

THE ROCK - SPITZKOPPE COMMUNITY RUN AND MTB RUN/WALK

NR	NAME	SURNAME	START	FIN	TIME	POS
10K WOMEN U 16						
2054	Abigail	van Wyk	7:59:06	9:47:26	1:48:20	1
2012	Elnie	Coetzee	7:59:06	10:06:03	2:06:57	2
2002	Karla	Blaauw	7:59:06	DNF	DNF	DNF
10K OPEN WOMEN						
2344	Desire	De Waal	7:59:06	8:55:32	0:56:26	1
2383	Ilze	Bezuidenhout	7:59:06	8:55:54	0:56:48	2
2169	Nikita	Kinder	7:59:06	8:56:14	0:57:08	3
2478	Charlotte	Debortoli	7:59:06	8:59:49	1:00:43	4
2192	Anita	Kinder	7:59:06	8:59:49	1:00:43	5
2168	Kauna	Angula	7:59:06	8:59:55	1:00:49	6
2407	Vicky	Dan	7:59:06	8:59:56	1:00:50	7
2278	Cecilia	Lotsch	7:59:06	9:00:51	1:01:45	8
2029	Verena	Matthies	7:59:06	9:01:07	1:02:01	9
2022	Elaine	Zah	7:59:06	9:02:00	1:02:54	10
2236	Nelago	Amaambo	7:59:06	9:02:13	1:03:07	11
2046	Ilse	Strauss	7:59:06	9:02:37	1:03:31	12
2370	Katja	Dreyer	7:59:06	9:03:15	1:04:09	13
2268	Mariesa	Coetzee	7:59:06	9:03:15	1:04:09	14
2252	Celeste	Van Tonder	7:59:06	9:03:16	1:04:10	15
2015	Birgit	Ellinger	7:59:06	9:03:24	1:04:18	16
2031	Christine	Meintjes	7:59:06	9:05:41	1:06:35	17
2319	Heleen	Steyn	7:59:06	9:05:46	1:06:40	18
2143	Lindi	Dreyer	7:59:06	9:06:00	1:06:54	19
2382	Hendrina	Louw	7:59:06	9:06:51	1:07:45	20
2365	Doalene	Mouton	7:59:06	9:07:00	1:07:54	21
2057	Anja	Volkman	7:59:06	9:10:16	1:11:10	22
2242	Elecia	Dreyer	7:59:06	9:10:16	1:11:10	23
2007	Anca	Burger	7:59:06	9:10:30	1:11:24	24
2056	Anke	Volkman	7:59:06	9:10:31	1:11:25	25
2347	Rosalind	Britz	7:59:06	9:11:02	1:11:56	26
2038	Wilmari	Pronk	7:59:06	9:11:24	1:12:18	27
2380	Renate	Wiemers	7:59:06	9:15:21	1:16:15	28
2196	Jessica	Brown	7:59:06	9:15:21	1:16:15	29
2310	NDAPANDULA	KAMBONDE	7:59:06	9:15:53	1:16:47	30
2144	Martine	Behr	7:59:06	9:16:08	1:17:02	31
2244	Jolandi	Van Tonder	7:59:06	9:21:29	1:22:23	32
2287	Veringuno	Abraham	7:59:06	9:21:32	1:22:26	33
2340	Rika	Beuke	7:59:06	9:22:41	1:23:35	34
2455	Frida	Muteka	7:59:06	9:22:53	1:23:47	35
2180	Zelda	Boshoff	7:59:06	9:24:26	1:25:20	36
2201	Alda-Marie	Breytenbach	7:59:06	9:24:27	1:25:21	37
2312	Letta	Amoomo	7:59:06	9:25:05	1:25:59	38

NR	NAME	SURNAME	START	FIN	TIME	POS
2311	BELINDA	GAWESSES	7:59:06	9:25:06	1:26:00	39
2245	Anja	Louw	7:59:06	9:25:33	1:26:27	40
2225	Darel	Villinger	7:59:06	9:27:38	1:28:32	41
2220	Daleen	Brink	7:59:06	9:27:39	1:28:33	42
2234	Hilkka	Mlunga	7:59:06	9:28:57	1:29:51	43
2171	Roelien	Hough	7:59:06	9:29:54	1:30:48	44
2342	Juliana	Burger	7:59:06	9:30:57	1:31:51	45
2351	Lizl	Botha	7:59:06	9:33:39	1:34:33	46
2039	Annegret	Sander	7:59:06	9:33:40	1:34:34	47
2325	Heidrun	Preschel	7:59:06	9:35:04	1:35:58	48
2308	Helma	Bierbrauer	7:59:06	9:35:05	1:35:59	49
2017	Helena	Harmse	7:59:06	9:35:05	1:36:00	50
