



NAMIBIA NEDBANK NATIONAL XC CHAMPIONSHIPS 2014

NR	TAG	NAME	SURNAME	UCI NR	AGE 31/12	DOB	CAT		LAPS	START	FINISH	TIME	POS	LAP TIMES						
														Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	TIME
ELITE MEN																				
1179	3688	Heiko	Redecker		24	9/11/1990	EM	NAM	6	12:08:11.27	13:55:34.88	01:47:24	1	00:16:41	00:17:22	00:17:48	00:18:24	00:18:33	00:18:35	01:47:24
371	1329	Heinrich	Kohne		29	11/5/1985	EM	NAM	6	12:08:11.27	13:59:14.48	01:51:03	2	00:17:18	00:18:07	00:18:28	00:18:29	00:18:47	00:19:54	01:51:03
1132	3626	Tjipe	Murangi		28	8/16/1986	EM	NAM	6	12:08:11.27	14:08:48.07	02:00:37	3	00:18:45	00:19:37	00:20:48	00:20:29	00:20:33	00:20:24	02:00:37
1079	3573	Xavier	Papo		24	5/24/1990	EM	NAM	6	12:08:11.27	14:09:54.15	02:01:43	4	00:19:27	00:20:01	00:20:21	00:20:36	00:20:02	00:21:15	02:01:43
1115	3609	Johannes	Uheka		23	11/30/1991	EM	NAM	+ 1 Lap	12:08:11.27	13:59:59.88	01:51:49	5	00:20:36	00:22:24	00:22:22	00:22:40	00:23:48		01:51:49
590	5290	Clayton	Viljoen		29	5/27/1985	EM	RSA	+ 2 Lap	12:08:11.27	13:37:04.21	01:28:53	RSA	00:21:03	00:22:01	00:22:35	00:23:14			01:28:53
1112	3606	Isack	Hipitako		27	11/9/1987	EM	NAM	+ 2 Lap	12:08:11.27	13:44:38.10	01:36:27	6	00:23:18	00:23:36	00:24:52	00:24:42			01:36:27
1086	3580	Irael	Josua		23	8/2/1991	EM	NAM	2	12:08:11.27	12:59:42.14	00:51:31	DNF	00:24:46	00:26:45					
221	1220	Eugene	Ellis		27	6/10/1987	EM	NAM	#N/A	12:08:11.27	#N/A	#N/A	DNF							
UNDER 23 MEN																				
400	1327	Martin	Freyer		19	10/4/1995	U23M	NAM	6	12:08:11.27	14:05:44.54	01:57:33	1	00:18:27	00:19:01	00:19:51	00:19:44	00:20:13	00:20:17	01:57:33
91	1269	Charl	Fouche		20	5/15/1994	U23M	NAM	6	12:08:11.27	14:09:56.72	02:01:45	2	00:19:36	00:20:26	00:19:57	00:19:58	00:20:57	00:20:51	02:01:45
1178	3687	Sebastian	Jahnke						6	12:08:11.27	14:10:58.73	02:02:47	3	00:19:06	00:20:04	00:20:00	00:20:27	00:20:52	00:22:18	02:02:47
1109	3697	MARTIN	SHEYA		19	11/9/1995	U23M	NAM	+ 1 Lap	12:08:11.27	14:06:12.62	01:58:01	4	00:21:53	00:22:22	00:23:10	00:23:31	00:27:05		01:58:01
80	1130	Michael	Pretorius		19	10/4/1995	U23M	NAM	3	12:08:11.27	13:14:31.41	DNF	DNF	00:18:51	00:22:25	00:25:04				
1170	3679	Jerneil	Barth		19	9/13/1995	U23M	NAM	1	12:08:11.27	12:29:57.78	DNF	DNF							
JUNIOR MEN																				
78	1335	Tristan	De Lange		17	6/15/1997	JM	NAM	5	12:08:11.27	13:35:50.46	01:27:39	1	00:16:42	00:17:15	00:17:26	00:17:53	00:18:24		01:27:39
