

CAT	GEND	SURNAME	NAME	TAG	NR	LAPS	START	FIN	TIME
DUATHLON									
DUAF	Female	Steyn	Irene	41513		3	8:06:56	10:25:30	2:18:34
DUAF	Female	Conradie	ADELE	41553		3	8:06:56	10:34:39	2:27:43
DUAF	Female	Ackermann	Barbara	41499		3	8:06:56	10:36:47	2:29:51
DUAF	Female	Jagau	Elke	41522		3	8:06:56	10:41:33	2:34:36
DUAF	Female	Wiese	Tania	41517		3	8:06:56	10:50:42	2:43:46
DUAF	Female	Hoeksema	Patricia	41507		3	8:06:56	10:53:44	2:46:47
DUAF	Female	Brockmann	Karin	41524		3	8:06:56	11:11:25	3:04:29
DUAF	Female	Graf	Berrit	41505		3	8:06:56	11:15:35	3:08:39
DUAF	Female	Schafer	Wilmerie	41536		2	8:06:56	11:00:21	2:53:24
DUATHLON									
DUAM	Male	Van Zyl	Willie Mac	41516		3	8:06:56	9:50:08	1:43:11
DUAM	Male	Hanekom	Jaco	41506		3	8:06:56	9:54:46	1:47:49
DUAM	Male	Human	Petrus	41508		3	8:06:56	9:59:34	1:52:38
DUAM	Male	van Aswegen	Danie	41531		3	8:06:56	10:02:45	1:55:49
DUAM	Male	Steyn	Philip	41514		3	8:06:56	10:11:27	2:04:31
DUAM	Male	Rowles	Andrew	41548		3	8:06:56	10:12:33	2:05:36
DUAM	Male	Spath	Mark	41523		3	8:06:56	10:12:33	2:05:37
DUAM	Male	Fourie	Burger	41503		3	8:06:56	10:13:23	2:06:26
DUAM	Male	Key	Brian	41541		3	8:06:56	10:18:02	2:11:06
DUAM	Male	Meeks	Richard	41543		3	8:06:56	10:21:26	2:14:29
DUAM	Male	Diehl	Hanso	41545		3	8:06:56	10:23:21	2:16:25
DUAM	Male	Dreyer	Wynand	41501		3	8:06:56	10:34:39	2:27:43
DUAM	Male	Preschel	Harald	41511		3	8:06:56	10:46:05	2:39:09
DUAM	Male	Kubas	Ronald	41510		3	8:06:56	10:57:24	2:50:28
DUAM	Male	Cloete	Adriaan	41500		2	8:06:56	10:51:11	2:44:15
DUAM	Male	Fransman	Thirston	41504		2	8:00:50	10:36:03	2:35:12
DUAM	Male	Engelbrecht	Andre	41502		0	0:00:00	0:00:00	0:00:00
DUAM	Male	Human	Petrus	41509		0	0:00:00	0:00:00	0:00:00
DUAM	Male	Steenkamp	Wim	41512		0	0:00:00	0:00:00	0:00:00
DUAM	Male	van Greunen	Wilke	41515		0	0:00:00	0:00:00	0:00:00
10KM RUN									
TR10F	Female	Garbers	Doronet	41477			8:06:56	8:38:12	0:31:16
TR10F	Female	Schroder	Anja	41487			8:06:56	9:07:30	1:00:33
TR10F	Female	Scholtz	Shani	41552			8:06:56	9:09:12	1:02:16
TR10F	Female	Preschel	Ilka	41485			8:06:56	9:09:42	1:02:45
TR10F	Female	Thiel	Lydia	41493			8:06:56	9:13:25	1:06:28
TR10F	Female	Starzacher	Claudia	41542			8:06:56	9:13:37	1:06:41
TR10F	Female	Van Staden	Bernice	41495			8:06:56	9:13:40	1:06:44
TR10F	Female	Steytler	Juandri	41490			8:06:56	9:13:41	1:06:44

CAT	GEND	SURNAME	NAME	TAG	NR	LAPS	START	FIN	TIME
5KM RUN									
