



2016 NEDBANK SPRING FESTIVAL

FUN EVENT - INDIVIDUAL TIMES FOR PERSONAL REFERENCE ONLY AND SORTED

ALPHABETICAL

Off Road Duathlon Female							
009	2250	Hoeksema	Patricia	DIF	8:07:00	11:08:31	3:01:31
012	2253	Jagau	Elke	DIF	8:07:00	10:52:05	2:45:05
014	2255	Kasch	Benita	DIF	8:07:00	10:48:49	2:41:49
015	2256	Kock	Gesa	DIF	8:07:00	10:55:30	2:48:30
024	12916	Shannon	Charmaine	DIF	8:07:00	11:25:07	3:18:07
030	2269	Viljoen	Lorinda	DIF	8:07:00	11:33:08	3:26:08
Off Road Duathlon Male							
001	12920	Brinkmann	Paul	DIM	8:07:00	10:29:26	2:22:26
002	2244	du Plessis	Johan	DIM	8:07:00	8:39:24	0:32:24
003	2245	Du Preez	Gert	DIM	8:07:00	10:50:19	2:43:19
004	2246	Gollwitzer	Boris	DIM	8:07:00	12:09:51	4:02:51
006	12919	Greeff	Mike	DIM	8:07:00	10:53:08	2:46:08
007	2248	Greeff	Oliver	DIM	8:07:00	11:08:52	3:01:52
008	2249	Havenga	Martin	DIM	8:07:00	10:35:31	2:28:31
010	2251	Hoeksema	Theo	DIM	8:07:00	11:01:43	2:54:43
011	2252	Ihms	Walter	DIM	8:07:00	12:09:52	4:02:52
013	2254	Joubert	Danie	DIM	8:07:00	10:22:32	2:15:32
016	2257	Maree	Frans	DIM	8:07:00	10:42:29	2:35:29
017	2258	Meeks	Richard	DIM	8:07:00	10:38:58	2:31:57
019	2259	Oosthuizen	Ockie	DIM	8:07:00	12:26:48	4:19:48
018	12918	Oosthuizen	Andre	DIM	8:07:00	12:32:30	4:25:30
020	2260	Peters	Herbert	DIM	8:07:00	10:10:34	2:03:34
022	12917	Preschel	Harald	DIM	8:07:00	10:58:10	2:51:10
023	2263	Rowles	Andrew	DIM	8:07:00	10:17:05	2:10:05
232	2484	Späth	Mark	DIM	0:00:00	0:00:00	0:00:00
249	2410	Steyn	Phillip	DIM	8:07:00	10:28:22	2:21:22
025	2264	Steytler	Colin	DIM	8:07:00	11:48:28	3:41:28
026	2265	van Greunen	Frikkie	DIM	8:07:00	10:24:43	2:17:43
027	2266	van Niekerk	Christof	DIM	8:07:00	8:37:43	0:30:43
031	2270	Yates	Kevin	DIM	8:07:00	11:01:43	2:54:43
Mountain Bike Female 23km							
032	2271	Anderson	Elmarie	MTB23F	8:05:00	9:22:18	1:17:18
034	12915	Barrow	Zelda	MTB23F	0:00:00	0:00:00	0:00:00
257	2418	Bosch	Glenda	MTB23F	8:05:00	10:30:52	2:25:52
041	2279	Brisley	Tertia	MTB23F	8:05:00	10:04:23	1:59:23
045	2281	De Jesus	Yana	MTB23F	8:05:00	10:14:36	2:09:36
052	2285	Faul	Stephanie	MTB23F	8:05:00	9:58:53	1:53:53
054	2287	Gall	Claire	MTB23F	8:05:00	10:05:04	2:00:04
060	2293	Hoeksema	Jorien	MTB23F	8:05:00	10:52:47	2:47:47
062	2295	Hoffman	Marie-antoinette (Beanie)	MTB23F	8:05:00	10:29:03	2:24:03
065	12910	Hough	Mimi	MTB23F	8:05:00	9:47:23	1:42:23

067	2300	Huysamen	Mandy	MTB23F	8:05:00	9:58:57	1:53:57
069	2302	Janse van Vuuren	Bianca	MTB23F	8:05:00	10:21:49	2:16:49
072	2305	Knox	Nicky	MTB23F	0:00:00	0:00:00	0:00:00
073	2306	Lippert	Sandra	MTB23F	8:05:00	10:04:52	1:59:52
081	2314	Mouton	Anny	MTB23F	8:05:00	10:36:51	2:31:51
090	2321	Pretorius	Carin	MTB23F	8:05:00	10:14:37	2:09:37
094	2325	Rohe	Senta	MTB23F	8:05:00	9:51:12	1:46:12
098	2329	Suren	Claudia	MTB23F	8:05:00	10:21:49	2:16:49
106	2333	Swartz	Robyn-Lee	MTB23F	8:05:00	9:42:34	1:37:34
124	2346	van Wyk	Jenny	MTB23F	0:00:00	0:00:00	0:00:00
132	2350	Venter	Marcia	MTB23F	0:00:00	0:00:00	0:00:00
133	2351	Vermeulen	Wendy	MTB23F	8:05:00	10:31:15	2:26:15