1093	3587	Petrus	Mawano		18	5/15/1996	JM	NAM	+ 1 Lap	12:08:11.27	13:44:56.31	01:36:45	2	00:22:58	00:23:55	00:23:39	00:26:13			01:36:45
584	5284	Michael	Pekalski		17	1/18/1997	JM	NAM	+ 1 Lap	12:08:11.27	13:50:07.95	01:41:57	3	00:23:17	00:24:50	00:26:06	00:27:43			01:41:57
1067	3561	Ricardo	Mangalie		18	7/29/1996	JM	NAM	#N/A	12:08:11.27	#N/A	#N/A	DNF							
ELITE WOMEN																				
336	1370	Irene	Steyn		37	7/6/1977	EW	NAM	4	10:34:23.03	12:03:51.23	01:29:28	1	00:21:35	00:22:11	00:23:21	00:22:21			01:29:28
SUB VETERAN MEN																				
310	1342	Jacques	Celliers		36	1/25/1978	SVM	NAM	4	10:34:23.03	11:55:09.39	01:20:46	1	00:19:34	00:20:09	00:20:43	00:20:21			01:20:46
244	1322	Heino	Windisch		36	2/25/1978	SVM	NAM	4	10:34:23.03	11:56:53.67	01:22:31	2	00:19:35	00:20:09	00:20:41	00:22:06			01:22:31
597	5297	Pierre	Knoetze		35	5/7/1979	SVM	NAM	4	10:34:23.03	11:59:24.55	01:25:02	3	00:20:31	00:21:09	00:21:44	00:21:37			01:25:02
1049	3543	Pierre	Van Rensburg		37	1/6/1977	SVM	NAM	4	10:34:23.03	12:01:23.21	01:27:00	4	00:21:46	00:22:00	00:22:10	00:21:03			01:27:00
568	5268	Peter	Van Der Merwe		35	8/9/1979	SVM	NAM	4	10:34:23.03	12:02:11.72	01:27:49	5	00:20:48	00:22:28	00:22:16	00:22:17			01:27:49
531	5231	Andrew	Rowles		37	12/3/1977	SVM	RSA	4	10:34:23.03	12:03:50.20	01:29:27	RSA	00:21:52	00:22:15	00:22:29	00:22:52			01:29:27
308	1340	Philip	Steyn		37	1/21/1977	SVM	NAM	4	10:34:23.03	12:04:23.98	01:30:01	6	00:20:48	00:21:49	00:22:36	00:24:48			01:30:01
169	1279	Gerhard	Fourie		33	5/15/1981	SVM	NAM	4	10:34:23.03	12:09:58.12	01:35:35	7	00:23:23	00:23:34	00:24:09	00:24:29			01:35:35
35	1235	Johann	Wasserfall		37	6/10/1977	SVM	NAM	4	10:34:23.03	12:14:16.77	01:39:54	8	00:24:01	00:25:37	00:24:57	00:25:18			01:39:54
657	5357	Mark	Spath		36	2/23/1978	SVM	NAM	4	10:34:23.03	12:16:16.89	01:41:54	9	00:24:44	00:25:46	00:25:24	00:26:00			01:41:54
1154	3648	Jean-Carlo	Krohne		35	2/14/1979	SVM	NAM	1	10:34:23.03	11:01:32.99	DNF	DNF							
202	1201	Vernon	Maresch		33	7/29/1981	SVM	NAM	1	10:34:23.03	10:56:44.69	DNF	DNF							
591	5291	Philip	Nel		39	12/23/1975	SVM	RSA	1	10:34:23.03	11:00:40.00	DNF	DNF							
300	1303	Paul J	Opperman		37	2/21/1977	SVM	NAM	1	10:34:23.03	11:05:35.39	DNF	DNF							
580	5280	Morne	Louwrens					RSA	0	10:34:23.03	#N/A	DNF	DNF							
VETERAN MEN																				