2273	Shannon	Gate	7:59:06	9:35:49	1:36:43	51
2011	Ann	Coetzee	7:59:06	9:36:15	1:37:09	52
2004	Angelique	Botha	7:59:06	9:37:26	1:38:20	53
2468	Christa	Kuehl	7:59:06	9:37:34	1:38:28	54
2235	Nelia	Landsberg	7:59:06	9:45:19	1:46:13	55
2207	Dinah	Human	7:59:06	9:45:21	1:46:15	56
2053	Gail	van Wyk	7:59:06	9:47:14	1:48:08	57
2033	Sandra	Muller	7:59:06	9:48:10	1:49:04	58
2321	Charne	Louw	7:59:06	9:51:02	1:51:56	59
2356	Antje	Rahn	7:59:06	9:55:53	1:56:47	60
2041	Nikki	Schubert	7:59:06	10:06:02	2:06:56	61
2001	Marianne	Blaauw	7:59:06	DNF	DNF	DNF
10 K MEN U 16						
2449	Oliver	Kittel	7:59:06	8:59:10	1:00:04	1
2009	Franklin	Coetzee	7:59:06	9:47:09	1:48:03	2
10K OPEN MEN						
2160	Albertinus	Goeieman	7:59:06	8:38:52	0:39:46	1
2324	Karl	Stigler	7:59:06	8:49:15	0:50:09	2
2348	Eben	Mupupa	7:59:06	8:49:32	0:50:26	3
2367	Marc	Delpport	7:59:06	8:55:55	0:56:49	4
2043	Heiko	Steinmetz	7:59:06	8:57:24	0:58:18	5
2232	Nelson	likela	7:59:06	8:59:54	1:00:48	6
2295	Heiner	Kittel	7:59:06	9:00:46	1:01:40	7
2030	Mark	Meintjes	7:59:06	9:00:58	1:01:52	8
2022	Simon	Joone	7:59:06	9:02:00	1:02:54	9
2326	WYCLIFF	KAUOVA	7:59:06	9:02:26	1:03:20	10
2237	David	Tshivute	7:59:06	9:03:14	1:04:08	11
2372	Frans	Namuhuja	7:59:06	9:03:50	1:04:44	12
2374	Ruan	De Wet	7:59:06	9:04:40	1:05:34	13
2428	Willem	Lotsch	7:59:06	9:04:58	1:05:52	14
2352	Danie	Labuschagne	7:59:06	9:08:19	1:09:13	15
2339	Shaun	Fobian	7:59:06	9:11:01	1:11:55	16
2294	Hilasius	Abraham	7:59:06	9:11:03	1:11:57	17
2368	Paulus	Kasita	7:59:06	9:11:09	1:12:03	18
2271	Pieter	Coetzee	7:59:06	9:21:29	1:22:23	19

NR	NAME	SURNAME	START	FIN	TIME	POS
2290	Jaap	Blaauw	7:59:06	9:23:29	1:24:23	20
2322	Georg	Bierbrauer	7:59:06	9:35:07	1:36:01	21
2261	Peter	Costello	7:59:06	9:35:50	1:36:44	22
2003	Ockert	Botha	7:59:06	9:37:26	1:38:20	23
2490	Horst	Kuehl	7:59:06	9:39:29	1:40:23	24
2052	Jacques	van Wyk	7:59:06	9:47:25	1:48:19	25
2247	Martin	Schneider	7:59:06	9:47:41	1:48:35	25
2315	Tiaan	Louw	7:59:06	9:51:01	1:51:55	26
2354	Sarel	De Waal	7:59:06	9:55:55	1:56:49	27
2165	Francois	Schoonbee	7:59:06	10:01:32	2:02:26	28
2010	Paul	Coetzee	7:59:06	10:06:03	2:06:57	29
2477	Jaco	Van Den Berg	DNS	DNS	DNS	DNS
21 K TRAIL RUN OPEN WOMEN						
2176	Ilse	De Beer	6:59:13	8:46:12	1:46:59	1
2433	Frances	Courtney-Clarke	6:59:13	8:46:18	1:47:05	2
2223	Ujandjua	Kuzeeko	6:59:13	8:49:11	1:49:58	3
2040	Anika	Sander	6:59:13	8:49:54	1:50:41	4
2264	Lydia	Thiel	6:59:13	8:55:08	1:55:55	5
2167	Kirsty	Brits	6:59:13	8:58:23	1:59:10	6
2327	Pamela	Feiersinger	6:59:13	8:59:36	2:00:23	7
2224	Melanie	Namwandi	6:59:13	9:02:17	2:03:04	8
2377	Ilanda	Fourie	6:59:13	9:05:29	2:06:16	9
2021	Nina	Holtrup	6:59:13	9:05:57	2:06:44	10