134	2352	Viljoen	Ulande	MTB23F	8:05:00	9:58:57	1:53:57
135	2353	von Schumann	Rebekka	MTB23F	8:05:00	9:02:29	0:57:29
143	2358	Wehl	Renate	MTB23F	8:05:00	9:57:36	1:52:36

Mountain Bike Male 23 km

033	2272	Azadeh	Armid	MTB23M	8:05:00	10:16:42	2:11:42
037	2276	Barrow	Jordan	MTB23M	8:05:00	10:41:13	2:36:13
038	12914	Becker	Logan	MTB23M	8:05:00	9:46:50	1:41:50
039	12921	Brink	Gideon	MTB23M	0:00:00	0:00:00	0:00:00
042	12924	Brisley	Hennie	MTB23M	8:05:00	10:04:26	1:59:26
043	12925	Brueckner	Niko	MTB23M	8:05:00	9:56:30	1:51:30
044	2280	Christensen	Andre	MTB23M	8:05:00	9:27:03	1:22:03
251	2412	De Bever	Alan	MTB23M	8:05:00	9:55:42	1:50:42
047	2282	Dercksen	Anta	MTB23M	8:05:00	10:10:27	2:05:27
048	2283	Drobisch	Hans-Peter	MTB23M	8:05:00	10:05:37	2:00:37
049	2284	Ellis	Justin	MTB23M	8:05:00	9:55:35	1:50:35
053	2286	Felas	Victor	MTB23M	0:00:00	0:00:00	0:00:00
177	2464	Fussell	Roger	MTB23M	8:05:00	10:13:57	2:08:57
005	2247	Graf	Roland	MTB23M	8:05:00	9:29:56	1:24:56
055	2288	Greyling	Christo	MTB23M	8:05:00	10:04:22	1:59:22
256		Grobler	Danie	MTB23M	0:00:00	0:00:00	0:00:00
056	2289	Haidula	Ben	MTB23M	8:05:00	9:27:50	1:22:50
057	2290	Haihambo	Irwin	MTB23M	0:00:00	0:00:00	0:00:00
059	2292	Hassenpflug	Jurgen	MTB23M	0:00:00	0:00:00	0:00:00
061	2294	Hoeksema	Nicolaas	MTB23M	8:05:00	9:25:49	1:20:49
064	2297	horn	christiaan	MTB23M	8:05:00	9:47:36	1:42:36
068	2301	lita	Ebben	MTB23M	8:05:00	10:01:52	1:56:52
070	2303	Janse van Vuuren	Andries	MTB23M	8:05:00	10:21:46	2:16:46
071	2304	KIRSTEN	ANDI	MTB23M	8:05:00	10:30:54	2:25:54
075	2308	Lowe	Michael	MTB23M	8:05:00	10:41:07	2:36:07
076	2309	Mackensen	Ulrich	MTB23M	8:05:00	10:38:59	2:33:59
277	2437	Matthews	Lionel	MTB23M	0:00:00	0:00:00	0:00:00
078	2311	Mberira	Katjinango	MTB23M	0:00:00	0:00:00	0:00:00
080	2313	Meijs	Marcel	MTB23M	8:05:00	10:16:44	2:11:44
082	2315	Nadimi	Ruben	MTB23M	8:05:00	10:16:44	2:11:44
083	2316	Nekomba	Sir Nathan	MTB23M	8:05:00	10:04:08	1:59:08
084	2317	nel	hardus	MTB23M	8:05:00	9:52:28	1:47:28
085	2318	Obholzer	Sven	MTB23M	8:05:00	9:31:47	1:26:46
086	2319	PIETERS	GORDON	MTB23M	8:05:00	10:41:08	2:36:08
087	2320	Prenzlow	Manuel	MTB23M	8:05:00	10:14:24	2:09:24
092	2323	Raith	Wolfgang	MTB23M	8:05:00	10:30:03	2:25:03
093	2324	Rentel	Uwe	MTB23M	8:05:00	10:06:48	2:01:48

095	2326	Rohe	Gerhard	MTB23M	8:05:00	10:42:45	2:37:45
096	2327	Schneider	Christian	MTB23M	8:05:00	10:10:52	2:05:52
097	2328	Seifart	Thomas	MTB23M	0:00:00	0:00:00	0:00:00
099	2330	Suren	Roger	MTB23M	8:05:00	10:04:04	1:59:04
104	2332	Suren	Marcel	MTB23M	8:05:00	10:41:07	2:36:07
107	2334	Taljaard	Renier	MTB23M	0:00:00	0:00:00	0:00:00
108	2335	Theissen	Phillip	MTB23M	8:05:00	9:42:10	1:37:10
110	2337	Theissen	Dominic	MTB23M	8:05:00	10:04:07	1:59:07
113	2339	THIEL	MARCO	MTB23M	8:05:00	10:21:09	2:16:09
111	2338	THIEL	MARIO	MTB23M	8:05:00	10:21:14	2:16:14
115	2341	Thiele	George	MTB23M	8:05:00	9:20:35	1:15:35
120	2343	Tsuseb	Leon	MTB23M	8:05:00	10:41:12	2:36:12
121	2344	Twine	Chris	MTB23M	8:05:00	9:59:43	1:54:43
