



ROCK AND RUT NEDBANK XC 2

OFFICIAL RESULTS

NR	SURNAME	NAME	CAT	TAG	Laps	START	FIN	TIME	POS
ELITE MEN									
371	Kohne	Heinrich	Elite Men	1329	7	13:57:02.46	15:28:48.31	1:31:45.85	1
381	Seibeb	Raul Costa	Elite Men	10874	7	13:57:02.46	15:31:36.63	1:34:34.17	2
386	Murangi	Tjipe	Elite Men	10879	7	13:57:02.46	15:35:30.35	1:38:27.89	3
42	De Klerk	Andre	Elite Men	1156	7	13:57:02.46	15:42:27.72	1:45:25.26	4
138	Gouws	Wynandt	Elite Men	10828	7	13:57:02.46	15:49:43.07	1:52:40.61	5
387	SHEYA	MARTIN	Elite Men	10880	7	13:57:02.46	15:50:09.49	1:53:07.03	6
221	Ellis	Eugene	Elite Men	1220	7	13:57:02.46	15:53:44.79	1:56:42.33	7
894	Havenga	Martin	Elite Men	5594	6	13:57:02.46	15:48:46.34	1:51:43.88	DNF
1046	Tjiurutue	Maxwell	Elite Men	3540	0	13:57:02.46	DNF	DNF	DNF
1087	Hanekom	Jaco	Elite Men	3581	0		DNF	DNF	DNF
ELITE WOMEN									
336	Steyn	Irene	Elite Ladies	1370	6	13:58:47.60	15:31:51.60	1:33:04.00	1
JUNIOR WOMEN									
76	Grossmann	Steffanie	Junior Girls	1165	5	14:00:49.20	15:26:47.05	1:25:57.85	1
240	Janik	Anke	Junior Girls	1308	5	14:00:49.20	15:45:13.20	1:44:24.00	2
JUNIOR MEN									
79	Peters	Herbert	Junior Men	1202	7	13:57:02.46	15:37:02.86	1:40:00.40	1
1003	Munting	Luke	Junior Men	3711	7	13:57:02.46	15:38:58.13	1:41:55.67	2
614	Pekalski	Michael	Junior Men	5314	7	13:57:02.46	15:39:17.75	1:42:15.29	3
GRAND MASTER MEN									
557	Muir	Chris	GMaster Men	5257	3	11:58:45.68	13:03:56.17	1:05:10.49	1
944	Cooper	Terry	GMaster Men	3657	3	11:58:45.68	13:05:50.74	1:07:05.06	2
1177	Ellis	Justin	GMaster Men	3685	3	11:58:45.68	13:11:08.40	1:12:22.72	3
577	Soutschka	Thomas	GMaster Men	5277	3	11:58:45.68	13:15:52.46	1:17:06.78	4
127	Elliot	Bertram	GMaster Men	1292	0	11:58:45.68	DNF	DNF	DNF
MASTER MEN									
396	Bohlke	Stefan	Master Men	10889	4	11:57:26.10	12:55:58.67	0:58:32.57	1
113	Waldschmidt	Eckhard	Master Men	1267	4	11:57:26.10	12:58:51.09	1:01:24.99	2

561	Snyman	Frank	Master Men	5261	4	11:57:26.10	12:58:51.29	1:01:25.19	3
50	LIEBENBERG	JOHANN	Master Men	1190	4	11:57:26.10	12:59:58.60	1:02:32.50	4
696	Trubenbach	Volker Ulrich	Master Men	5396	4	11:57:26.10	13:01:30.16	1:04:04.06	5
318	Adrian	Rolf	Master Men	1352	4	11:57:26.10	13:02:51.26	1:05:25.16	6
82	Gouws	Gustav	Master Men	1320	4	11:57:26.10	13:04:38.11	1:07:12.01	7
121	FUENTES MILANI	Raul	Master Men	1236	4	11:57:26.10	13:09:54.69	1:12:28.59	8
376	Penzhorn	Gunter	Master Men	10869	4	11:57:26.10	13:12:20.97	1:14:54.87	9
123	Nolte	Kai	Master Men	1143	4	11:57:26.10	13:13:14.67	1:15:48.57	10
