4062	Jana	Burge	01:22:47	136
10OWOMRUN	42908	3054	Lindie	Van Donkelaar	01:23:01	137
10OWOMRUN	42793	740	Zelda	Nangolo	01:23:03	138
10OWOMRUN	42744	691	Susca	Loftie-Eaton	01:23:26	139
10OWOMRUN	42896	3042	Colene	Theron	01:23:59	140
10OWOMRUN	42692	639	Sonja	Junius	01:25:04	141
10OWOMRUN	42574	521	Sunel	Badenhorst	01:25:07	142
10OWOMRUN	42800	747	Nobubelo	Nderecha	01:25:13	143
10OWOMRUN	42858	3004	Elzane	Scholtz	01:25:13	144
10OWOMRUN	42567	514	Bianca	Aring	01:25:18	145
10OWOMRUN	42629	576	Emiliana	Endjala	01:25:24	146
10OWOMRUN	2237	4090	Janine	Smith	01:25:49	147
10OWOMRUN	42770	717	Imelda	Moller	01:25:52	148
10OWOMRUN	42586	533	Roxanne	Benade	01:26:12	149
10OWOMRUN	42804	751	Esmari	Nel	01:26:47	150
10OWOMRUN	42691	638	Elaine	Junius	01:27:02	151
10OWOMRUN	42867	3013	Lyndsey	Shafiei	01:27:29	152
10OWOMRUN	2123	4110	Nadine	Heberling	01:28:14	153
10OWOMRUN	42767	714	Kerry-anne	Meyer	01:28:15	154
10OWOMRUN	42726	673	Madeleine	Koegelenberg	01:30:43	155
10OWOMRUN	2476	4025	Jeannette	Pelser	01:31:19	156
10OWOMRUN	42819	766	Chrisna	O'Kennedy	01:31:36	157
10OWOMRUN	42714	661	Marilyn	Khairabes	01:32:02	158
10OWOMRUN	2431	3013	Natalia	Haulofu	01:32:15	159
10OWOMRUN	2281	4074	Clothilda (Tilly)	De Koe	01:32:59	160

CAT	TAG	NR	NAME	SURNAME	TIME	POS
10WOMRUN	42750	697	Gudi	MacRobert	01:33:25	161
10WOMRUN	42813	760	Elmare	Nieuwoudt	01:33:43	162
10WOMRUN	42594	541	Hanelie	Brendenkamp	01:33:53	163
10WOMRUN	2494	3015	Emelia	Theron	01:34:00	164
10WOMRUN	42816	763	Diana	Nuule	01:34:55	165
10WOMRUN	42762	709	Kaitetua	Mbai	01:34:56	166
10WOMRUN	2110	4105	Lizelna	Hoabes	01:38:00	167
10WOMRUN	2295	4065	Orlanda	Kambindangolo	01:38:01	168
10WOMRUN	2292	4064	Carolina	Kajele	01:38:02	169
10WOMRUN	2265	4081	Maureen	Louw	01:38:45	170
10WOMRUN	42915	3061	Maggie	van Rooyen	01:38:47	171
10WOMRUN	2088	4054	Selma	Inkono	01:39:10	172
10WOMRUN	42723	670	Nitacha	Klazen	01:42:25	173
10WOMRUN	42868	3014	Sophia	Sheehama	01:43:15	174
10WOMRUN	42600	547	Makungu	Chauke	01:45:51	175
10WOMRUN	2256	4086	Benita	Delpport	01:46:27	176
10WOMRUN	42631	578	Yolandi	Esterhuisen	01:47:18	177
10WOMRUN	42580	527	Melani	Bamberger	01:47:26	178
10WOMRUN	42779	726	Camelot	Brinkmann	01:47:27	179
10WOMRUN	2456	4011	Zhantay	Frans	01:49:17	180
10WOMRUN	2297	4059	Marelsha	Mouton	01:51:36	181
10WOMRUN	42715	662	Edith	Khairabes	01:55:23	182
10WOMRUN	42716	663	Gladdys	Khairabes	01:55:24	183
10WOMRUN	42854	3000	Michelle	Scheun	01:55:54	184
10WOMRUN	42863	3009	Karien	Schutte	01:55:56	185
10WOMRUN	42788	735	Christine July	Mweti	01:58:44	186
10WOMRUN	2215	4099	Anne-Marie	Du Toit	01:58:45	187
