

MAKE
THINGS
HAPPEN



SUPPORTED BY



Sanlam

Namibia

NEDBANK
XCN0.3
CROSS COUNTRY SERIES
SATURDAY 24 MAY

Nr	TAG	NAME	SURNAME	CAT	LAPS	START	FINISH	TIME	POS
ELITE MEN									
400	1327	Martin	Freyer	EM	6	12:02:52.19	13:44:10.64	1:41:18	1
225	1231	Norbert	Meyer	EM	6	12:02:52.19	13:47:36.44	1:44:44	2
1003	3711	Willie Mac	Van Zyl	EM	6	12:02:52.19	13:48:01.28	1:45:09	3
80	1130	Michael	Pretorius	EM	6	12:02:52.19	13:50:51.43	1:47:59	4
105	1263	Andreas	Ewald	EM	6	12:02:52.19	13:54:02.34	1:51:10	5
1025	3519	Nico	Ruppel	EM	6	12:02:52.19	13:59:20.38	1:56:28	6
1079	3573	John	Weber	EM	4	12:05:01.11	14:03:54.50	DQ	DQ
597	5297	Pierre	Knoetze	EM	3	12:02:52.19	13:30:34.03	DNF	DNF
ELITE WOMEN									
330	1363	Michelle	Voster	EW	5	12:05:01.11	13:44:21.06	1:39:20	1
1076	3570	Hester	Prins	EW	5	12:05:01.11	13:48:29.30	1:43:28	2
JUNIOR MEN									
584	5284	Michael	Pekalski	JM	6	12:02:52.19	13:56:42.01	1:53:50	1
MASTER MEN									
561	5261	Frank	Snyman	MM	3	09:00:50.06	09:57:12.72	0:56:23	1
82	1320	Gustav	Gouws	MM	3	09:00:50.06	09:59:29.76	0:58:40	2
50	1190	JOHANN	LIEBENBERG	MM	3	09:00:50.06	09:59:35.98	0:58:46	3
560	5260	Volker	Trubenbach	MM	3	09:00:50.06	10:06:29.05	1:05:39	4
1008	3502	Tony	Bassinthwaighte	MM	3	09:00:50.06	10:09:59.30	1:09:09	5
48	1172	Christo	Le Roux	MM	3	09:00:50.06	10:10:09.20	1:09:19	6
149	1151	Jan Matthys	Nel	MM	3	09:00:50.06	10:11:44.34	1:10:54	7
1027	3521	Johan	Van Niekerk	MM	3	09:00:50.06	10:24:20.64	1:23:31	8
577	5277	Thomas	Soutschka	MM	3	09:00:50.06	10:25:48.57	1:24:59	9
MASTER WOMEN									
565	5265	Sigi	Bassingthwaighte	MW	3	09:03:10.28	10:25:25.58	1:22:15	1
582	5282	Kerstin	Klein	MW	3	09:03:10.28	10:50:35.00	1:47:25	2
SPORT MEN									
568	5268	Peter	Van Der Merwe	SM	3	09:00:50.06	09:56:22.55	0:55:32	1
303	1323	Hilko	Marschall	SM	3	09:00:50.06	09:57:48.88	0:56:59	2
1112	3606	Erik	Kolb	SM	3	09:00:50.06	10:00:54.43	1:00:04	3
1142	3636	Kirby	Mackintosh	SM	3	09:00:50.06	10:01:28.45	1:00:38	4
65	1153	Hanso	Diehl	SM	3	09:00:50.06	10:01:44.62	1:00:55	5
1058	3552	Theo	Hoeksema	SM	3	09:00:50.06	10:01:47.62	1:00:58	6
1160	3669	Tobias	Gerber	SM	3	09:00:50.06	10:02:33.45	1:01:43	7
1096	3590	Conrad	Dempsey	SM	3	09:00:50.06	10:03:26.52	1:02:36	8
34	1222	Andre	Van Staden	SM	3	09:00:50.06	10:04:51.93	1:04:02	9
18	1318	Giovanni	Baumann	SM	3	09:00:50.06	10:07:41.97	1:06:52	10
1146	3640	Conrad	Brits	SM	3	09:00:50.06	10:08:27.45	1:07:37	11