189	1184	Adrian	De La Harpe		44	4/30/1970	VM	NAM	4	10:34:23.03	11:59:43.29	01:25:20	1	00:20:31	00:21:09	00:21:44	00:21:56			01:25:20



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NR	TAG	NAME	SURNAME	UCI NR	AGE 31/12	DOB	CAT		LAPS	START	FINISH	TIME	POS	LAP TIMES					
153	1293	Ian	Grassow		41	8/6/1973	VM	NAM	4	10:34:23.03	12:00:24.82	01:26:02	2	00:21:38	00:21:11	00:21:33	00:21:40		01:26:02
1120	3614	Mannie	Heymans		43	7/14/1971	VM	NAM	4	10:34:23.03	12:06:50.05	01:32:27	3	00:21:33	00:23:08	00:24:23	00:23:23		01:32:27
324	1357	Carl	Hahn		44	1/15/1970	VM	NAM	4	10:34:23.03	12:07:34.18	01:33:11	4	00:23:14	00:23:19	00:23:20	00:23:18		01:33:11
602	5302	Stefan	Van Doorn		43	10/26/1971	VM	NAM	4	10:34:23.03	12:07:55.71	01:33:33	5	00:22:59	00:23:28	00:23:19	00:23:47		01:33:33
200	1149	Michael	Lowe		46	7/25/1968	VM	NAM	4	10:34:23.03	12:09:42.78	01:35:20	6	00:23:56	00:23:47	00:23:49	00:23:47		01:35:20
1046	3540	Mark	Barrow		42	10/18/1972	VM	RSA	4	10:34:23.03	12:10:49.14	01:36:26	7	00:22:52	00:24:35	00:24:12	00:24:48		01:36:26
132	1204	Allan	Vivier		41	2/17/1973	VM	RSA	4	10:34:23.03	12:12:16.26	01:37:53	8	00:23:19	00:24:17	00:24:53	00:25:23		01:37:53
303	1323	Hilko	Marschall		40	12/30/1974	VM	NAM	4	10:34:23.03	12:14:12.49	01:39:49	9	00:24:30	00:25:00	00:25:05	00:25:14		01:39:49
44	1175	Klaus	Frielingsdorf		47	1/27/1967	VM	NAM	4	10:34:23.03	12:14:23.35	01:40:00	10	00:25:51	00:25:18	00:24:20	00:24:31		01:40:00
1027	3521	Steve	Prinsloo		48	6/6/1966	VM	RSA	4	10:34:23.03	12:16:49.15	01:42:26	11	00:25:39	00:25:15	00:25:28	00:26:04		01:42:26
309	1345	Louis	Peens		45	1/17/1969	VM	NAM	4	10:34:23.03	12:17:34.21	01:43:11	12	00:25:31	00:25:37	00:26:14	00:25:49		01:43:11
1186	3695	Rene	Du Preez		44	12/7/1970	VM	NAM	4	10:34:23.03	12:21:58.40	01:47:35	13	00:25:54	00:26:59	00:27:20	00:27:21		01:47:35
166	1161	Axel	Theissen		44	6/16/1970	VM	NAM	4	10:34:23.03	12:23:05.44	01:48:42	14	00:26:30	00:27:02	00:27:07	00:28:04		01:48:42
146	1238	Nick	Du Plessis		45	4/26/1969	VM	NAM	0	10:34:23.03	#N/A	DNF	DNF						
109	1223	Thorsten	Horenburg		41	9/25/1973	VM	NAM	3	10:34:23.03	11:47:27.06	DNF	DNF						
SUB VETERAN WOMEN																			
330	1363	Michelle	Vorster		36	12/9/1978	SWW	NAM	3	09:17:03.29	10:26:08.54	01:09:05	1	00:22:24	00:23:32	00:23:09			01:09:05
569	5269	Wanda	Van Der Merwe		36	12/2/1978	SWW	NAM	3	09:17:03.29	10:38:27.03	01:21:24	2	00:25:42	00:27:58	00:27:44			01:21:24