10WOMRUN	42938	3084	Diana	Viljoen	01:59:09	188
10WOMRUN	2262	4082	Amanda	Pick	01:59:09	189
10WOMRUN	42585	532	Hailey	Bathurst	00:00:00	
10WOMRUN	42842	789	Laurencia	Rooinasie	00:00:00	
10WOMRUN	42794	741	Gail	Nashandi	00:00:00	
10WOMRUN	2487	4016	Amanda	Steenkamp	00:00:00	
10WOMRUN	42817	764	Diana	Nuule	00:00:00	
10WOMRUN	42619	566	Mingeli	Doliana	00:00:00	
10WOMRUN	42780	727	Monique	Muir	00:00:00	
10WOMRUN	42810	757	Kaino	Nghitongo	00:00:00	
10WOMRUN	42617	564	Estie	De Witt	00:00:00	
10WOMRUN	42792	739	Melani	Namwandi	00:00:00	
10WOMRUN	42897	3043	Uaatjo	Tjatjitua	00:00:00	
10WOMRUN	42929	3075	Lize-Mari	van Wyk	00:00:00	
10WOMRUN	42616	563	Anika	De wet	00:00:00	
10WOMRUN	42831	778	Justine	Polster	00:00:00	
10WOMRUN	42827	774	Carmen	Penderis	00:00:00	
10WOMRUN	42937	3083	Rachelle	Viljoen	00:00:00	
10WOMRUN	42899	3045	Ally	Uxamb	00:00:00	
10WOMRUN	42596	543	Miriam	Bryne	00:00:00	
10WOMRUN	42924	3070	Judy	Van Wyk	00:00:00	
10WOMRUN	42613	560	Wilmili	De Brun	00:00:00	

CAT	TAG	NR	NAME	SURNAME	TIME	POS
10WOMRUN	42803	750	Herodia	Nehale	00:00:00	
10WOMRUN	42572	519	Tessa	Baas	00:00:00	
10WOMRUN	42673	620	Klaudia	Iiyambo	00:00:00	
10WOMRUN	42556	503	Marlene	Alfredo	00:00:00	
10WOMRUN	42655	602	Aliza	Hashagen	00:00:00	
10WOMRUN	42682	629	Liezl	Jansen van Rensburg	00:00:00	
10WOMRUN	42712	659	Ella	Kavita	00:00:00	
10WOMRUN	42808	755	Martha	Nevonga	00:00:00	
10WOMRUN	42891	3037	Juandri	Steytler	00:00:00	
10WOMRUN	42711	658	Elfrieda	Kauatuuapehi	00:00:00	
10WOMRUN	42583	530	Ingrid	Basson	00:00:00	
10WOMRUN	42684	631	Ivana	Januarie	00:00:00	
10WOMRUN	42811	758	Ntsakisi	Ngobeni	00:00:00	
10WOMRUN	42879	3025	Eunice N.	Sikongo	00:00:00	
10WOMRUN	42706	653	Tapia	Kapiya	00:00:00	
10WOMRUN	42764	711	Zenobia	Mckay	00:00:00	
10WOMRUN	42771	718	Lucille	Moller	00:00:00	
10WOMRUN	42934	3080	Tania	Veldman	00:00:00	
10WOMRUN	42598	545	Birgit	Carny	00:00:00	
10WOMRUN	42659	606	Merike	Heath	00:00:00	
10WOMRUN	42661	608	Glory	Hengari	00:00:00	
10WOMRUN	42702	649	Coco	Kangueehi	00:00:00	
10WOMRUN	42790	737	Yvonne	Mwilima	00:00:00	
10WOMRUN	42642	589	Charmaine	Geises	00:00:00	
10WOMRUN	42670	617	Liezl	Hoving	00:00:00	
10WOMRUN	42795	742	Denize	Nasilowski	00:00:00	
10WOMRUN	42632	579	Jenny	Esterhuizen	00:00:00	
10WOMRUN	42884	3030	Christina	Smit	00:00:00	
10WOMRUN	42887	3033	Christina	Smith	00:00:00	
10WOMRUN	42925	3071	Marna	van Wyk	00:00:00	
10WOMRUN	42615	562	Indepentia	De Waldt	00:00:00	
10WOMRUN	42680	627	Sumari	Jans	00:00:00	
10WOMRUN	42756	703	Liza	Martins	00:00:00	
10WOMRUN	42710	657	Georgia	Kauapirura	00:00:00	
10WOMRUN	42832	779	Kim	Pope-Ellis	00:00:00	