48	Le Roux	Christo	Master Men	1172	4	11:57:26.10	13:13:59.30	1:16:33.20	11
1048	Serrer	Niels	Master Men	3542	4	11:57:26.10	13:13:59.37	1:16:33.27	12
354	Freyer	Eckhart	Master Men	10848	4	11:57:26.10	13:14:01.98	1:16:35.88	13
342	Heimstadt	Horst	Master Men	10836	4	11:57:26.10	13:18:19.65	1:20:53.55	14
941	Shaw	Vincent	Master Men	3654	4	11:57:26.10	13:20:07.60	1:22:41.50	15
307	Theron	Naude	Master Men	1341	4	11:57:26.10	13:23:15.69	1:25:49.59	16
375	Taljaard	Renier	Master Men	10868	4	11:57:26.10	13:25:50.78	1:28:24.68	17
604	Brueckner	Andreas	Master Men	5304	4	11:57:26.10	13:26:24.72	1:28:58.62	18
314	Corbett	Andrew	Master Men	1348	4	11:57:26.10	13:27:21.70	1:29:55.60	19
350	Laubscher	Jan	Master Men	10844	4	11:57:26.10	13:30:03.49	1:32:37.39	20
MASTER WOMEN									
326	Jagau	Elke	Master Ladies	1359	3	11:59:42.00	12:56:46.07	0:57:04.07	1
93	Janik	Carolin	Master Ladies	1185	3	11:59:42.00	13:06:14.47	1:06:32.47	2
530	Brockmann	Karin	Master Ladies	5230	3	11:59:42.00	13:12:20.59	1:12:38.59	3
332	Penzhorn	Renate	Master Ladies	1356	3	11:59:42.00	13:17:33.58	1:17:51.58	4
582	Klein	Kerstin	Master Ladies	5282	3	11:59:42.00	13:50:58.41	1:51:16.41	5
RHINO									
188	Koen	Titus	Rhino	10829	4	14:02:48.73	15:14:17.86	1:11:29.13	1
380	Engling	Volker	Rhino	10873	4	14:02:48.73	15:19:59.30	1:17:10.57	2
895	Haenisch	Reinhard	Rhino	5595	4	14:02:48.73	15:37:36.41	1:34:47.68	3
353	Hennes	Michael	Rhino	10847	0	14:02:48.73	DNF	DNF	DNF
149	Nel	Jan Matthys	Rhino	1151	0	14:02:48.73	DNF	DNF	DNF
166	Theissen	Axel	Rhino	1161	0	14:02:48.73	DNF	DNF	DNF
SUB VET WOMEN									
569	Van Der Merwe	Wanda	Sub Vet Ladies	5269	5	14:00:49.20	15:40:05.21	1:39:16.01	1
SUB VET MEN									
333	Steenkamp	Wim	Sub Vet Men	1333	6	13:58:47.60	15:21:55.61	1:23:08.01	1
244	Windisch	Heino	Sub Vet Men	1322	6	13:58:47.60	15:23:55.30	1:25:07.70	2
597	Knoetze	Pierre	Sub Vet Men	5297	6	13:58:47.60	15:24:21.68	1:25:34.08	3
308	Steyn	Philip	Sub Vet Men	1340	6	13:58:47.60	15:27:55.24	1:29:07.64	4
398	Viljoen	Clayton	Sub Vet Men	10891	6	13:58:47.60	15:28:20.68	1:29:33.08	5
129	Prins	Louis	Sub Vet Men	1139	6	13:58:47.60	15:31:15.24	1:32:27.64	6
1178	Roux	Francois	Sub Vet Men	3687	6	13:58:47.60	15:33:32.91	1:34:45.31	7

169	Fourie	Gerhard	Sub Vet Men	1279	6	13:58:47.60	15:35:52.26	1:37:04.66	8
12	Joubert	Danie	Sub Vet Men	1332	6	13:58:47.60	15:38:11.56	1:39:23.96	9
366	Pretorius	Johann	Sub Vet Men	10860	6	13:58:47.60	15:46:41.93	1:47:54.33	10