VETERAN WOMAN																			
274	1310	Susanne	Borg		43	10/25/1971	VW	NAM	3	09:17:03.29	10:35:43.39	01:18:40	1	00:24:56	00:26:37	00:27:07			01:18:40
564	5264	Mandy	Huysamen		49	12/23/1965	VW	NAM	3	09:17:03.29	10:38:52.27	01:21:49	2	00:26:42	00:27:23	00:27:44			01:21:49
135	1216	Stephanie	Faul		47	4/28/1967	VW	NAM	3	09:17:03.29	10:42:38.27	01:25:35	3	00:27:00	00:28:34	00:30:00			01:25:35
313	1324	Gudrun	Marschall		46	12/30/1968	VW	AUT	3	09:17:03.29	10:44:36.21	01:27:33	AUT	00:28:20	00:29:28	00:29:45			01:27:33
559	5259	Carolin	Janik		51	2/13/1963	VW	NAM	3	09:17:03.29	10:49:58.16	01:32:55	4	00:31:15	00:30:32	00:31:08			01:32:55
MASTER MEN																			
561	5261	Frank	Snyman		50	9/29/1964	MM	NAM	3	09:13:12.19	10:23:20.35	01:10:08	1	00:22:25	00:23:49	00:23:54			01:10:08
82	1320	Gustav	Gouws		51	2/16/1963	MM	NAM	3	09:13:12.19	10:24:49.37	01:11:37	2	00:22:36	00:25:07	00:23:53			01:11:37
50	1190	Johann	Liebenberg		50	5/28/1964	MM	NAM	3	09:13:12.19	10:25:49.87	01:12:38	3	00:23:21	00:25:00	00:24:17			01:12:38
301	1325	Roland	Graf		61	12/13/1953	MM	SWISS	3	09:13:12.19	10:30:15.96	01:17:04	SWISS	00:25:14	00:26:04	00:25:45			01:17:04
118	1288	Pieter	Langenhoven		59	3/31/1955	MM	NAM	1	09:13:12.19	09:48:41.48	DNF	DNF						
557	5257	Chris	Muir		64	3/25/1950	MM	NAM	1	09:13:12.19	09:47:00.09	DNF	DNF						
UNDER 16 BOYS																			
79	1202	Herbert	Peters		16	10/1/1998	U16B	NAM	3	09:13:12.19	10:10:14.68	00:57:02	1	00:18:24	00:19:16	00:19:22			00:57:02
1056	3550	Luke	Munting		16	6/19/1998	U16B	RSA	3	09:13:12.19	10:18:45.74	01:05:34	RSA	00:20:23	00:22:10	00:23:00			01:05:34
49	1212	Marcel	Holtz		15	12/18/1999	U16B	NAM	3	09:13:12.19	10:23:20.82	01:10:09	2	00:22:37	00:23:34	00:23:57			01:10:09
325	1358	FC	Smith		16	3/29/1998	U16B	NAM	3	09:13:12.19	10:23:29.89	01:10:18	3	00:22:37	00:24:30	00:23:11			01:10:18
1038	3610	Denzel	Amunjera		16	1/2/1998	U16B	NAM	3	09:13:12.19	10:41:01.34	01:27:49	4	00:27:51	00:29:13	00:30:45			01:27:49
UNDER 16 GIRLS																			
76	1165	Steffanie	Grossmann		15	1/27/1999	U16G	NAM	2	08:41:28.25	09:37:28.23	00:56:00	1	00:27:12	00:28:48				00:56:00
UNDER 14 BOYS																			
693	5393	Charl	Du Plooy		14	4/7/2000	U14B	NAM	2	08:41:28.25	09:27:41.08	00:46:13	1	00:22:35	00:23:38				00:46:13