10WOMRUN	42833	780	Jackie	Prins	00:00:00	
10WOMRUN	42944	3090	Annarien	Vorster	00:00:00	
10WOMRUN	42856	3002	Isabell	Schnoor	00:00:00	
10WOMRUN	42954	3100	Michelle	Wilson	00:00:00	
10WOMRUN	42778	725	Velile A.	Mthwako	00:00:00	
10WOMRUN	42732	679	Wilma P.	Kotze	00:00:00	
10WOMRUN	42949	3095	Tersia	Weyers	00:00:00	
10WOMRUN	42892	3038	Rene	Strauss	00:00:00	
10WOMRUN	42898	3044	Nonnie	Tjitemisa	00:00:00	
10WOMRUN	42696	643	Jesse	Kahl	00:00:00	
10WOMRUN	42698	645	Johanna	Kalondo	00:00:00	
10WOMRUN	42772	719	Bawinile	Moloi	00:00:00	
10WOMRUN	42853	800	Michelle	Scheun	00:00:00	
10WOMRUN	42559	506	Greta-Marie	Alpers	00:00:00	

CAT	TAG	NR	NAME	SURNAME	TIME	POS
10OWOMRUN	42748	695	Adri	Louw	00:00:00	
10OWOMRUN	42812	759	Emmah	Ngwenya	00:00:00	
10OWOMRUN	42624	571	Bettie	Du Plessis	00:00:00	
10OWOMRUN	42866	3012	Sekgothe	Sekhukhune	00:00:00	
10OWOMRUN	42805	752	Maria	Nel	00:00:00	
10OWOMRUN	42582	529	Brigitte	Bartsch	00:00:00	
10OWOMRUN	2089	4055	Linea	Heita	00:00:00	
10OWOMRUN	2278	4075	Vanessa	Boesak	00:00:00	
10OWOMRUN	2087	4053	Charmen	Victor	00:00:00	
10OWOMRUN	2217	4098	Sydney	Radandt	00:00:00	
10OWOMRUN	2144	4113	Nichole	Kulikowski	00:00:00	

#### 10 JUNIOR MEN

10JMRUN	2251	4088	Alpo	Mbumba	00:36:12	1
10JMRUN	2285	4071	Michael	Paulus	00:36:52	2
10JMRUN	2438	4000	Ethan	Snyders	00:41:19	3
10JMRUN	2248	4089	Linus	Kambonde	00:48:32	4
10JMRUN	2444	4004	Nathan	Snyders	00:49:40	5
10JMRUN	2058	4040	Abdul Gamiet	Arend	00:54:15	6
10JMRUN	42576	523	Reuben	Bailey	00:55:18	7
10JMRUN	42554	501	Jonathan	Abbott	00:56:50	8
10JMRUN	2286	4068	Alan Calib	Hartuns	00:58:28	9
10JMRUN	42587	534	Lyndon	Beukes	00:58:31	10
10JMRUN	2060	4041	Abdal Maalik	Heuvel	01:02:20	11
10JMRUN	42575	522	Benjamin	Bailey	01:03:00	12
10JMRUN	2056	4039	Ismail	Brenner	01:03:12	13
10JMRUN	2061	4042	Majdy	Naidoo	01:03:27	14
10JMRUN	2062	4043	Fayyaz	Naidoo	01:04:06	15
10JMRUN	42690	637	Release	Joseph	01:29:49	16
10JMRUN	42741	688	Darrel	Links	01:29:49	17
10JMRUN	2260	4084	Julian	Pick	01:59:03	18
10JMRUN	42939	3085	Hendrik	Viljoen	01:59:06	19
10JMRUN	42826	773	Troyden	Pellegrini	02:01:02	20
10JMRUN	42739	686	Francois	Le Roux	00:00:00	
10JMRUN	42758	705	Kian	Martins	00:00:00	
10JMRUN	42927	3073	Xuanthu	Van Wyk	00:00:00	
10JMRUN	42557	504	Walter	Alpers	00:00:00	
10JMRUN	42612	559	Dale	Davies	00:00:00	
10JMRUN	42766	713	Keagan	Meyer	00:00:00	
10JMRUN	42728	675	Kai	Kolling	00:00:00	

#### 10 OPEN MEN

100MENRUN	42703	650	Annaias	Simon	00:32:58	1
100MENRUN	2446	4006	Albertinus	Goeieman	00:36:09	2
100MENRUN	42561	508	Anaias	Ambunda	00:39:56	3
100MENRUN	2472	4021	Erastus	Kandjala	00:41:57	4