131	2349	van Wyk	Perry	MTB23M	8:05:00	10:10:27	2:05:27
128	2347	Van Wyk	Gary	MTB23M	0:00:00	0:00:00	0:00:00
130	2348	van Wyk	Johan	MTB23M	0:00:00	0:00:00	0:00:00
141	2356	von Schumann	Marco	MTB23M	8:05:00	9:00:15	0:55:15
136	2351	von Schumann	Joe	MTB23M	8:05:00	10:31:15	2:26:15
142	2357	Vosloo	Justin	MTB23M	8:05:00	9:34:42	1:29:42
145	2360	Willemse	Willem	MTB23M	8:05:00	9:54:30	1:49:30
144	2359	Willemse	Wilmar	MTB23M	0:00:00	0:00:00	0:00:00
Mountain Bike Female 46 km							
161	2372	Chamberlain	Stephen	MTB46F	8:05:00	10:56:53	2:51:53
199	2486	Mitchell	Zoe	MTB46F	8:05:00	11:20:55	3:15:55
236	2490	Munting	Karen	MTB46F	8:05:00	11:11:45	3:06:45
206	2382	Prins	Hester	MTB46F	8:05:00	9:20:03	1:15:03
208	2384	Rowland	Cindy	MTB46F	8:05:00	9:52:26	1:47:26
212	2388	Trossbach	Courtney	MTB46F	0:00:00	0:00:00	0:00:00
226	2478	Weber	Genevieve	MTB46F	0:00:00	0:00:00	0:00:00
227	2479	Westraadt	Helét	MTB46F	8:05:00	11:36:38	3:31:38
Mountain Bike Male 46 km							
146	2361	Alfred	Israel	MTB46M	8:05:00	9:15:34	1:10:34
147	2362	Amukushu	Jafet	MTB46M	8:05:00	10:37:02	2:32:02
149	2363	Ananias	Ananias	MTB46M	8:05:00	10:33:27	2:28:27
151	2365	Barrow	Mark	MTB46M	8:05:00	10:47:59	2:42:59
152	2366	Bekker	Stephan	MTB46M	8:05:00	9:54:30	1:49:30
155	2367	Boshoff	Sarel	MTB46M	0:00:00	0:00:00	0:00:00
157	2369	Botma	Herman	MTB46M	8:05:00	10:43:06	2:38:06
159	2370	Brinkmann	Mark	MTB46M	8:05:00	11:11:48	3:06:48
160	2371	Buitendag	Eneill	MTB46M	8:05:00	11:30:40	3:25:40
162	2373	Cloete	Jacques	MTB46M	8:05:00	10:56:44	2:51:44
163	2374	de azevedo	paulo	MTB46M	8:05:00	10:56:24	2:51:24
164	2485	De koe	Danzel	MTB46M	8:05:00	9:15:27	1:10:27
168	2473	Diehl	Heiko	MTB46M	8:05:00	10:27:50	2:22:50
167	2474	Diehl	Hanso	MTB46M	8:05:00	10:43:56	2:38:56
170	2471	Doman	Des	MTB46M	8:05:00	10:43:07	2:38:07
172	2469	Du Plessis	Nick	MTB46M	8:05:00	9:15:38	1:10:38
173	2468	Du Plessis	Christopher	MTB46M	8:05:00	10:40:45	2:35:45
174	2467	Engelbrecht	Willem	MTB46M	0:00:00	0:00:00	0:00:00
175	2466	Fourie	Wilmar O	MTB46M	8:05:00	11:26:45	3:21:45
176	2465	Friedrich	Ekkehard	MTB46M	8:05:00	10:00:58	1:55:58
178	2463	Gawachasb	Tarryll	MTB46M	8:05:00	10:00:27	1:55:27
179	2462	Grossmann	Timmo	MTB46M	8:05:00	9:15:28	1:10:28

180	2461	Grossmann	Kai	MTB46M	8:05:00	11:22:21	3:17:21
181	2493	Hamunyela	Johannes	MTB46M	8:05:00	10:24:34	2:19:34
182	2494	Hoch	Rainer	MTB46M	8:05:00	11:40:59	3:35:59
253	2414	Holtz	Marcel	MTB46M	8:05:00	9:16:28	1:11:28
183	2495	Horenburg	Thorsten	MTB46M	8:05:00	10:32:44	2:27:44
184	2496	Huysamen	Andre	MTB46M	8:05:00	11:07:06	3:02:06
186	2498	Joubert	Gys	MTB46M	8:05:00	9:51:44	1:46:44
185	2497	Joubert	de Wet	MTB46M	8:05:00	10:47:59	2:42:59
187	2499	Kachilulwa	Pax	MTB46M	8:05:00	11:24:37	3:19:37
189	2501	Kashululu	Chiponeni Fiffy	MTB46M	8:05:00	10:40:22	2:35:22
242	2403	Knoetze	Pierre	MTB46M	8:05:00	10:36:59	2:31:59
190	2502	Koen	Dieter	MTB46M	8:05:00	10:33:25	2:28:25
191	2503	Kohne	Heinrich	MTB46M	8:05:00	10:27:50	2:22:50