TR5F	Female	Du Plessis	Jacqueline	41526			0:00:00	0:00:00	0:00:00
TR5F	Female	Bezuidenhout	Ilze	41437			8:06:56	8:40:04	0:33:08
TR5F	Female	Kock	Sharee	41449			8:06:56	8:42:28	0:35:32
TR5F	Female	Mbaisa	Samara	41452			8:06:56	8:42:28	0:35:32
TR5F	Female	Van der Walt	Michelle	41460			8:06:56	8:43:04	0:36:08
TR5F	Female	BakerMonteforte	Nancy	41436			8:06:56	8:44:51	0:37:55
TR5F	Female	Van Zyl	Nevadia	41464			8:06:56	8:45:44	0:38:48
TR5F	Female	Maartens	Annelise	41451			8:06:56	8:47:15	0:40:19
TR5F	Female	Mbaisa	Caietta	41453			8:06:56	8:47:55	0:40:59
TR5F	Female	Byleveld	Anel	41520			8:06:56	8:49:36	0:42:39
TR5F	Female	Human	THEA	41521			8:06:56	8:49:36	0:42:40
TR5F	Female	Hoeksema	Jorien	41447			8:06:56	8:49:42	0:42:46
TR5F	Female	Du Preez	Elma	41440			8:06:56	8:50:21	0:43:25
TR5F	Female	Geurtse	Simone	41445			8:06:56	8:51:04	0:44:08
TR5F	Female	Kubas	Annestine	41450			8:06:56	8:53:43	0:46:47
TR5F	Female	Arnold	Shelly	41435			8:06:56	8:54:23	0:47:27
TR5F	Female	Van der Merwe	Elanie	41459			8:06:56	8:54:24	0:47:27
TR5F	Female	Pennefather	Silke	41454			8:06:56	8:55:06	0:48:10
TR5F	Female	Rieger	Rone	41557			8:06:56	8:55:29	0:48:33
TR5F	Female	Stafford-Evans	Annette	41457			8:06:56	8:55:35	0:48:39
TR5F	Female	Skikkerling	Hayley	41559			8:06:56	8:55:48	0:48:52
TR5F	Female	Iyambo	Annely	41532			8:06:56	8:58:55	0:51:58
TR5F	Female	MUKUAMBI	TJURI	41537			8:06:56	8:58:55	0:51:59
TR5F	Female	Shahanazaryan	Janine	41456			8:06:56	8:59:22	0:52:26
TR5F	Female	Van Wyk	Jenny	41463			8:06:56	9:05:09	0:58:13
TR5F	Female	ENGLING	ANTJE	41546			8:06:56	9:07:02	1:00:05
TR5F	Female	Fourie	Marelize	41441			8:06:56	9:07:20	1:00:24
TR5F	Female	Fourie	Antoinette	41443			8:06:56	9:07:20	1:00:24
TR5F	Female	Fourie	Janita	41442			8:06:56	9:07:21	1:00:25
TR5F	Female	Fourie	Marina	41444			8:06:56	9:10:21	1:03:25
TR5F	Female	Genis	Lize-mari	41530			8:06:56	9:20:37	1:13:40
TR5F	Female	Rieger	Annika	41558			8:06:56	9:20:37	1:13:41
TR5M	Male	Visser	Pc	41465			8:06:56	8:31:13	0:24:17
TR5M	Male	Delpont	Marc	41439			8:06:56	8:36:50	0:29:54
TR5M	MALE	SHONENA	NATHANIEL	41534			8:06:56	8:36:52	0:29:55
TR5M	Male	Prinsloo	Quinton	41455			8:06:56	8:38:32	0:31:35
TR5M	MALE	Genis	Gerhard	41555			8:06:56	8:39:46	0:32:49
TR5M	Male	Van der Walt	Jaco	41461			8:06:56	8:43:04	0:36:08

CAT	GEND	SURNAME	NAME	TAG	NR	LAPS	START	FIN	TIME
TR5M	Male	Coetzee	Wessel	41438			8:06:56	8:44:55	0:37:59
TR5M	Male	Kharon	Lesley	41448			8:06:56	8:51:04	0:44:07