CAT	TAG	NR	NAME	SURNAME	TIME	POS
100MENRUN	2473	4022	Shaanika	Ndeshipanda	00:43:57	5
100MENRUN	42875	3021	Desiderius	Shipena	00:45:38	6
100MENRUN	42799	746	Heikki	Ndakolute	00:46:14	7
100MENRUN	42622	569	Johan	Du Plessis	00:48:02	8
100MENRUN	42603	550	Jacques	Cloete	00:48:14	9
100MENRUN	42657	604	Akutu	Hashoongo	00:49:18	10
100MENRUN	2491	4012	Gottfried	Araeb	00:49:48	11
100MENRUN	42593	540	Leandro	Braga	00:50:16	12
100MENRUN	2221	4094	Even	Pretorius	00:50:17	13
100MENRUN	2255	4087	Conroy	Mouton	00:50:27	14
100MENRUN	2074	4048	Steve	Diergaardt	00:50:47	15
100MENRUN	2200	4079	Epson	!Naraseb	00:51:07	16
100MENRUN	42797	744	Dawid P.	Ndahanwapo	00:51:13	17
100MENRUN	42672	619	Puleinge	Ihuhua	00:52:06	18
100MENRUN	42773	720	Clement	Morwe	00:53:08	19
100MENRUN	2298	4058	Paulus	Petaya	00:53:11	20
100MENRUN	2464	4018	Otto	Swarts	00:53:19	21
100MENRUN	42683	630	Gino	Januarie	00:53:22	22
100MENRUN	42909	3055	Charles	van Eeden	00:53:39	23
100MENRUN	42618	565	Marc	Delport	00:53:57	24
100MENRUN	42664	611	Walter	Henseler	00:54:13	25
100MENRUN	42942	3088	Louis	Visser	00:55:34	26
100MENRUN	42705	652	Ludwig	Kapingana	00:56:00	27
100MENRUN	2437	3018	Lance	Hauuanga	00:56:08	28
100MENRUN	42736	683	Hennie	Lacock	00:56:33	29
100MENRUN	2480	4028	Stefan	Swartz	00:56:35	30
100MENRUN	42845	792	Wouter	Rossouw	00:56:50	31
100MENRUN	2109	4104	Danie	Greeff	00:56:53	32
100MENRUN	42806	753	Bjorn	Nell	00:56:53	33
100MENRUN	2481	4029	Schalk	Oosthuizen	00:57:00	34
100MENRUN	42738	685	Wilhelm	Laubscher	00:57:11	35
100MENRUN	42519	4092	Kobus	Van Schalkwyk	00:57:58	36
100MENRUN	42296	3007	Werner	Kapanga	00:58:02	37
100MENRUN	42639	586	Hennie	Fourie	00:58:11	38
100MENRUN	2053	4035	Serafin	Pousada	00:58:55	39
100MENRUN	42820	767	Neville	Onesmus	00:59:14	40
100MENRUN	2486	4017	Alexander	Oliveira	00:59:22	41
100MENRUN	42926	3072	Abri	Van Wyk	00:59:32	42
100MENRUN	42936	3082	Rocco	Viljoen	01:00:15	43
100MENRUN	2272	4078	Wayne	Robinson	01:00:28	44
100MENRUN	42880	3026	Johannes	Silver	01:00:49	45
100MENRUN	42836	783	Gino	Raffie	01:00:53	46
100MENRUN	2442	4002	Gerhard	Snyders	01:01:08	47
100MENRUN	42829	776	Kalli	Pieters	01:01:46	48
100MENRUN	42604	551	Cheslin	Cloete	01:01:51	49
100MENRUN	2449	4007	Alderman	Wilfred	01:02:08	50
100MENRUN	2432	3016	Alexander	Santos	01:02:48	51
100MENRUN	42577	524	Richard	Bailey	01:03:00	52
100MENRUN	42735	682	Derek	Labansat	01:03:23	53

CAT	TAG	NR	NAME	SURNAME	TIME	POS
10OWOMRUN	42720	667	Julian	Karambua	01:03:26	54
10OMENRUN	42931	3077	Pierre	van Zyl	01:03:50	55
10OMENRUN	42862	3008	Paul	Schrader	01:04:07	56
10OMENRUN	2488	4015	Phillipus	Kaune	01:04:21	57