2045	Eliza	Steyl	6:59:13	9:08:50	2:09:37	11
2014	Leanie	De Hilster	6:59:13	9:10:47	2:11:34	12
2329	Marion	Schonecke	6:59:13	9:13:58	2:14:45	13
2269	Daleen	Steyn	6:59:13	9:19:40	2:20:27	14
2489	Ruth Lorna	Davis	6:59:13	9:20:04	2:20:51	15
2184	Damoline	Muruko	6:59:13	9:28:08	2:28:55	16
2353	Heike	Neuburg	6:59:13	9:32:59	2:33:46	17
2281	Glorida	Kahungi	6:59:13	9:36:02	2:36:49	18
2186	Tuhupa	Zatjirua	6:59:13	9:36:14	2:37:01	19
2384	Monika	Ruppel	6:59:13	9:56:27	2:57:14	20
2178	Memory	Mbai	6:59:13	#N/A	#N/A	
21 KM TRAIL RUN VETERAN WOMEN						
2206	Nonnie	Tjitemisa	6:59:13	9:00:48	2:01:35	1
2036	Sonja	Oates	6:59:13	9:06:35	2:07:22	2
2141	Janie	Brits	6:59:13	9:06:36	2:07:23	3
2360	Marelise	Calitz	6:59:13	9:06:38	2:07:25	4
2059	Michelle	Wilson	6:59:13	9:15:37	2:16:24	5
2034	Izabe	Muller-Heyns	6:59:13	9:18:35	2:19:22	6
2221	Nancy	Baker	6:59:13	9:19:13	2:20:00	7
2475	Barbara	Kittel	6:59:13	9:24:18	2:25:05	8
2209	Sandra	Ndjoonduezu	6:59:13	9:26:42	2:27:29	9
2210	Isoldah	Hijamutiti	6:59:13	9:28:08	2:28:55	10
2213	Pamela	Henguva	6:59:13	9:30:18	2:31:05	11
2050	Martinette	Van Niekerk	6:59:13	9:35:13	2:36:00	12

NR	NAME	SURNAME	START	FIN	TIME	POS
2174	Florence	Kaura	6:59:13	9:36:02	2:36:49	13
2285	Jozikee	Tjiueza	6:59:13	10:04:23	3:05:10	14
2267	Jackie	Etzold	6:59:13	10:09:19	3:10:06	15
2248	Madelein	Hough	6:59:13	10:09:21	3:10:08	16
2190	Michelle	Ngaujake	6:59:13	#N/A	#N/A	
21KM TRAIL RUN MASTER WOMEN						
2473	Ulla	Burd	6:59:13	8:57:03	1:57:50	1
2026	Susan	Kintscher	6:59:13	9:14:39	2:15:26	2
2427	Christine	Haupt	6:59:13	9:18:15	2:19:02	3
2195	Yvette	Greeff	6:59:13	9:23:39	2:24:26	4
2145	Annelie	Rousseau	6:59:13	9:29:39	2:30:26	5
21 KM TRAIL RUN GRAND MASTER WOMEN						
2300	Juliana	Blaauw	6:59:13	9:14:10	2:14:57	1
2265	Gabriele	Schneider	6:59:13	10:19:05	3:19:52	2
21 KM TRAIL RUN OPEN MEN						
2161	Eric	Goeieman	6:59:13	8:14:29	1:15:16	1
2458	Gabriel	Linyando	6:59:13	8:20:02	1:20:49	2
2275	Nesley	Gaweseb	6:59:13	8:24:39	1:25:26	3
2037	Sebastian	Phal	6:59:13	8:25:20	1:26:07	4
2170	Laurie	Van Zyl	6:59:13	8:27:10	1:27:57	5
2146	Wilke	Van Greunen	6:59:13	8:27:17	1:28:04	6
2494	Paulus	Hauwanga	6:59:13	8:31:54	1:32:41	7
2212	Frans	Amakali	6:59:13	8:42:16	1:43:03	8
2453	Stephen	James	6:59:13	8:42:16	1:43:03	9
2023	Carl	Joone	6:59:13	8:42:57	1:43:44	10
2166	Faghan	Pocsi	6:59:13	8:46:09	1:46:56	11
2204	Gregor	Areseb	6:59:13	9:00:41	2:01:28	12
2047	Andre	Strauss	6:59:13	9:04:59	2:05:46	13
2373	Jacques	Fourie	6:59:13	9:05:29	2:06:16	14
2369	Naude	Dreyer	6:59:13	9:06:00	2:06:47	15
2179	Tim	Yates	6:59:13	9:16:48	2:17:35	16
2379	Tuhafeni	Sheya	6:59:13	9:31:28	2:32:15	17
2355	Ricky	Innes	6:59:13	9:33:59	2:34:46	18
2491	Marvin	Katjindee	6:59:13	9:42:26	2:43:13	19