1075	3569	NC	Hoeksema	SM	3	09:00:50.06	10:08:45.22	1:07:55	12
231	1243	Armid	Azadeh	SM	3	09:00:50.06	10:08:57.79	1:08:08	13
598	5298	Christo	Du Raan	SM	3	09:00:50.06	10:12:02.39	1:11:12	14
1145	3639	Kirsten	Spangenberg	SM	3	09:00:50.06	10:14:32.45	1:13:42	15
1141	3635	Albert	Van Niekerk	SM	3	09:00:50.06	10:15:54.48	1:15:04	16
300	1303	Paul J	Opperman	SM	3	09:00:50.06	10:16:38.23	1:15:48	17
687	5387	Charl	De Wet	SM	3	09:00:50.06	10:17:21.51	1:16:31	18
1093	3587	Karl-Heinz	Mulder	SM	3	09:00:50.06	10:17:51.71	1:17:02	19
1092	3586	Christoph	Van Niekerk	SM	3	09:00:50.06	10:17:54.66	1:17:05	20
1018	3512	Dale	Smith	SM	3	09:00:50.06	10:22:53.92	1:22:04	21
1158	3667	Quinton	Liebenberg	SM	3	09:00:50.06	10:25:26.91	1:24:37	22
51	1306	Markus	Lubbe	SM	3	09:00:50.06	10:27:21.44	1:26:31	23
1149	3643	Rodrick	Snyders	SM	3	09:00:50.06	10:28:18.81	1:27:29	24
578	5278	Nekwaya	Agapitus	SM	3	09:00:50.06	10:28:51.95	1:28:02	25
1148	3642	Gerhard	Snyders	SM	3	09:00:50.06	10:34:45.51	1:33:55	26
1161	3670	Harmut	Winterbach	SM	3	09:00:50.06	10:34:55.09	1:34:05	27
1154	3648	Jarred	Mouton	SM	2	09:08:03.23	09:55:58.42	DQ	DQ
1153	3647	Xavier	Mouton	SM	2	09:08:03.23	10:25:51.95	DQ	DQ
1169	3678	Christopher	Clarce	SM	1	09:00:50.06	09:33:20.19	DNF	DNF
1147	3641	Johan	Van Deventer	SM	1	09:00:50.06	09:36:13.16	DNF	DNF
1156	3665	Jacques	Beukes	SM	1	09:08:03.23	09:54:20.53	DQ	DQ
1198	3707	Stephen	Miller	SM	0	09:00:50.06	#N/A	DNF	DNF
1155	3649	Marshall	Klein	SM	0	09:08:03.23	#N/A	DQ	DQ
SUB VET MEN									
333	1333	Wim	Steenkamp	SVM	5	12:05:01.11	13:30:40.15	1:25:39	1
308	1340	Philip	Steyn	SVM	5	12:05:01.11	13:34:32.66	1:29:32	2
594	5294	Gielie	Van Wyk	SVM	5	12:05:01.11	13:37:34.30	1:32:33	3
1048	3542	Louis	Prins	SVM	5	12:05:01.11	13:38:12.63	1:33:12	4
1040	3534	Tyrone	Kotze	SVM	5	12:05:01.11	13:39:07.91	1:34:07	5
169	1279	Gerhard	Fourie	SVM	5	12:05:01.11	13:45:40.62	1:40:40	6
1131	3625	Brian	Key	SVM	5	12:05:01.11	13:52:45.98	1:47:45	7
1105	3599	Antonie	Van Wyk	SVM	3	12:05:01.11	13:08:03.97	DNF	DNF
SUB VET WOMEN									
144	1242	MAIKE	BOCHERT	SVW	4	12:07:03.59	13:36:06.30	1:29:03	1
1106	3600	Michaela	Ham	SVW	0	12:07:03.59	#N/A	DNF	DNF
SPORT WOMEN									
239	1221	Andra	Van Staden	SW	3	09:03:10.28	10:09:31.59	1:06:21	1
569	5269	Wanda	Van Der Merwe	SW	3	09:03:10.28	10:10:39.70	1:07:29	2
1054	3548	Christiane	Beulker	SW	3	09:03:10.28	10:10:59.21	1:07:49	3
313	1324	Gudrun	Marschall	SW	3	09:03:10.28	10:11:47.36	1:08:37	4
1084	3578	Patricia	Hoeksema	SW	3	09:03:10.28	10:17:05.94	1:13:56	5
1166	3671	Lara	Winterbach	SW	3	09:03:10.28	10:18:56.05	1:15:46	6
40	1166	MONIKA	GROSSMANN	SW	3	09:03:10.28	10:20:23.30	1:17:13	7
230	1244	Javaneh	Azadeh	SW	3	09:03:10.28	10:23:34.95	1:20:25	8
1140	3634	Daniella	Kolb	SW	3	09:03:10.28	10:33:10.77	1:30:00	9
1056	3550	Hilde	Goebel	SW	3	09:03:10.28	10:33:10.94	1:30:01	10
1143	3637	Marieke	Mackintosh	SW	0	09:03:10.28	#N/A	DNF	DNF
1157	3666	Keren	Till	SW	0	09:03:10.28	#N/A	DNF	DNF
UNDER 10 BOYS									
501	5201	Kevin	Lowe	U10B	2	09:08:03.23	09:46:14.63	0:38:11	1