10OMENRUN	42822	769	Richard	Pallais	01:04:25	58
10OMENRUN	2420	3006	Gerard	Van Wijk	01:04:28	59
10OMENRUN	42844	791	Karel	Rosouw	01:04:35	60
10OMENRUN	42011	3009	Risenga	Baloyi	01:04:39	61
10OMENRUN	2091	4057	Hendrick	Kadhila	01:04:51	62
10OMENRUN	2269	4080	Elvis	Goseb	01:04:57	63
10OMENRUN	2063	4045	Howard	Van Boven	01:05:03	64
10OMENRUN	2485	2485	Shaun	White	01:05:14	65
10OMENRUN	2115	4108	Canvyl	Besser	01:05:24	66
10OMENRUN	42566	513	REMIGIUS	ANGULA	01:05:25	67
10OMENRUN	42740	687	FREDERICK	LEECH	01:05:38	68
10OMENRUN	42843	790	Peter	Rosenbaum	01:05:47	69
10OMENRUN	42678	625	Marlon	Izaks	01:06:55	70
10OMENRUN	42620	567	Johan	Douglas	01:07:31	71
10OMENRUN	42787	734	Albert	Mweti	01:07:48	72
10OMENRUN	42917	3063	Rudolph	Van Vyck	01:08:02	73
10OMENRUN	42671	618	Dos Santos	Ihuhua	01:08:16	74
10OMENRUN	42911	3057	Christoff	Van Niekerk	01:08:23	75
10OMENRUN	2478	4026	Felix	Van der Walt	01:08:43	76
10OMENRUN	2055	4038	Christo	Swarts	01:08:46	77
10OMENRUN	42212	4063	Wynand	Breytenbach	01:08:49	78
10OMENRUN	42940	3086	Rocco (Jnr)	Viljoen (Jnr)	01:08:52	79
10OMENRUN	2223	4095	William	De' Ath	01:08:58	80
10OMENRUN	2294	4070	Fares	Tjaverua	01:09:21	81
10OMENRUN	42947	3093	Byron	Westerdale	01:09:41	82
10OMENRUN	42599	546	Gerhard	Carstens	01:09:46	83
10OMENRUN	2280	4077	Werner	Ahrens	01:10:04	84
10OMENRUN	2413	3004	Corne	Engelbrecht	01:10:39	85
10OMENRUN	42354	4112	Leon	Kufa	01:10:40	86
10OMENRUN	42614	561	COLIN	DE LA HARPE	01:11:28	87
10OMENRUN	2277	4076	Konrad	Grunschloss	01:12:55	88
10OMENRUN	42775	722	Alberto	Mostert	01:13:43	89
10OMENRUN	2492	3014	Albert	Strydom	01:14:32	90
10OMENRUN	42713	660	Don Mchenry	Kazauana	01:15:01	91
10OMENRUN	42650	597	Jonas	Hamunyela	01:15:25	92
10OMENRUN	42825	772	Stuart	Pearce	01:15:56	93
10OMENRUN	2079	4051	Mervin	Martins	01:18:15	94
10OMENRUN	42579	526	Hendrik	Bam	01:18:25	95
10OMENRUN	42888	3034	Adriaan	Stander	01:20:22	96
10OMENRUN	42651	598	Emile	Hart	01:20:48	97
10OMENRUN	42688	635	Llewellyn	Johr	01:21:46	98
10OMENRUN	42923	3069	Romeo	van Wyk	01:21:57	99
10OMENRUN	42592	539	Don-Ray	Botha	01:23:42	100
10OMENRUN	2020	4034	Johan	Steenkamp	01:23:59	101
10OMENRUN	42952	3098	Louis	Wiese	01:23:59	102

CAT	TAG	NR	NAME	SURNAME	TIME	POS
100MENRUN	42654	601	Alan B.C.	Hartung	01:26:10	103
100MENRUN	42581	528	Quanton Christo	Bampton	01:26:11	104
100MENRUN	42677	624	Brett I.V.	Izaaks	01:26:13	105
100MENRUN	2409	3002	Jacobus	Blaauw	01:26:18	106
100MENRUN	2296	4069	Ray-Wood	Rukoro	01:26:32	107
100MENRUN	42724	671	Terence	klazen	01:27:54	108
100MENRUN	2124	4109	Jasper	Brand	01:28:14	109
100MENRUN	42709	656	Elton	Katangolo	01:30:41	110