192	2505	Langford	Derrick	MTB46M	8:05:00	10:41:50	2:36:50
193	2504	le roux	stephan	MTB46M	8:05:00	9:45:22	1:40:22
194	2506	LIEBENBERG	JOHANN	MTB46M	0:00:00	0:00:00	0:00:00
195	2507	Links	Mctavious	MTB46M	0:00:00	0:00:00	0:00:00
196	2508	Maritz	Gert	MTB46M	8:05:00	11:25:48	3:20:48
197	2509	Miller	Alex	MTB46M	8:05:00	10:10:28	2:05:28
200	2376	Mohr	Arno	MTB46M	8:05:00	11:09:14	3:04:14
201	2377	Moller	Pieter	MTB46M	8:05:00	11:27:26	3:22:26
202	2378	Mouton	Julian	MTB46M	0:00:00	0:00:00	0:00:00
203	2379	Muir	Chris	MTB46M	8:05:00	11:57:31	3:52:31
240	2401	Munting	Luke	MTB46M	8:05:00	10:11:35	2:06:35
239	2492	Munting	Paul	MTB46M	8:05:00	11:57:28	3:52:28
231	2483	Nel	Jan Matthys	MTB46M	8:05:00	10:56:23	2:51:23
205	2381	Novengi	Tjitjai	MTB46M	0:00:00	0:00:00	0:00:00
207	2383	Prins	Louis	MTB46M	8:05:00	10:32:17	2:27:17
209	2385	seibeb	raul costa	MTB46M	0:00:00	0:00:00	0:00:00
210	2386	Simoos	Antonio	MTB46M	8:05:00	11:21:36	3:16:36
241	2402	Spangenberg	Roual	MTB46M	8:05:00	10:36:41	2:31:41
211	2387	Timm	Helge	MTB46M	8:05:00	12:16:36	4:11:36
214	2390	Trossbach	Marco	MTB46M	0:00:00	0:00:00	0:00:00
255	2416	Trubenbach	Volker	MTB46M	8:05:00	9:18:12	1:13:12
250	2411	Van Der Walt	Daniel R	MTB46M	8:05:00	11:15:40	3:10:40
215	2391	VAN DOORN	STEFAN	MTB46M	8:05:00	10:32:28	2:27:28
216	2392	Van Helsdingen	Dewald	MTB46M	8:05:00	11:18:34	3:13:34
218	2394	van Rensburg	Brian	MTB46M	8:05:00	9:54:30	1:49:30
219	2395	van Rooyen	Tiaan	MTB46M	0:00:00	0:00:00	0:00:00
220	2396	Van Zyl	Willie Mac	MTB46M	8:05:00	10:37:17	2:32:17
221	2397	Venter	Maarten	MTB46M	8:05:00	11:08:29	3:03:29
222	2398	Vermeulen	Andre	MTB46M	8:05:00	10:38:00	2:33:00
223	2399	Vermeulen	Braam	MTB46M	8:05:00	10:51:04	2:46:04
224	2400	Visser	Dirk	MTB46M	8:05:00	9:47:48	1:42:48
225	2477	Wayne	Kasiter	MTB46M	8:05:00	10:43:04	2:38:04
228	2480	Westraadt	Anton	MTB46M	8:05:00	11:45:11	3:40:11
229	2481	Windisch	Heino	MTB46M	8:05:00	10:10:28	2:05:28
230	2482	Wucher	Tim	MTB46M	0:00:00	0:00:00	0:00:00
Trail Run/Walk Female 9km							
2176	2176	Abiatar	Suama	TR10F	8:07:00	8:58:14	0:51:14
2178	2178	AMUTHENU	NDAPANDA	TR10F	8:07:00	10:08:44	2:01:44
2179	2179	Amwaalwa	Panduleni	TR10F	0:00:00	0:00:00	0:00:00
2181	2181	Barnabas	Sandra	TR10F	0:00:00	0:00:00	0:00:00

2184	2184	Beukes	Daphne	TR10F	8:07:00	9:01:58	0:54:58
2191	2191	Brand	Gerda	TR10F	8:07:00	9:42:22	1:35:22
2190	2190	Brand	Daleen	TR10F	8:07:00	9:42:22	1:35:22
2192	2192	Brinkmann	Lena	TR10F	8:07:00	9:37:42	1:30:42
2194	2194	Busing	Kosima	TR10F	8:07:00	9:45:46	1:38:46
2195	2195	Chipeio	Melody	TR10F	8:07:00	8:50:24	0:43:24
2196	2196	Clarke	Meagan	TR10F	8:07:00	9:27:40	1:20:40
2197	2197	Clarke	Katarina	TR10F	8:07:00	9:27:43	1:20:43
2202	2202	Currie	Chenelle	TR10F	8:07:00	9:27:48	1:20:48
2203	2203	Davidson	Lauren	TR10F	0:00:00	0:00:00	0:00:00
2488	2488	De Goede	Elzke	TR10F	0:00:00	0:00:00	0:00:00
2204	2204	de la Harpe	Veruschka	TR10F	0:00:00	0:00:00	0:00:00
2414	2414	Diekmann	Agathe	TR10F	8:07:00	9:27:29	1:20:29