111	Van Greunen	Frikkie	Sub Vet Men	1187	5	13:58:47.60	15:22:33.04	1:23:45.44	11 (+1)
593	Meier	Marcel	Sub Vet Men	5293	5	13:58:47.60	15:23:28.38	1:24:40.78	12 (+1)
568	Van Der Merwe	Peter	Sub Vet Men	5268	5	13:58:47.60	15:33:30.45	1:34:42.85	13 (+1)
300	Opperman	Paul J	Sub Vet Men	1303	5	13:58:47.60	15:52:19.18	1:53:31.58	14 (+1)
1102	Greyffenberg	Jacques	Sub Vet Men	3596	1	13:58:47.60	14:15:28.24	0:16:40.64	DNF
1115	Nel	Anton	Sub Vet Men	3609	1	13:58:47.60	14:18:14.08	0:19:26.48	DNF
1154	Brinkmann	Peter	Sub Vet Men	3648	0	13:58:47.60	DNF	DNF	DNF
131	Burger	Hardus	Sub Vet Men	1208	0	13:58:47.60	DNF	DNF	DNF
35	Wasserfall	Johann	Sub Vet Men	1235	0	13:58:47.60	DNF	DNF	DNF
VETERAN WOMEN									
394	Palmhert	Lee-Anne	Vet Ladies	10887	4	14:02:48.73	15:13:22.40	1:10:33.67	1
39	Grassow	Elanor	Vet Ladies	1226	4	14:02:48.73	15:13:36.82	1:10:48.09	2
130	Tietz	Antje	Vet Ladies	1209	4	14:02:48.73	15:14:42.40	1:11:53.67	3
263	Ackermann	Barbara	Vet Ladies	1264	4	14:02:48.73	15:14:42.48	1:11:53.75	4
313	Marschall	Gudrun	Vet Ladies	1324	4	14:02:48.73	15:28:48.14	1:25:59.41	5
VETERAN MEN									
153	Grassow	Ian	Vet Men	1293	5	14:00:49.20	15:12:29.68	1:11:40.48	1
189	De La Harpe	Adrian	Vet Men	1184	5	14:00:49.20	15:15:03.21	1:14:14.01	2
303	Marschall	Hilko	Vet Men	1323	5	14:00:49.20	15:15:38.52	1:14:49.32	3
320	Van Doorn	Stefan	Vet Men	1347	5	14:00:49.20	15:18:42.50	1:17:53.30	4
605	Heigan	William	Vet Men	5305	5	14:00:49.20	15:20:59.23	1:20:10.03	5
132	Vivier	Allan	Vet Men	1204	5	14:00:49.20	15:21:51.33	1:21:02.13	6
200	Lowe	Michael	Vet Men	1149	5	14:00:49.20	15:23:08.76	1:22:19.56	7
1054	Swanepoel	Mike	Vet Men	3548	5	14:00:49.20	15:25:24.26	1:24:35.06	8
1038	Brinkmann	Mark	Vet Men	3610	5	14:00:49.20	15:26:38.70	1:25:49.50	9
1175	Boshoff	Sarel	Vet Men	3684	5	14:00:49.20	15:27:08.41	1:26:19.21	10
947	Chase	Greg	Vet Men	3661	5	14:00:49.20	15:31:07.32	1:30:18.12	11
136	Pennefather	Luke	Vet Men	10827	5	14:00:49.20	15:35:45.79	1:34:56.59	12
109	Horenburg	Thorsten	Vet Men	1223	4	14:00:49.20	15:08:18.87	1:07:29.67	DNF
1109	Munting	Paul	Vet Men	3697	0	14:00:49.20	DNF	DNF	DNF
SPORT MEN									
656	Fourie	Burger	Sport Men	5356	3	11:58:45.68	12:46:49.75	0:48:04.07	1
535	Hoeksema	Theo	Sport Men	5235	3	11:58:45.68	12:48:34.27	0:49:48.59	2
598	Du Raan	Christo	Sport Men	5298	3	11:58:45.68	12:50:22.39	0:51:36.71	3
1145	Kruger	Marinus	Sport Men	3639	3	11:58:45.68	12:51:22.58	0:52:36.90	4
66	Viljoen	Eddie	Sport Men	10825	3	11:58:45.68	12:53:28.43	0:54:42.75	5