100MENRUN	2077	4050	Ellis	Egumbo	01:32:43	111
100MENRUN	42919	3065	Johan	van Wyk	01:33:03	112
100MENRUN	42848	795	Pedro	Sanchez	01:34:01	113
100MENRUN	42601	548	Naphtali	Chipasha	01:37:58	114
100MENRUN	2414	3005	Babsie	Binneman	01:41:50	115
100MENRUN	42877	3023	Jerry	Muadinohamba	01:43:12	116
100MENRUN	2454	4010	Romario	Farmer	01:49:16	117
100MENRUN	42852	799	Hendrie	Scheun	01:55:55	118
100MENRUN	42781	728	Trevor	Mukupuki	00:18:02	
100MENRUN	42945	3091	Eduard	Weder	00:00:00	
100MENRUN	42731	678	Dirk N.	Kotze	00:00:00	
100MENRUN	42871	3017	Moses	Shihepo	00:00:00	
100MENRUN	42946	3092	Bredell	Wessels	00:00:00	
100MENRUN	42699	646	Eino	Kambonde	00:00:00	
100MENRUN	42729	676	Andreas	Kondjeni	00:00:00	
100MENRUN	42895	3041	Luis	Talaya	00:00:00	
100MENRUN	42652	599	Kakuserue	Hartley	00:00:00	
100MENRUN	42708	655	Setson	Kashaka	00:00:00	
100MENRUN	42872	3018	Lazarus	Shikesho	00:00:00	
100MENRUN	42907	3053	Felix	van der Walt	00:00:00	
100MENRUN	42605	552	Cheslin	Cloete	00:00:00	
100MENRUN	42689	636	Jesse	Joodt	00:00:00	
100MENRUN	42694	641	Josef	Kadhila	00:00:00	
100MENRUN	42791	738	Elia	Namundjebo	00:00:00	
100MENRUN	42902	3048	Dewaldt	van Antwerpen	00:00:00	
100MENRUN	42700	647	Mangundu W.	Kandere	00:00:00	
100MENRUN	42685	632	Erastus	Johannes	00:00:00	
100MENRUN	42571	518	Ernestu	Augustus	00:00:00	
100MENRUN	42564	511	Paulus	Andreki	00:00:00	
100MENRUN	42640	587	Bernhard	Frankenfeld	00:00:00	
100MENRUN	42686	633	Hiskia	Johannes	00:00:00	
100MENRUN	42679	626	Michiel	Jacobs	00:00:00	
100MENRUN	42809	756	Adelheid	Newaka	00:00:00	
100MENRUN	42687	634	Kennedy	Johannes	00:00:00	
100MENRUN	42760	707	Paulus	Matheus	00:00:00	
100MENRUN	42637	584	Jeremias	Fillemon	00:00:00	
100MENRUN	42656	603	Akutu	Hashoongo	00:00:00	
100MENRUN	42647	594	Aron	Haludilu	00:00:00	
100MENRUN	42658	605	Craig	Hearn	00:00:00	
100MENRUN	42869	3015	Frans	Sheya	00:00:00	
100MENRUN	42932	3078	Cynthia	Vekarapi	00:00:00	

CAT	TAG	NR	NAME	SURNAME	TIME	POS
100MENRUN	42873	3019	Wilson	Shikonda	00:00:00	
100MENRUN	42560	507	Johannes	Amaambo	00:00:00	
100MENRUN	42623	570	Johan	Du Plessis	00:00:00	
100MENRUN	42676	623	Eliphaz	Itewa	00:00:00	
100MENRUN	42743	690	Engelberth	Linyando	00:00:00	
100MENRUN	42783	730	Gordon	Muller	00:00:00	
100MENRUN	42900	3046	Brian	Uxamb	00:00:00	
100MENRUN	42786	733	Robert	Mutenda	00:00:00	
100MENRUN	42855	3001	Ricardo	Schneiders	00:00:00	
100MENRUN	42666	613	Stephan	Hoffend	00:00:00	
100MENRUN	42789	736	Martin	Mwilima	00:00:00	
100MENRUN	42757	704	Mervin	Martins	00:00:00	
100MENRUN	42815	762	Martin	Ntinda	00:00:00	