2208	2208	Feiersinger-van Heerden	Pamela	TR10F	0:00:00	0:00:00	0:00:00
2459	2459	Franks	Nolizel	TR10F	8:07:00	9:22:59	1:15:59
2210	2210	Gous	Karlien	TR10F	8:07:00	8:57:13	0:50:13
2211	2211	Hamutumwa	Loide	TR10F	8:07:00	9:07:18	1:00:18
2413	2413	Harmse	Michelle	TR10F	8:07:00	9:58:08	1:51:08
2213	2213	Hollick	Brigitte	TR10F	8:07:00	9:54:47	1:47:47
2215	2215	Iidhenga	Martha	TR10F	8:07:00	9:17:24	1:10:24
2216	2216	Iita	Opumbiri	TR10F	0:00:00	0:00:00	0:00:00
2217	2217	Immanuel	Maria	TR10F	0:00:00	0:00:00	0:00:00
2220	2220	Jansen van Rensburg	Julia	TR10F	8:07:00	9:07:41	1:00:41
2221	2221	Jansen van Vuuren	Suzette	TR10F	8:07:00	10:27:06	2:20:06
2223	2223	Johannes	Laina	TR10F	8:07:00	9:18:04	1:11:04
2224	2224	Joseph	Nambata	TR10F	8:07:00	9:14:06	1:07:06
2225	2225	Kahl	Ada	TR10F	8:07:00	9:21:46	1:14:46
2226	2226	Kakwambi	Ndeshihafela	TR10F	0:00:00	0:00:00	0:00:00
2228	2228	Kauazunda	Chareen	TR10F	0:00:00	0:00:00	0:00:00
2232	2232	Kaverua	Bernice	TR10F	8:07:00	9:28:32	1:21:32
2233	2233	Kring	Melissa	TR10F	0:00:00	0:00:00	0:00:00
2408	2408	Llma	Manuela	TR10F	8:07:00	9:16:39	1:09:39
2236	2236	Mackensen	Tanya	TR10F	8:07:00	9:21:07	1:14:07
2237	2237	Malan	Saretha	TR10F	8:07:00	10:20:00	2:13:00
2241	2241	Metzler	Vialli	TR10F	8:07:00	9:09:13	1:02:13
2239	2239	Metzler	Rachelle	TR10F	8:07:00	9:17:42	1:10:42
2243	2243	Mkabeta	Valery	TR10F	0:00:00	0:00:00	0:00:00
2245	2245	Murangi	Jolanda	TR10F	8:07:00	10:26:07	2:19:07
2247	2247	Nakale	Laimy	TR10F	8:07:00	9:16:41	1:09:41
2248	2248	Nambahu	Lovisa	TR10F	8:07:00	9:05:05	0:58:05
2251	2251	Nerongo	Imelda	TR10F	0:00:00	0:00:00	0:00:00
2252	2252	Neuhaus	Emily	TR10F	8:07:00	9:22:48	1:15:48
2253	2253	Newaka	August	TR10F	0:00:00	0:00:00	0:00:00
2254	2254	Paulus	Padelia	TR10F	0:00:00	0:00:00	0:00:00
2259	2259	Platt	Ca-rese	TR10F	8:07:00	8:48:34	0:41:34
2255	2255	Platt	Antoinette	TR10F	8:07:00	10:13:41	2:06:41
2261	2261	Preschel	Heidrun	TR10F	8:07:00	10:06:55	1:59:55
2264	2264	Pretorius	Belinda	TR10F	8:07:00	9:35:39	1:28:39
2266	2266	Pritzen	Silke	TR10F	8:07:00	9:13:51	1:06:51
2269	2269	Shikongo	Hilya	TR10F	8:07:00	10:08:44	2:01:44
2270	2270	Shivute	Tania	TR10F	0:00:00	0:00:00	0:00:00
2272	2272	Silas	Hilya	TR10F	0:00:00	0:00:00	0:00:00
2273	2273	Steytler	Juandri	TR10F	8:07:00	9:20:12	1:13:12

2483	2483	Suze	Eveline	TR10F	8:07:00	10:11:39	2:04:39
2276	2276	Swart	Elsje	TR10F	0:00:00	0:00:00	0:00:00
2277	2277	THIEL	LYDIA	TR10F	8:07:00	9:24:07	1:17:07
2279	2279	Vahekeni	Claudia	TR10F	0:00:00	0:00:00	0:00:00
2283	2283	VAN DER MERWE	NONNA	TR10F	8:07:00	9:05:06	0:58:06
2399	2399	VAN DER MERWE	ADRIE	TR10F	8:07:00	9:36:31	1:29:31
2400	2400	Van Heerden	Pamela	TR10F	8:07:00	9:25:16	1:18:16
2287	2287	Van Staden	Bernice	TR10F	8:07:00	9:24:09	1:17:09
2422	2422	Van Wyk	Yvette	TR10F	8:07:00	9:05:21	0:58:21
2288	2288	van Zyl	Christie Marie	TR10F	0:00:00	0:00:00	0:00:00
2290	2290	Verwey	Corne	TR10F	8:07:00	9:14:16	1:07:16
2291	2291	Vlietstra	Stephanie	TR10F	0:00:00	0:00:00	0:00:00
2292	2292	Vosloo	Johan	TR10F	8:07:00	8:47:20	0:40:20