158	1140	Leonard	Schmidt		14	3/16/2000	U14B	NAM	2	08:41:28.25	09:33:33.48	00:52:05	2	00:25:48	00:26:17				00:52:05



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NR	TAG	NAME	SURNAME	UCI NR	AGE 31/12	DOB	CAT		LAPS	START	FINISH	TIME	POS	LAP TIMES					
621	5321	Janco	Du Plooy						2	08:41:28.25	09:35:34.08	00:54:06	3	00:26:41	00:27:25				00:54:06
1198	3707	Milano	Jarmann		14	10/10/2000	U14B	NAM	2	08:41:28.25	09:43:24.61	01:01:56	4	00:30:10	00:31:46				01:01:56
527	5227	Jac	Prinsloo						2	08:41:28.25	09:51:52.10	01:10:24	5	00:32:20	00:38:04				01:10:24
656	5356	Dieter	Koen		13	12/24/2001	U14B	NAM	0	08:41:28.25	#N/A	DNF	DNF						
291	1294	Joshua	Lichtmann						0	08:41:28.25	#N/A	DNF	DNF						
UNDER 14 GIRLS																			
295	1297	Kayla	Pedreiro		13	6/8/2001	U14G	NAM	1	08:41:28.25	09:18:23.35	00:36:55	1						
660	5360	Cindy	Rowland		13	7/29/2001	U14G	NAM	1	08:41:28.25	09:26:44.18	00:45:16	2						
UNDER12 BOYS																			
685	5385	Diaan	Vermeulen		12	1/1/2002	U12B	NAM	1	08:41:28.25	09:08:23.76	00:26:56	1						
292	1296	Reto	Sell		11	11/6/2003	U12B	NAM	1	08:41:28.25	09:10:15.92	00:28:48	2						
694	5394	Bergran	Jensen		11	6/15/2003	U12B	NAM	1	08:41:28.25	09:10:17.25	00:28:49	3						
679	5379	Justin	Vosloo		11	1/27/2003	U12B	RSA	1	08:41:28.25	09:10:17.36	00:28:49	RSA						
323	1355	Hugo	Hahn		12	3/7/2002	U12B	NAM	1	08:41:28.25	09:17:16.33	00:35:48	4						
UNDER 12 GIRLS																			
1168	3677	Monique	Du Plessis		11	4/11/2003	U12G	NAM	3	08:45:58.17	09:03:14.83	00:17:17	1	00:09:30	00:03:54	00:03:53			00:17:17
UNDER 10 BOYS																			
501	5201	Kevin	Lowe		9	1/28/2005	U10B	NAM	5	08:45:58.17	08:59:17.28	00:13:19	1	00:02:23	00:02:42	00:02:47	00:02:45	00:02:43	00:13:19
14	1157	PD	Blignaut		9	10/21/2005	U10B	NAM	5	08:45:58.17	09:00:20.18	00:14:22	2	00:02:30	00:02:59	00:02:58	00:03:01	00:02:54	00:14:22
312	1351	Daniel	Hahn		9	5/7/2005	U10B	NAM	5	08:45:58.17	09:00:22.02	00:14:24	3	00:02:37	00:03:02	00:03:00	00:02:58	00:02:47	00:14:24
1003	3711	Nicholis	Du Plessis		9	3/11/2005	U10B	NAM	5	08:45:58.17	09:02:16.16	00:16:18	4	00:03:07	00:03:07	00:03:20	00:03:23	00:03:21	00:16:18
647	5347	Cael	Smith		10	12/2/2004	U10B	NAM	5	08:45:58.17	09:02:54.78	00:16:57	5	00:02:57	00:03:32	00:03:32	00:03:29	00:03:26	00:16:57
UNDER 8 BOYS																			
542	5242	Daniel	James				U8B	NAM	2	08:45:58.17	09:01:32.04	00:15:34	1	00:10:48	00:04:46				00:15:34