45	Grossmann	Kai	Sport Men	1167	3	11:58:45.68	12:53:49.14	0:55:03.46	6
374	Moller	Pieter	Sport Men	10867	3	11:58:45.68	12:54:32.36	0:55:46.68	7

365	Hoeksema	Nicolaas	Sport Men	10859	3	11:58:45.68	12:55:01.58	0:56:15.90	8
898	Boshoff	Wim	Sport Men	5598	3	11:58:45.68	12:55:25.90	0:56:40.22	9
378	Mostert	Jan Louis	Sport Men	10871	3	11:58:45.68	12:55:51.52	0:57:05.84	10
338	Nakalenga	Victor	Sport Men	10832	3	11:58:45.68	12:56:36.86	0:57:51.18	11
892	Barth	Holger	Sport Men	5592	3	11:58:45.68	12:58:03.59	0:59:17.91	12
1163	Bisschoff	Ewald	Sport Men	3672	3	11:58:45.68	12:58:20.54	0:59:34.86	13
18	Baumann	Giovanni	Sport Men	1318	3	11:58:45.68	12:59:31.63	1:00:45.95	14
1091	Seifart	Thomas	Sport Men	3585	3	11:58:45.68	13:02:40.04	1:03:54.36	15
231	Azadeh	Armid	Sport Men	1243	3	11:58:45.68	13:05:27.20	1:06:41.52	16
1168	Louw	Rohan	Sport Men	3677	3	11:58:45.68	13:05:48.65	1:07:02.97	17
3	Engelbrecht	Jandre	Sport Men	524	3	11:58:45.68	13:07:02.86	1:08:17.18	18
1005	Kohne	Leon	Sport Men	3713	3	11:58:45.68	13:09:07.28	1:10:21.60	19
51	Lubbe	Markus	Sport Men	1306	3	11:58:45.68	13:09:51.09	1:11:05.41	20
1010	Engelbrecht	Hardus	Sport Men	3504	3	11:58:45.68	13:12:02.97	1:13:17.29	21
273	Amadhila	Penda	Sport Men	1289	3	11:58:45.68	13:15:48.67	1:17:02.99	22
351	Du Toit	Mornay	Sport Men	10845	2	11:58:45.68	13:05:13.73	1:06:28.05	DNF
1194	Grobler	Willem	Sport Men	3703	2	11:58:45.68	13:07:52.57	1:09:06.89	DNF
1078	Alberts	Riaan	Sport Men	3572	0	11:58:45.68	DNF	DNF	DNF
1014	Katzur	Mario	Sport Men	3508	0	11:58:45.68	DNF	DNF	DNF
1179	Key	Brian	Sport Men	3688	0	11:58:45.68	12:19:12.06	DNF	DNF
SPORT WOMEN									
135	Faul	Stephanie	Sport Women	1216	3	11:59:42.00	12:55:30.63	0:55:48.63	1
602	Kock	Gesa	Sport Women	5302	3	11:59:42.00	12:56:45.52	0:57:03.52	2
372	Kasch	Benita	Sport Women	10865	3	11:59:42.00	12:58:03.23	0:58:21.23	3
537	Hoeksema	Patricia	Sport Women	5237	3	11:59:42.00	13:05:12.72	1:05:30.72	4
40	Grossmann	Monika	Sport Women	1166	3	11:59:42.00	13:14:06.92	1:14:24.92	5
368	Heigan	Suleika	Sport Women	10862	3	11:59:42.00	13:22:24.66	1:22:42.66	6
1087	Harper	Sally	Sport Women	3581	3	11:59:42.00	13:22:39.75	1:22:57.75	7
395	Posner	Stephanie	Sport Women	10888	3	11:59:42.00	13:36:32.62	1:36:50.62	8
369	Allen	Melanie	Sport Women	10863	3	11:59:42.00	13:38:25.94	1:38:43.94	9
329	Basson	Anja	Sport Women	1362	0	11:59:42.00	DNF	DNF	DNF
355	Barrow	Zelda	Sport Women	10849	0	11:59:42.00	DNF	DNF	DNF