2386	2386	Vosloo	Vicki	TR10F	0:00:00	0:00:00	0:00:00
2293	2293	Watermeyer	Kirsty	TR10F	8:07:00	8:54:32	0:47:32
2294	2294	Wiese	Tania	TR10F	8:07:00	9:25:16	1:18:16
2297	2297	Yates	Karen	TR10F	8:07:00	9:04:17	0:57:17
2296	2296	Yates	Corrilly	TR10F	8:07:00	9:52:49	1:45:49
2295	2295	Yates	Petra	TR10F	8:07:00	9:55:11	1:48:11
Trail Run/Walk Male 9km							
2177	2177	alugongo	immanuel	TR10M	8:07:00	9:16:08	1:09:08
2180	2180	Amwaalwa	Jeremia Natangwe	TR10M	8:07:00	9:13:51	1:06:51
2440	2440	Beukes	Austin	TR10M	8:07:00	8:58:21	0:51:21
2186	2186	Booyse	Barend	TR10M	8:07:00	9:19:39	1:12:39
2193	2193	Bruckner	Frederik	TR10M	0:00:00	0:00:00	0:00:00
2199	2199	Clarke	Gerrit	TR10M	8:07:00	9:27:47	1:20:47
2200	2200	Coetzee	Stephaan	TR10M	8:07:00	9:23:14	1:16:14
2201	2201	Courtney-Clarke	Alex	TR10M	8:07:00	9:11:26	1:04:26
2205	2205	Dinath	Nawaaz	TR10M	8:07:00	9:48:00	1:41:00
2206	2206	Engelbrecht	Andre	TR10M	8:07:00	9:31:02	1:24:02
2207	2207	Ewald	Andreas	TR10M	8:07:00	9:22:48	1:15:48
2409	2409	Fredericks	Lindsay Tabo	TR10M	8:07:00	9:16:39	1:09:39
2209	2209	Golden	Kelvin	TR10M	8:07:00	9:01:43	0:54:43
2475	2475	Graf	Bernd	TR10M	8:07:00	9:35:48	1:28:48
2212	2212	Hirst	Stuart	TR10M	8:07:00	9:58:06	1:51:06
2214	2214	Horn	Thorsten	TR10M	8:07:00	9:14:48	1:07:48
2425	2425	Hugo	Stefan	TR10M	8:07:00	9:14:09	1:07:09
2218	2218	ithikwa	wilbard	TR10M	8:07:00	9:00:29	0:53:29
2227	2227	Kamatuka	Ben	TR10M	0:00:00	0:00:00	0:00:00
2234	2234	Kruger	marius	TR10M	8:07:00	9:07:26	1:00:26
2410	2410	Lima	Hilton	TR10M	8:07:00	8:47:37	0:40:37
2407	2407	Lima	Ricardo	TR10M	8:07:00	8:48:46	0:41:46
2235	2235	Louw	Morne	TR10M	8:07:00	10:19:59	2:12:59
2238	2238	Malima	Silas	TR10M	8:07:00	8:59:57	0:52:57
2242	2242	Miller	Thomas	TR10M	8:07:00	8:59:06	0:52:06
2244	2244	Moolman	Cobus	TR10M	8:07:00	9:00:34	0:53:34
2246	2246	Mwandemele	Asen	TR10M	0:00:00	0:00:00	0:00:00
2458	2458	Onwudinjo	Kenechukwu	TR10M	8:07:00	9:11:17	1:04:17
2265	2265	Pretorius	Charl	TR10M	8:07:00	9:26:23	1:19:23
2267	2267	Rossouw	Michal	TR10M	8:07:00	9:12:17	1:05:17
2423	2423	Shaanika	Sem	TR10M	8:07:00	8:59:06	0:52:06
2268	2268	Shiimi	Tonata	TR10M	8:07:00	8:54:33	0:47:33
2403	2403	Shiimi	Abed	TR10M	8:07:00	9:26:05	1:19:05

2271	2271	Shiyuka	Penda	TR10M	8:07:00	8:54:45	0:47:45
2274	2274	Steytler	Herman	TR10M	8:07:00	9:25:56	1:18:56
2275	2275	Strauss	Anjario	TR10M	8:07:00	9:02:56	0:55:56
2278	2278	Tobias	Warner	TR10M	0:00:00	0:00:00	0:00:00
2405	2405	Uushini	Amon	TR10M	8:07:00	9:23:32	1:16:32
2280	2280	Van den Berg	Jaco	TR10M	8:07:00	9:05:17	0:58:17
2281	2281	van der Horst	Alex	TR10M	8:07:00	9:22:39	1:15:39
2284	2284	van Dyk	WD	TR10M	0:00:00	0:00:00	0:00:00
2285	2285	van Heerden	Ingram	TR10M	8:07:00	9:12:03	1:05:03
2289	2289	van Zyl	Laurie	TR10M	8:07:00	9:01:30	0:54:30
2420	2420	Verwey	Tobie	TR10M	8:07:00	9:06:16	0:59:16
Trail Run/Walk Female 4.6km							
2299	2299	Andjamba	Ndapandula	TR5F	0:00:00	0:00:00	0:00:00
2300	2300	Azadeh	Javaneh	TR5F	8:07:00	8:49:27	0:42:27