2211	Otja	Muruko	6:59:13	10:08:15	3:09:02	20
2332	Ingram	Van Heerden	6:59:13	DNF	DNF	DNF
21KM TRAIL RUN VETERAN MEN						
2006	Johan	Bronkhorst	6:59:13	8:46:35	1:47:22	1
2480	Hannes	Arangies	6:59:13	8:46:50	1:47:37	2
2378	Hans-Juergen	Sauer	6:59:13	8:58:14	1:59:01	3
2341	Pierewiet	Wilders	6:59:13	9:02:45	2:03:32	4
2343	Watze	Hepkema	6:59:13	9:02:46	2:03:33	5
2200	Rene	Kruger	6:59:13	9:26:52	2:27:39	6
2032	Clifford	Mouton	6:59:13	10:01:32	3:02:19	7
2013	Eugene	CrÜYs	6:59:13	0:00:00	0:00:00	Tag Lost
2142	Willem	Van Schalkwyk	6:59:13	DNF	DNF	DNF

NR	NAME	SURNAME	START	FIN	TIME	POS
21KM TRAIL RUN MASTER MEN						
2164	Johannes	Gawaxamab	6:59:13	8:30:52	1:31:39	1
2331	Harald	Preschel	6:59:13	8:51:06	1:51:53	2
2055	Johan	Visagie	6:59:13	8:57:10	1:57:57	3
2025	Raimund	Kintscher	6:59:13	9:00:52	2:01:39	4
2336	De Wet	Strauss	6:59:13	9:02:46	2:03:33	5
2058	Hermann	Volkman	6:59:13	9:15:23	2:16:10	6
2199	Pieter	Greeff	6:59:13	9:18:40	2:19:27	7
2363	Martin	Wiemers	6:59:13	9:21:26	2:22:13	8
2140	Jan	Van Niekerk	6:59:13	9:45:59	2:46:46	9
21KM COMMUNITY RUN MEN						
2479	Hendrik	Witbooi	6:59:13	8:27:57	1:28:44	1
2444	Maratohna	Afrikaner	6:59:13	8:39:46	1:40:33	2
2147	Hermanus	Thourob	6:59:13	8:59:47	2:00:34	3
2163	Erastus	Nagorala	6:59:13	9:01:12	2:01:59	4
2364	Apuis	Oeamseb	6:59:13	9:30:57	2:31:44	5
2423	Karel	Pienaar	6:59:13	9:32:29	2:33:16	6
21 KM COMMUNITY WALK MEN						
2448	Jannie	Somseb	6:43:38	9:24:24	2:40:46	1
2443	Ismael	Anieb	6:43:38	9:37:18	2:53:40	2
2432	Imanual	Ganaseb	6:43:38	9:38:54	2:55:16	3
21KM COMMUNITY WALK WOMEN						
2436	Christine	Geingos	6:43:38	10:42:45	3:59:07	1
2434	Dina	Job	6:43:38	10:42:45	3:59:07	2
21 KM COMMUNITY RUN WOMEN						
2483	Lireien	Somses	6:59:13	9:31:49	2:32:36	1
2361	Vallencia	Owas Oas	6:59:13	10:44:40	3:45:27	2
2484	Lydia	Afrikaner	6:59:13	10:44:41	3:45:28	3
21 KM TRAIL WALK WOMEN						
2020	Marion	Himmel	6:43:38	9:41:43	2:58:05	1
2274	Ilana	Pretorius	6:43:38	10:01:47	3:18:09	2
2028	BETSY	LOFTY-EATON	6:43:38	10:06:33	3:22:55	3
2467	Yvonne	Edwards	6:43:38	10:10:01	3:26:23	4
2148	Veronica	Townsend	6:43:38	10:25:04	3:41:26	5
2459	Ray	Sasmann	6:43:38	10:25:05	3:41:27	6
2330	Natalya	Weiss	6:43:38	10:31:11	3:47:33	7
2018	Nadine	Hay	6:43:38	10:58:29	4:14:51	8
2357	Rochelle	Innes	6:43:38	11:07:30	4:23:52	9
2358	Charlene	Du Preez	6:43:38	11:07:32	4:23:54	10
21KM TRAIL WALK MEN						
2350	Immanuel	Alugongo	6:43:38	9:23:12	2:39:34	1
2019	Erich	Himmel	6:43:38	9:41:43	2:58:05	2
2048	NICO	THERON	6:43:38	10:06:33	3:22:55	3
2335	Jurgen	Weiss	6:43:38	10:31:11	3:47:33	4
2049	SP	Van Der Merwe	6:43:38	10:58:28	4:14:50	5
2333	Leste	De Waal	6:43:38	11:07:17	4:23:39	6