269	1154	Vahid	Diehl	U10B	2	09:08:03.23	09:53:37.72	0:45:34	2
1049	3543	Justus	Beulker	U10B	2	09:08:03.23	09:56:20.90	0:48:18	3
609	5309	Christian	Du Raan	U10B	2	09:08:03.23	09:57:00.05	0:48:57	4
UNDER 12 BOYS									
292	1296	Reto	Sell	U12B	2	09:08:03.23	09:45:23.14	0:37:20	1
1159	3668	Tarquin	Liebenberg	U12B	2	09:08:03.23	09:56:11.69	0:48:08	2
1144	3638	Ethan	Snyders	U12B	2	09:08:03.23	10:15:16.45	1:07:13	3
UNDER 14 BOYS									
693	5393	Charl	Du Plooy	U14B	3	09:08:03.23	09:53:02.75	0:45:00	1
291	1294	Joshua	Lichtman	U14B	3	09:08:03.23	09:57:10.75	0:49:08	2
74	1159	Nicolas	Le Roux	U14B	3	09:08:03.23	10:03:36.41	0:55:33	3
186	1160	Dominic	Theissen	U14B	3	09:08:03.23	10:18:53.33	1:10:50	4
UNDER 14 GIRLS									
295	1297	Kayla	Pedreiro	U14G	3	09:08:03.23	10:16:52.96	1:08:50	1
660	5360	Cindy	Rowland	U14G	3	09:08:03.23	10:19:32.33	1:11:29	2
UNDER 16 BOYS									
79	1202	Herbert	Peters	U16B	5	12:05:01.11	13:24:33.90	1:19:33	1
49	1212	Marcel	Holtz	U16B	5	12:05:01.11	13:48:03.29	1:43:02	2
73	1164	Timmo	Grossmann	U16B	5	12:05:01.11	14:00:50.03	1:55:49	3
168	1162	Phillip	Theissen	U16B	4	12:05:01.11	13:44:33.17	DNF	DNF
UNDER 16 GIRLS									
76	1165	Steffanie	Grossmann	U16G	4	12:07:03.59	13:41:28.76	1:34:25	1
VETERAN MEN									
275	1276	Hans	Du Toit	VM	5	12:07:03.59	13:30:09.32	1:23:06	1
153	1293	Ian	Grassow	VM	5	12:07:03.59	13:34:50.72	1:27:47	2
44	1175	Klaus	Frielingsdorf	VM	5	12:07:03.59	13:35:54.71	1:28:51	3
331	1364	Johan	Vorster	VM	5	12:07:03.59	13:44:40.24	1:37:37	4
166	1161	Axel	Theissen	VM	5	12:07:03.59	13:52:42.93	1:45:39	5
1087	3581	Erik	Van Es	VM	5	12:07:03.59	13:58:39.76	1:51:36	6
1039	3533	Thinus	Loftie-Eaton	VM	5	12:07:03.59	14:03:56.68	1:56:53	7
1117	3611	Michael	Swanepoel	VM	3	12:07:03.59	13:12:28.61	DNF	DNF
189	1184	Adrian	De La Harpe	VM	2	12:07:03.59	12:42:04.09	DNF	DNF
552	5252	Russell	Paschke	VM	1	12:07:03.59	12:24:33.11	DNF	DNF
VETERAN WOMEN									
39	1226	Elanor	Grassow	VW	4	12:07:03.59	13:33:33.96	1:26:30	1
86	1285	Ingrid	Hoth	VW	4	12:07:03.59	13:35:19.10	1:28:16	2
213	1245	Anneke	Steenkamp	VW	4	12:07:03.59	13:37:58.14	1:30:55	3
135	1216	Stephanie	Faul	VW	4	12:07:03.59	13:44:14.53	1:37:11	4