2304	2304	Balfour	Bulelwa	TR5F	8:07:00	9:12:15	1:05:15
2305	2305	Basson	Caillin	TR5F	0:00:00	0:00:00	0:00:00
2424	2424	Bombosch	Madeline	TR5F	8:07:00	8:57:14	0:50:14
2311	2311	Brink	Elna	TR5F	8:07:00	9:07:17	1:00:17
2316	2316	Burger	Sula	TR5F	8:07:00	9:00:05	0:53:05
2317	2317	Carstens	Elsa	TR5F	0:00:00	0:00:00	0:00:00
2318	2318	Carstens	Gene	TR5F	0:00:00	0:00:00	0:00:00
2320	2320	De Beer	Yolande	TR5F	8:07:00	9:09:15	1:02:15
2479	2479	De Goede	Hannah	TR5F	8:07:00	8:49:23	0:42:23
2321	2321	De Waal	DEZIRA	TR5F	8:07:00	9:01:21	0:54:21
2323	2323	Diehl	Kyana	TR5F	8:07:00	8:58:35	0:51:35
2322	2322	Diehl	Layla	TR5F	8:07:00	8:58:35	0:51:35
2412	2412	Diener	Ortrun	TR5F	8:07:00	8:47:39	0:40:39
2325	2325	Diez	Lara	TR5F	8:07:00	9:00:05	0:53:05
2327	2327	Du Plessis	Monique	TR5F	8:07:00	8:59:45	0:52:45
2326	2326	Du Plessis	Jacqueline	TR5F	8:07:00	9:01:22	0:54:22
2329	2329	Du Preez	Charlene	TR5F	8:07:00	9:18:50	1:11:50
2330	2330	Du Preez	Nadine	TR5F	8:07:00	9:18:53	1:11:53
2331	2331	Erasmus	Monique	TR5F	8:07:00	8:56:00	0:49:00
2332	2332	Foerster	Didi	TR5F	8:07:00	8:41:01	0:34:01
2415	2415	Hamunyela	Rita	TR5F	8:07:00	8:47:41	0:40:41
2336	2336	Horn	Margrit	TR5F	8:07:00	8:58:12	0:51:12
2337	2337	Hough	Madelein	TR5F	0:00:00	0:00:00	0:00:00
2339	2339	Hübner	Stephanie	TR5F	8:07:00	8:55:33	0:48:33
2426	2426	Hugo	Christina	TR5F	8:07:00	9:05:23	0:58:23
2427	2427	Hugo	Christine	TR5F	0:00:00	0:00:00	0:00:00
2404	2404	Indongo	Marianne	TR5F	8:07:00	9:07:04	1:00:04
2340	2340	Innes	Rochelle	TR5F	8:07:00	9:18:52	1:11:52
2341	2341	Iwata	Saima	TR5F	8:07:00	8:44:04	0:37:04
2416	2416	Iyambo	Annelly	TR5F	8:07:00	8:47:40	0:40:40
2342	2342	Kabajani	Belinda	TR5F	8:07:00	8:47:39	0:40:39
2417	2417	Kafula	Gift	TR5F	0:00:00	0:00:00	0:00:00
2343	2343	Kahl	Jesse	TR5F	8:07:00	8:54:51	0:47:51
2348	2348	Koch	Mari	TR5F	8:07:00	9:09:15	1:02:15
2349	2349	Koegelenberg	Cornel	TR5F	0:00:00	0:00:00	0:00:00
2421	2421	Kruger	Tolene	TR5F	8:07:00	8:49:39	0:42:39
2351	2351	Le Hanie	Amaryllis	TR5F	8:07:00	9:04:52	0:57:52
2350	2350	Le Hanie	Mouchelline	TR5F	8:07:00	9:05:01	0:58:01
2352	2352	Mangundu	Rebekka	TR5F	8:07:00	9:11:21	1:04:21

2392	2392	McNamara	Keira	TR5F	8:07:00	8:51:54	0:44:54
2419	2419	McNamara	Tarryn	TR5F	8:07:00	8:51:55	0:44:55
2356	2356	Nambahu	Dorothy	TR5F	8:07:00	8:44:03	0:37:03
2357	2357	Nampila	Alina	TR5F	8:07:00	8:46:58	0:39:58
2358	2358	Nelenge	Beata	TR5F	8:07:00	9:28:32	1:21:32
2359	2359	Neuburg	Heike	TR5F	8:07:00	8:58:53	0:51:53
2361	2361	Obholzer	Sonja	TR5F	8:07:00	8:52:26	0:45:26
2365	2365	Rowles	Abigail	TR5F	8:07:00	8:40:28	0:33:28
2363	2363	Rowles	Debbie	TR5F	8:07:00	8:51:18	0:44:18
2364	2364	Rowles	Alice	TR5F	8:07:00	8:51:18	0:44:18
2402	2402	Shadukah	Ida	TR5F	8:07:00	9:06:53	0:59:53
2366	2366	Shipanga	Selma	TR5F	0:00:00	0:00:00	0:00:00
2395	2395	Späth	Aleka	TR5F	0:00:00	0:00:00	0:00:00
2396	2396	Späth	Isabella	TR5F	0:00:00	0:00:00	0:00:00
2397	2397	Späth	McKenzie	TR5F	0:00:00	0:00:00	0:00:00
2398	2398	Späth	Alli	TR5F	0:00:00	0:00:00	0:00:00