TR5M	Male	Groenewald	William	41446			8:06:56	8:53:43	0:46:47
TR5M	MALE	Scholtz	Armand	41550			8:06:56	8:55:40	0:48:44
TR5M	MALE	Scholtz	Jurie	41551			8:06:56	8:55:42	0:48:46
TR5M	MALE	Fourie	Benjamin	41535			8:06:56	9:10:19	1:03:23
TR5M	MALE	Rieger	Victor	41556			8:06:56	9:20:38	1:13:42
TR5M	MALE	Du Plessis	Nicholis	41525			0:00:00	0:00:00	0:00:00
TR5M	MALE	Scholtz	Justin	41529			0:00:00	0:00:00	0:00:00
TR5M	Male	Taljaard	Casper	41458			0:00:00	0:00:00	0:00:00
TR5M	Male	Van Dyk	Deon	41462			0:00:00	0:00:00	0:00:00
20KM MTB									
MTB20F	Female	Du Plessis	Monique	12914	039		7:59:32	9:18:02	1:18:30
MTB20F	Female	Rowland	Cindy	2295	062		7:59:32	9:20:56	1:21:24
MTB20F	Female	Faul	Stephanie	12919	006		7:59:32	9:22:32	1:23:00
MTB20F	Female	Palmhert	LeeAnne	2287	054		7:59:32	9:22:34	1:23:02
MTB20F	Female	Stranghöner	Marike	2263	023		7:59:32	9:30:48	1:31:16
MTB20F	Female	Engling	LAURA	12925	043		7:59:32	9:45:33	1:46:01
MTB20F	Female	Strohmenger	Serina	12916	024		7:59:32	10:07:57	2:08:25
MTB20F	Female	Key	Katelyn	2283	048		7:59:32	10:12:05	2:12:33
MTB20F	Female	Venter	Zandria	2269	030		7:59:32	10:29:06	2:29:34
MTB20F	Female	Jacobs	Hanli	2249	008		0:00:00	0:00:00	0:00:00
MTB20F	Female	Lubbe	Roelien	2258	017		0:00:00	0:00:00	0:00:00
MTB20M	Male	L'Estrange	Mr PJPiers	2276	038		7:59:32	9:06:17	1:06:45
MTB20M	Male	SNYMAN	FRANK	12924	042		7:59:32	9:10:48	1:11:16
MTB20M	Male	Pretorius	Michael	2275	037		7:59:32	9:13:49	1:14:17
MTB20M	Male	Kruger	Kobus	2279	041		7:59:32	9:14:44	1:15:11
MTB20M	Male	Rust	Gernot	12917	022		7:59:32	9:15:15	1:15:43
MTB20M	Male	Suren	Roger	2264	025		7:59:32	9:17:58	1:18:26
MTB20M	Male	Lowe	Sean	2257	016		7:59:32	9:19:03	1:19:31
MTB20M	Male	Thiel	Marco	2265	026		7:59:32	9:19:06	1:19:34
MTB20M	Male	Lowe	Michael	2255	014		7:59:32	9:19:08	1:19:36
MTB20M	Male	Hoeksema	Nicolaas	2248	007		7:59:32	9:19:34	1:20:02
MTB20M	Male	Pfister	Claus	2260	020		7:59:32	9:26:24	1:26:52
MTB20M	Male	Lautenbach	Rod	2253	012		7:59:32	9:35:09	1:35:37
MTB20M	Male	Lepen	Johan	2271	032		7:59:32	9:38:24	1:38:52
MTB20M	Male	Kali	Vaino	2250	009		7:59:32	9:39:11	1:39:39
MTB20M	Male	Tsuseb	Leon	12921	040		7:59:32	9:42:06	1:42:34
MTB20M	Male	le Roux	Johannes	2254	013		7:59:32	9:45:29	1:45:57

CAT	GEND	SURNAME	NAME	TAG	NR	LAPS	START	FIN	TIME
MTB20M	Male	IITA	EBBEN	2281	045		7:59:32	9:48:47	1:49:15
MTB20M	Male	Ackermann	ST	12920	001		7:59:32	9:51:53	1:52:21