UNDER 16 BOYS									
693	Du Plooy	Charl	U 16 Boys	5393	6	13:57:02.46	15:21:00.92	1:23:58.46	1
49	Holtz	Marcel	U 16 Boys	1212	6	13:57:02.46	15:21:17.62	1:24:15.16	2
73	Grossmann	Timmo	U 16 Boys	1164	6	13:57:02.46	15:25:40.56	1:28:38.10	3
158	Schmidt	Leonard	U 16 Boys	1140	4	13:57:02.46	15:24:54.33	1:27:51.87	DNF
1026	Serrer	Christof	U 16 Boys	3520	3	13:57:02.46	15:01:38.84	1:04:36.38	DNF
623	Lichtman	Joshua	U 16 Boys	5323	0	13:57:02.46	DNF	DNF	DNF
UNDER 14 GIRLS									
1084	Hoeksema	Jessica	U 14 Girls	3578	3	10:26:39.38	11:09:10.68	0:42:31.30	1

348	Rowland	Cindy	U 14 Girls	10842	3	10:26:39.38	11:09:16.68	0:42:37.30	2
UNDER 14 BOYS									
360	Koen	Dieter	U 14 Boys	10854	4	10:26:39.38	11:05:21.15	0:38:41.77	1
345	Du Plooy	Divan	U 14 Boys	10839	4	10:26:39.38	11:07:59.38	0:41:20.00	2
323	Hahn	Hugo	U 14 Boys	1355	4	10:26:39.38	11:10:20.23	0:43:40.85	3
1180	Coury	Benjamin	U 14 Boys	3689	4	10:26:39.38	11:16:56.26	0:50:16.88	4
186	Theissen	Dominic	U 14 Boys	1160	4	10:26:39.38	11:23:52.08	0:57:12.70	5
UNDER 12 BOYS									
694	Jensen	Bergran	U 12 Boys	5394	3	10:28:03.80	10:57:06.70	0:29:02.90	1
292	Sell	Reto	U 12 Boys	1296	3	10:28:03.80	10:57:29.67	0:29:25.87	2
1155	Klein	Ralf	U 12 Boys	3649	3	10:28:03.80	11:00:06.64	0:32:02.84	3
1142	Seebach	Rigo	U 12 Boys	3636	3	10:28:03.80	11:06:41.91	0:38:38.11	4
31	Engling	Anton	U 12 Boys	10823	3	10:28:03.80	11:06:56.87	0:38:53.07	5
357	Barrow	Jordan	U 12 Boys	10851	3	10:28:03.80	11:07:53.48	0:39:49.68	6
1124	Tegethoff	Jurgen	U 12 Boys	3618	3	10:28:03.80	11:12:41.81	0:44:38.01	7
85	L'Estrange	Ethan	U 12 Boys	1131	3	10:28:03.80	11:12:44.00	0:44:40.20	8
352	Hennes	Christian	U 12 Boys	10846	3	10:28:03.80	11:17:39.86	0:49:36.06	9
UNDER 10 BOYS									
501	Lowe	Kevin	U 10 Boys	5201	2	10:29:11.53	10:48:21.92	0:19:10.39	1
2	Blignaut	PD	U 10 Boys	523	2	10:29:11.53	10:49:48.14	0:20:36.61	2
269	Diehl	Vahid	U 10 Boys	1154	2	10:29:11.53	10:50:30.15	0:21:18.62	3
312	Hahn	Daniel	U 10 Boys	1351	2	10:29:11.53	10:50:34.86	0:21:23.33	4
346	Lowe	Sean	U 10 Boys	10840	2	10:29:11.53	10:52:16.66	0:23:05.13	5
115	Suren	Roger	U 10 Boys	10826	2	10:29:11.53	10:54:10.81	0:24:59.28	6
1030	Bombosch	Rylan	U 10 Boys	3524	2	10:29:11.53	11:05:56.66	0:36:45.13	7
272	Azadeh	Keon	U 10 Boys	10830	2	10:29:11.53	11:07:21.34	0:38:09.81	8
UNDER 10 GIRLS									
37	Baumgarten	Adrielle	U 10 Girls	10824	2	10:29:11.53	11:10:51.43	0:41:39.90	1
1039	De Goede	Hannah	U 10 Girls	3533	2	10:29:11.53	11:15:21.37	0:46:09.84	2