100MENRUN	42584	531	Marius	Basson	00:00:00	
100MENRUN	42717	664	Alfred W.	Kheibeb	00:00:00	
100MENRUN	42874	3020	David S.	Shingenge	00:00:00	
100MENRUN	42801	748	Manfred	Ndjoonduezu	00:00:00	
100MENRUN	42555	502	Jafet K.	Abraham	00:00:00	
100MENRUN	42913	3059	Tiaan	Van Niekerk	00:00:00	
100MENRUN	42933	3079	Marius	Veldman	00:00:00	
100MENRUN	42569	516	Moses	Ashipala	00:00:00	
100MENRUN	42635	582	Anton	Ferreira	00:00:00	
100MENRUN	42838	785	Heiko	Reiff	00:00:00	
100MENRUN	42807	754	Fransisco	Neshila	00:00:00	
100MENRUN	42876	3022	Simon	Shipingana	00:00:00	
100MENRUN	42649	596	Hafeni	Hamukoto	00:00:00	
100MENRUN	42645	592	Joseph	Haita	00:00:00	
100MENRUN	42883	3029	Pieter	Smit	00:00:00	
100MENRUN	42885	3031	Pieter	Smit	00:00:00	
100MENRUN	42646	593	Fillemon N.	Haitembu	00:00:00	
100MENRUN	42870	3016	Mathias	Shifeleni	00:00:00	
100MENRUN	42894	3040	Johan	Swanepoel	00:00:00	
100MENRUN	42849	796	Alexsander	Santos	00:00:00	
100MENRUN	42693	640	Hendrik	Kabooy	00:00:00	
100MENRUN	42573	520	Werner	Bachman	00:00:00	
100MENRUN	42668	615	Lothar	Hotbauer	00:00:00	
100MENRUN	42864	3010	Jacques	Schutz	00:00:00	
100MENRUN	42722	669	Heiner	Kittel	00:00:00	
100MENRUN	42784	731	Samora	Muraranganda	00:00:00	
100MENRUN	42578	525	Risenga	Baloyi	00:00:00	
100MENRUN	42835	782	Lourens	Rademeyer	00:00:00	
100MENRUN	42847	794	Gavin	Sacks	00:00:00	
100MENRUN	42609	556	Eben	Conradie	00:00:00	
100MENRUN	42769	716	Freddy	Mohale	00:00:00	
100MENRUN	42763	710	Richard	Mcgregor	00:00:00	
100MENRUN	42697	644	Jerobeam S.	Kalimba	00:00:00	
100MENRUN	42751	698	James W.	Maggott	00:00:00	
100MENRUN	42660	607	Hendrie Scheun	Hendrie Scheun	00:00:00	
100MENRUN	42570	517	Hannes	Aucamp	00:00:00	



CAT	TAG	NR	NAME	SURNAME	TIME	POS
10OMENRUN	42948	3094	Attie	Weyers	00:00:00	
10OMENRUN	42823	770	Albert	Papama	00:00:00	
10OMENRUN	42881	3027	John	Siseho	00:00:00	
10OMENRUN	42821	768	Adelaide	Pallais	00:00:00	
10OMENRUN	42721	668	Raimund	Kintscher	00:00:00	
10OMENRUN	42935	3081	Alfredo	Veloso	00:00:00	
10OMENRUN	42625	572	Graeme	Dyason	00:00:00	
10OMENRUN	42733	680	Gerhardus J.	Kotze	00:00:00	
10OMENRUN	2220	4097	William	Draves	00:00:00	
10OMENRUN	2076	4049	Gerhard	Myburgh	00:00:00	
10OMENRUN	2083	4052	Herold	Festus	00:00:00	
10OMENRUN	2141	4103	Tangeni	Sakalia	00:00:00	
<b>DISABLED</b>						
Disabled	2016	575	Ishmael	Nghilifilwa	00:40:03	1
Disabled	2025	4033	Hafeni	Elias	00:53:42	2
Disabled	2009	4030	Ester	Hailongo	01:11:11	3
Disabled	2021	588	Erasmus	Anghuwo	01:14:54	4
Disabled	2018	610	Israel	Kalume	01:48:53	5
Disabled	2011	4031	Frans	Fredrick	00:00:00	
Disabled	2012	4032	Petrus	Aluvilu	00:00:00	