MTB20M	Male	KIRSTEN	ANDY	2297	064		7:59:32	10:06:22	2:06:50
MTB20M	Male	Key	Tristan	2252	011		7:59:32	10:21:04	2:21:32
MTB20M	Male	Vanter	Jaco-Martin	2266	027		7:59:32	10:29:02	2:29:29
MTB20M	Male	BOMBOSCH	RYLAN	2282	047		7:59:32	10:39:07	2:39:35
MTB20M	Male	Fast	Sven	2247	005		7:59:32	10:39:23	2:39:51
MTB20M	Male	Bester	Andries	2244	002		7:59:32	10:39:26	2:39:54
MTB20M	Male	Lubbe	Markus	12918	018		0:00:00	0:00:00	0:00:00
MTB20M	Male	Mwatelulo	Pius Taxa	2259	019		0:00:00	0:00:00	0:00:00
MTB20M	Male	Cutts	James	2245	003		0:00:00	0:00:00	0:00:00
MTB20M	Male	Lowe	Kevin	2256	015		7:59:32	0:00:00	0:00:00
MTB20M	Male	De Jager	Chris	2246	004		7:59:32	0:00:00	0:00:00
45KM MTB									
MTB45F	Female	Prins	Hester	2362	147	2	7:59:32	10:46:04	2:46:32
MTB45F	Female	Grassow	Elanor	2344	121	2	7:59:32	10:56:05	2:56:33
MTB45F	Female	Weber	Genevieve	2509	197	2	7:59:32	10:56:05	2:56:33
MTB45F	Female	Craemer	Heather	2377	201	2	7:59:32	11:30:21	3:30:49
MTB45F	Female	SMITH	ESTHER	2499	187	2	7:59:32	11:58:13	3:58:41
MTB45F	Female	Steinfurth	Christine	2369	157	2	7:59:32	11:59:16	3:59:44
MTB45F	Female	Suren	Claudia	2371	160	2	7:59:32	12:21:38	4:22:05
MTB45F	Female	HARPER	Sally	2349	131	2	7:59:32	12:54:46	4:55:13
MTB45F	Female	Heigan	Suleika	2502	190	1	7:59:32	9:52:26	1:52:54
MTB45F	Female	Munting	Karen	2379	203	0	DNF	DNF	DNF
MTB45F	Female	Venter	Marcia	2496	184	0	0:00:00	0:00:00	0:00:00
MTB45M	MALE	Vosloo	Justin	2501	189	2	7:59:32	10:15:08	2:15:36
MTB45M	Male	Hahn	Hugo	2493	181	2	7:59:32	10:15:18	2:15:46
MTB45M	Male	Koen	Dieter	2356	141	2	7:59:32	10:15:19	2:15:47
MTB45M	Male	van Greunen	Frederiski Chuxkmeister	2473	168	2	7:59:32	10:28:02	2:28:30
MTB45M	MALE	BOHLKE	STEFAN	2382	206	2	7:59:32	10:30:57	2:31:25
MTB45M	Male	Hahn	Carl	2462	179	2	7:59:32	10:31:16	2:31:43
MTB45M	MALE	Bean	CHRISTIAAN	2495	183	2	7:59:32	10:31:22	2:31:50
MTB45M	Male	Hahn	Daniel	2461	180	2	7:59:32	10:31:32	2:32:00
MTB45M	Male	Strohmenger	Sven	2374	163	2	7:59:32	10:32:44	2:33:12
MTB45M	Male	Prins	Louis	2363	149	2	7:59:32	10:34:45	2:35:12
MTB45M	Male	Grassow	Ian	2346	124	2	7:59:32	10:36:50	2:37:18
MTB45M	Male	Wehnert	Jean-Paul	2465	176	2	7:59:32	10:44:56	2:45:24
MTB45M	Male	Stehle	Mark	2367	155	2	7:59:32	10:45:30	2:45:58
MTB45M	MALE	Le Riche	Peter	2384	208	2	7:59:32	10:47:52	2:48:20

CAT	GEND	SURNAME	NAME	TAG	NR	LAPS	START	FIN	TIME
MTB45M	Male	Waldschmidt	Eckhard	2466	175	2	7:59:32	10:52:12	2:52:40