2411	2411	Strauss	Louisa	TR5F	8:07:00	8:52:51	0:45:51
2401	2401	Swanepoel	Margo	TR5F	8:07:00	8:48:33	0:41:33
2370	2370	Thirion	Marlize	TR5F	8:07:00	8:53:30	0:46:30
2371	2371	Tietz	Irene	TR5F	8:07:00	8:55:42	0:48:42
2372	2372	Tjitemisa	Cathy	TR5F	0:00:00	0:00:00	0:00:00
2374	2374	Tjivikua	Jacky	TR5F	8:07:00	8:52:38	0:45:38
2376	2376	Uatjua	Uetuzemburukisa	TR5F	0:00:00	0:00:00	0:00:00
2377	2377	Uukongo	Loine	TR5F	8:07:00	8:44:24	0:37:24
2378	2378	van den Bosch	Lindy	TR5F	8:07:00	9:48:03	1:41:03
2379	2379	van der Westhuizen	Jenine	TR5F	0:00:00	0:00:00	0:00:00
2380	2380	van Wyk	Linda	TR5F	8:07:00	8:52:52	0:45:52
2382	2382	Vermeulen	Jana	TR5F	8:07:00	8:48:34	0:41:34
2383	2383	Viljoen	Christel	TR5F	8:07:00	9:21:17	1:14:17
2384	2384	Viljoen	Mila	TR5F	8:07:00	9:22:09	1:15:09
2439	2439	Vorster	Daniela	TR5F	8:07:00	8:55:59	0:48:59
2387	2387	Weber	Anna Michelle	TR5F	8:07:00	8:57:26	0:50:26
2390	2390	Wittmann	Mare	TR5F	8:07:00	8:56:01	0:49:01
2391	2391	Zilberstein	Diana	TR5F	0:00:00	0:00:00	0:00:00
Trail Run/Walk Male 4.6km							
2298	2298	Anderson	Kevin	TR5M	8:07:00	9:02:18	0:55:18
2301	2301	Azadeh	Kean	TR5M	8:07:00	8:49:20	0:42:20
2308	2308	Beukes	Quinn	TR5M	8:07:00	9:04:25	0:57:25
2307	2307	Beukes	Roberto	TR5M	8:07:00	9:04:25	0:57:25
2306	2306	Beukes	Helmitchael	TR5M	8:07:00	9:04:59	0:57:59
2309	2309	Botha	Juan	TR5M	8:07:00	8:48:32	0:41:32
2310	2310	Botha	Pierre	TR5M	8:07:00	8:48:34	0:41:34
2312	2312	Brinkmann	Liam	TR5M	8:07:00	8:53:24	0:46:24
2315	2315	Brinkmann	Ethan	TR5M	8:07:00	9:01:10	0:54:10
2319	2319	Celliers	Willie	TR5M	0:00:00	0:00:00	0:00:00
2494	2494	De Klerk	Maren	TR5M	0:00:00	0:00:00	0:00:00
2324	2324	Diehl	Vahid	TR5M	8:07:00	8:37:41	0:30:41
2328	2328	Du Plessis	Nicholis	TR5M	8:07:00	8:45:00	0:38:00
2335	2335	Fussell	Kian	TR5M	8:07:00	8:55:01	0:48:01
2333	2333	Fussell	Luke	TR5M	8:07:00	9:48:04	1:41:04
2338	2338	Hsu	Alan	TR5M	8:07:00	8:59:59	0:52:59
2344	2344	Kamburona	Himee	TR5M	8:07:00	9:22:03	1:15:03
2347	2347	Kasch	Lothar	TR5M	8:07:00	8:44:04	0:37:04

2354	2354	Markgraaf	Aleandro	TR5M	8:07:00	9:02:57	0:55:57
2353	2353	Markgraaf	Stefan	TR5M	8:07:00	9:02:57	0:55:57
2355	2355	Mawonga	Hector	TR5M	8:07:00	9:04:20	0:57:20
2393	2393	McNamara	Connor	TR5M	8:07:00	8:48:08	0:41:08
2394	2394	McNamara	Rourke	TR5M	8:07:00	8:48:10	0:41:10
2418	2418	Mostert	Andrew	TR5M	8:07:00	8:43:37	0:36:37
2477	2477	Mouton	Hanru	TR5M	8:07:00	8:56:37	0:49:37
2360	2360	Nkhoma	Aaron	TR5M	8:07:00	9:12:16	1:05:16
2362	2362	Rautenbach	Shanon	TR5M	8:07:00	9:18:52	1:11:52
2367	2367	Shonena	Nathaniel	TR5M	8:07:00	8:55:46	0:48:46
2368	2368	Strauss	Christiano	TR5M	8:07:00	9:02:59	0:55:59
2369	2369	Swart	Francois	TR5M	8:07:00	8:55:36	0:48:36
2373	2373	Tjitemisa	Peterson	TR5M	8:07:00	8:52:38	0:45:38
2375	2375	Tjozongoro	Bronson	TR5M	0:00:00	0:00:00	0:00:00
2381	2381	Van Zyl	Wicus	TR5M	0:00:00	0:00:00	0:00:00
2385	2385	Viljoen	Clayton	TR5M	8:07:00	9:22:11	1:15:11
2389	2389	Weber	Caleb	TR5M	8:07:00	8:57:27	0:50:27
2388	2388	Weber	Dave	TR5M	0:00:00	0:00:00	0:00:00