MTB45M	Male	Steinfurth	Rico	2370	159	2	7:59:32	10:53:46	2:54:14
MTB45M	Male	Lambert	Pierre	2357	142	2	7:59:32	10:54:01	2:54:29
MTB45M	Male	January	Conrad	2352	134	2	7:59:32	11:02:39	3:03:07
MTB45M	Male	Paschke	Steven	2359	144	2	7:59:32	11:06:20	3:06:48
MTB45M	MALE	Munting	Paul	2376	200	2	7:59:32	11:06:21	3:06:49
MTB45M	Male	Graf	Roland	2342	119	2	7:59:32	11:06:23	3:06:51
MTB45M	Male	Van Rensburg	Brian	2471	170	2	7:59:32	11:10:01	3:10:29
MTB45M	Male	Graf	Rene	2343	120	2	7:59:32	11:11:08	3:11:36
MTB45M	Male	Simoos	Antonio	2366	152	2	7:59:32	11:11:23	3:11:51
MTB45M	Male	von Wenzel	Kolya	2468	173	2	7:59:32	11:11:35	3:12:03
MTB45M	Male	Le roux	Stephan	2358	143	2	7:59:32	11:11:45	3:12:13
MTB45M	Male	Grossmann	Kai	2348	130	2	7:59:32	11:12:20	3:12:48
MTB45M	Male	Hoeksema	Theo	2351	133	2	7:59:32	11:18:07	3:18:35
MTB45M	Male	Pennefather	Luke	2360	145	2	7:59:32	11:18:08	3:18:36
MTB45M	MALE	Smith	Francois	2498	186	2	7:59:32	11:20:53	3:21:21
MTB45M	Male	Roland	Neuburg	2365	151	2	7:59:32	11:30:51	3:31:18
MTB45M	Male	Jonck	Jacques	2353	135	2	7:59:32	11:35:27	3:35:55
MTB45M	Male	Galloway	Ian	2341	115	2	7:59:32	11:40:17	3:40:44
MTB45M	MALE	Moller	Pieter	2381	205	2	7:59:32	11:46:01	3:46:29
MTB45M	MALE	Courtney-Clarke	Alex	2507	195	2	7:59:32	11:46:04	3:46:32
MTB45M	MALE	Conradie	Pieter	2390	214	2	7:59:32	11:46:12	3:46:40
MTB45M	Male	TALJAARD	RENIER	2485	164	2	7:59:32	11:54:34	3:55:02
MTB45M	MALE	Weber	DAVE	2486	199	2	7:59:32	11:58:17	3:58:45
MTB45M	Male	Blaauw	EW	2332	104	1	7:59:32	9:21:42	1:22:10
MTB45M	Male	De Beer	Johan	2335	108	1	7:59:32	9:26:30	1:26:58
MTB45M	MALE	Ellis	Justin	2504	193	1	7:59:32	9:57:04	1:57:32
MTB45M	Male	Friedrich	Ekkehard	2339	113	1	DNF	DNF	DNF
MTB45M	Male	Key	Adrian	2354	136	1	7:59:32	9:17:57	1:18:25
MTB45M	MALE	SCHOUWENBURG	FRANCOIS	2508	196	1	7:59:32	9:46:57	1:47:25
MTB45M (RUN)	MALE	RAAD	KYRON	41554	41554	1	7:59:32	9:39:41	1:40:09
MTB45M	MALE	van Zyl	Wikus	2497	185	0	7:59:32	0:00:00	0:00:00
MTB45M	Male	Boltman	Jaco	2333	106	0	7:59:32	0:00:00	0:00:00
MTB45M	Male	Buitendag	Eneill	2334	107	0	0:00:00	0:00:00	0:00:00
MTB45M	Male	DE WET	CHARL	2337	110	0	0:00:00	0:00:00	0:00:00
MTB45M	Male	Du Raan	Christo	2338	111	0	0:00:00	0:00:00	0:00:00
MTB45M	MALE	King	John	2505	192	0	7:59:32	0:00:00	0:00:00
MTB45M	Male	Potgieter	Andre	2361	146	0	7:59:32	0:00:00	0:00:00
MTB45M	Male	Suren	Marcel	2372	161	0	0:00:00	0:00:00	0:00:00
MTB45M	Male	Truebenbach	Volker	2474	167	0	0:00:00	0:00:00	0:00:00